



ONTARIO CUP
ONTARIO TEAM TRIALS
WELLAND, ON 2019

Canoe Kayak Ontario (CKO) Sprint's OCup - Ontario Team Trials Information & Registration Package

Event: OCup - Ontario Team Trials

Dates: Saturday, June 1st & Sunday, June 2nd, 2019

Venue: Welland International Flatwater Centre (WIFC) North Course
www.wifc.ca, Welland, ON

Purpose:

For the competition objectives identified below please refer to the 2019 Ontario Team Selection Criteria and the 2019 Ontario Regatta Team Selection Criteria found at <http://www.ckosprint.ca/ontario-team.html>.

1. Ontario Team Trials will be used as:
 - a. A performance evaluation for the Ontario Team Selection;
 - b. A performance evaluation for the Ontario Regatta Team Selection;
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Competition Specifics

1. The competition format will include:
 - Open Men's Kayak,
 - Open Men's Canoe
 - Open Women's Kayak
 - Open Women's Canoe
 - Open Mixed (men & women) Paracanoe (KL & VL)
2. This competition is open to all athletes:
 - a. Who hold Canadian citizenship or "Permanent Residency status";
AND
 - b. Are eligible to be named to the 2019 Ontario Team, as outlined in the 2019 Ontario Team Selection Criteria and/or the 2019 Ontario Regatta Team, as outlined in the 2019 Ontario Regatta Team Selection Criteria.
3. To participate, all entrants must be registered with a Canoe Kayak Canada (CKC) member club for the 2019 season in either the Eastern Ontario Division (EOD) or

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Western Ontario Division (WOD) and must be in “good standing” with the Canoe Kayak Ontario (CKO) Sprint and his/her member club.

4. All payments for any outstanding accounts to CKO Sprint must be made in advance of the Competition Meeting prior to the event.
5. Athletes who miss a race or scratch from a race after the Competition Meeting will be subject to a fine of \$50. Member clubs will be liable for their athlete’s penalty.
6. A final schedule of events will be produced after receiving the entries. Entry Deadline is Friday, May 17, 2019.

Preliminary Program

Saturday, June 1, 2019: 8:00 am start time

Event			
Open MK1 200m	Heat		
Open MK1 1000m	Heat	Semi-final	Final
Open MC1 1000m Final 1	Heat	Semi-final	Final
Open WK1 200m	Heat	Semi-final	Final
Open WC1 200m	Heat	Semi-final	Final
Open Mixed Paracanoe K1/V1 200m	Heat		Final 1 Final 2

Sunday, June 2, 2019: 8:00 am start time

Event			
Open MK1 200m		Semi-final	Final
Open MK1 500m	Heat	Semi-final	Final
Open MC1 1000m Final 2	Heat	Semi-final	Final
Open WK1 500m	Heat	Semi-final	Final
Open WC1 500m	Heat	Semi-final	Final

The High-Performance Committee reserves the right to change published race schedules and the advancement format to provide the fairest possible racing to all participating athletes.

1. The competition will be run with modified International Canoe Federation (ICF) racing rules. A copy of the ICF racing rules can be found at www.canoeicf.com. Modified rules will be reviewed with the coaches at the Competition Meeting on Friday, May 31st @ 5:00 pm in WIFC’s Athlete’s Centre - Welland, ON.
2. Boat Numbers: CKO Sprint will not be responsible for providing boat numbers. Participating clubs and athletes will be responsible for providing their own regulation size boat numbers for Ontario Team Trials. Please note: athletes who are missing or

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have an incorrect boat number for their event may be subject to a fine of \$25. Member clubs will be liable for their athlete's penalty.

Registration Details

1. Registration will open Friday, May 3, 2019
Registration Deadline for this competition is Friday, May 17, 2019
Registrations are to be completed through CKC's online registration system www.ckcpadtrac.ca no later than 3:00 pm. After this date, any entries that are accepted will be considered a "post-entry" and a \$20 post-entry fee will be levied to the athlete. A "post-entry" will only be included if a lane is available, as no additional heats will be added for post-entries. Any post-entries will only be considered at the Competition Meeting on Friday, May 31st by a club representative.
2. The entry fee for the 2019 OCup - Ontario Team Trials is \$150 per athlete. Clubs will be invoiced for their club entries post competition. National Team Carded Athletes will receive a free entry into the event.
3. Each participant must complete an online waiver to compete in the event. Once completed, the waiver will cover participation in all 2019 CKO Sprint events.
 - a. 18 years old & older participant waiver <https://forms.gle/4TLkLz54dRuspYvRA>
 - b. 17 years old & younger participant waiver <https://forms.gle/oEQre94fDnQKaQ7F6>

Event Specifics

1. Event details, including the schedule of events and results can be found on the OCup - Ontario Team Trials event page <http://www.ckosprint.ca/ontario-team-trials.html>.
2. A meeting of competition organizers, officials and coaches to provide final competition details, clarify any questions regarding selection criteria and to confirm entries will be held before the competition.
When: Friday, May 31, 2019
Time: 5:00 PM
Where: WIFC Athlete's Centre, Welland, ON
3. Boat weighing will be available on Friday, May 31st from 3:00 pm to 5:00pm, as well as one (1) hour before the first race on Saturday and Sunday.



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4. Safety boats will be provided during the scheduled training time from 2:00 pm to 6:00 pm on Friday, May 31st. If a club wishes to train outside of this time, please contact Ryan Blair to arrange use of additional safety boats.

OCup Series Points

1. Points will be awarded to the Top 8 performances in each category (see table below). OCup Series Grand Champion points will combine a club's total points from all four (4) OCup events. OCup Series Excellence Award points will combine a club's total points from all four (4) OCup events, divided by the number of club participants in each event. Ex. Club "X" receives 100 points at Ontario Team Trials with 10 participants. Club "X" will receive 10 points towards the OCup Series Excellence Award.

Position of Finish	Total Points
1st	16
2 nd	8
3 rd	6
4 th	5
5 th	4
6 th	3
7 th	2
8 th	1

Reminder: Entry Deadline: 3:00 pm Friday, May 17, 2019

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