



ONTARIO CUP  
ONTARIO CHAMPIONSHIPS  
OTTAWA, ON 2019

## Canoe Kayak Ontario (CKO) Sprint's OCup - Ontario Championships Information & Registration Package

- Event: OCup - Ontario Championships
- Dates: Saturday, August 17<sup>th</sup> (Day 1 - U15+ events) & Sunday, August 18<sup>th</sup> (Day 2 - U14 & Under events), 2019
- Venue: Rideau Canoe Club (RCC) [www.rideaucanoecub.ca](http://www.rideaucanoecub.ca), Ottawa, ON
- Purpose: The competition objectives are to provide a provincial championship event for member clubs across Ontario.
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### Competition Specifics

- The competition format will include U12, U13, U14, U15, U16, U18, Open, Masters, Para and Special Olympic (Paddle ALL ID) events. U15+ events will be on Saturday, August 17<sup>th</sup>. U14 & Under events will be on Sunday, August 18<sup>th</sup>.
- Qualification Process: The Top 5 U12, U13/U14, U15/U16 and U18 singles/crews from each division will qualify for the Competitive Final based on divisional qualification. The next 6-10 singles/crews from each division will qualify for the Development Final. The next 5 U13 and U15 singles from each division (who haven't already qualified for a final) will qualify for the singles age class Development Final. Note: if a coach feels a crew is better suited in the Development Final, they can request that change.
- Number of Events: Each athlete can compete in a maximum of 6 events per day.
- To participate, all entrants must be registered with a Canoe Kayak Canada (CKC) member club for the 2019 season in either the Eastern Ontario Division (EOD) or Western Ontario Division (WOD) and must be in "good standing" with the Canoe Kayak Ontario (CKO) Sprint and his/her member club.
- All payments for any outstanding accounts to CKO Sprint must be made in advance of the Competition Meeting prior to the event. This applies to clubs, coaches and competitors.
- Clubs will be invoiced for their registration fees and all other related fees post competition. Payment is due 30 days from the invoice day, after which a late payment fee of 2% per 30-day period will be applied.

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- Clubs will be invoiced a \$30 fee for each instance a crew is included in the official draw (after the Club Representative Meeting) and fails to report to the start line for the race entered without just cause. In the case where a crew fails to report to the start line for a race which is a Final that was preceded by heats, the amount shall be \$60.

## Registration Details

- A final schedule of events will be produced after receiving the entries. Entry Deadline: Direct entries (Open, Masters, Para and Special Olympic) Wednesday, August 7<sup>th</sup> by 3:00 pm. Name changes/scratches for qualified crews (U12, U13, U14, U15, U16 and U18) Monday, August 12 by 3:00 pm.
- Direct entries must register using the attached Entry Form. Qualified crews will automatically be entered. Any name changes and/or scratches from qualified crews must be completed using the attached U12-U18 Name Change Form. After the deadline, any changes must be made at the Club Representative Meeting. An entry will only be included if an open lane is available, no additional heats will be added.
- The entry fee for the 2019 OCup – Ontario Championships is \$35 per paddler. National Team carded athletes as well as those only racing C-15 events will receive a free entry into the event.
- Each participant must complete an online waiver to compete in the event. Once completed, the waiver will cover participation in all 2019 CKO Sprint events.
  - a. 18 years old & older participant waiver <https://forms.gle/4TLkLz54dRuspYvRA>
  - b. 17 years old & younger participant waiver <https://forms.gle/oEQre94fDnQKaQ7F6>

## Event Specifics

Age Category	Singles	Doubles	Fours	C15
U12 Competitive & Development Finals	500m	500m	500m	Mixed 200m
U13 Development Final	1000m			
U13/U14 Competitive & Development Finals	1000m	1000m	1000m	Mixed 200m / Male & Female 500m
U15 Development Final	1000m			



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U15/U16 Competitive & Development Finals	1000m	Men 1000m/ Women 500m	Men's Canoe 1000m / all others 500m	Mixed 200m / Male & Female 500m
U18 Competitive & Development Finals	500m	1000m	500m	
Open	500m	1000m	500m	Mixed 200m / Male & Female 500m
Masters	500m	Mixed* 500m	Mixed* 500m	
Paracanoe	200m	Mixed* 200m		
Special Olympic	-Touring class 200m (non- ICF) -Pro class 200m (ICF)	-Mixed* Touring 200m (any boat) -Mixed* Unified Pro (ID & non-ID athletes) 200m		

\*Note - for Masters, Paracanoe and Special Olympic Mixed events there is no minimum gender requirement

- Event details, including the schedule of events and results can be found on the OCup - Ontario Championships event page <http://www.ckosprint.ca/ontario-championships.html>.
- The Club Representative Meeting for competition organizers, officials and coaches will be held before the competition to provide final competition details, and to confirm entries.  
When: Friday, August 16, 2019  
Time: 5:00 PM  
Where: Rideau Canoe Club's Mike Scott Lounge
- The competition will be run using modified Canoe Kayak Canada's (CKC) Sprint Racing Discipline Competition Rules. There will not be boat weighing for U14 & Under events. In addition, U12 war canoe coxes are NOT allowed to paddle in the boat. A copy of the Sprint Racing Discipline rules can be found on the CKC website [www.canoekayak.ca](http://www.canoekayak.ca). Modified rules will be reviewed with the coaches at the Club Representative Meeting.
- Boat weighing and supervised on-water training will be available between 2:00 pm - 5:00 pm on Friday, as well as one (1) hour before the first race each day.
- Boat Numbers: CKO Sprint will not be responsible for providing boat numbers. Participating clubs and athletes will be responsible for providing their own regulation

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size boat numbers. Please note: Clubs will be invoiced a \$25 fee for each instance a crew is missing or has an incorrect boat number.

## OCup Series Points & Awards

- Medals will be awarded to the Top 3 performances in both the Competitive & Development Finals for each U16 & Under event and Top 3 performances in the Competitive Finals for each U18+ event. Points will be awarded to the Top 8 performances in Competitive Finals for each event (see table below). OCup Series Grand Champion points will combine a club's total points from all four (4) OCup events. OCup Series Excellence Award points will combine a club's total points from all four (4) OCup events, divided by the number of club participants in each event. Ex. Club "X" receives 100 points at Ontario Team Trials with 10 participants. Club "X" will receive 10 points towards the OCup Series Excellence Award.

Position of Finish	Total Points	C-15 Position of Finish	Total Points
1st	16	1st	24
2nd	8	2nd	14
3rd	6	3rd	9
4th	5	4th	6
5th	4	5th	5
6th	3	6th	4
7th	2	7th	3
8th	1	8th	2

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