



Ontario
Canoe
Sprint
Racing
Affiliation

OCSRA 2018 Club & Coach Development Project

The Ontario Canoe Sprint Racing Affiliation (OCSRA) will be providing clubs and coaches the opportunity to take part in the OCSRA ***Club & Coach Development Project (CCDP)***. The CCDP was created to assist clubs in their delivery of programs as well as provide enhanced professional development opportunities for their coaches.

After reviewing the project's implementation over the last four (4) years we have redesigned the project to better meet its objectives of improving club programming and enhancing athlete and coach development. Clubs will still have the opportunity to choose from several projects within the three (3) main categories: **Equipment Support, Program Support** and **Coach Development**.

Equipment Support

Access to use of OCSRA's boats and equipment will remain the same as in previous years. Clubs will have the opportunity to apply to use the equipment during the competitive season with exception of black-out dates, June 25th to July 4th, 2018.

Priority will be determined based on the number of athletes on the Ontario Teams; the number of participants at the 2018 Ontario Team Trials; whether the equipment will be used to support athletes on the Ontario Teams; and the club's need for the equipment.

Program Support

The CCDP will take a more targeted approach to support club development. Rather than visiting multiple clubs with limited support, the project will target two (2) clubs and increase the scope of the project to include on-site and remote support throughout the competitive season. The project will consist of a comprehensive review of a club's programs, policies and standards, risk management, leadership and/or capacity building.

At the completion of the project clubs will have a clear understanding of identified gaps and a developed pathway to address those gaps.

Selection to this year's project will be based on the club's identified needs outlined in the application form, capacity to participate in the project and commitment to Club Excellence.

Although the OCSRA will only be providing support to two (2) clubs this season, we are looking at a long-term vision of support to ten (10) clubs over the next five (5) years.

Coach Development

Similar to our Apprentice Coach Program (ACP) targeted towards coaches working with LTAD Training to Train and Training to Compete stage athletes, our coach development project will target development



coaches working with LTAD Fundamental & Foundations and Training to Train stage athletes. The project will provide an accelerated professional development opportunity for targeted coaches throughout the competitive season with a focus on both certification and mentoring. The project will increase coach knowledge and understanding in the areas of technical development, program and people management and performance analysis.

The coach candidates will work with a mentor coach(es) at their home clubs, during competitions and remotely. In addition, the coaches will work closely with the OCSRA's Technical Director, Ryan Blair to develop a learning plan based on the coach's gap analysis, as well as ongoing monitoring of the project's progress.

Application Process

Each project has been assigned a *value in kind* (VIK) amount ranging from \$1000 to \$2000 based on usage or time cost associated with the project. As a member of the OCSRA, each club may receive a maximum of \$2000 in VIK. Due to the nature of the application process it is suggested that clubs apply for multiple projects over the \$2000 VIK limit. Please remember to prioritize your requests below.

Please complete the applicable CCDP forms below, as well as the priority list and email to ryanblair@gmail.com by **Tuesday, May 22 at 5:00 PM**.

Club & Coach Development Projects List

Category	Project	VIK	Club Priority list (clubs to fill in)
Equipment Support - May to October*	Use of Ontario's Nelo Cinco ML K2	\$1000	
	Use of Ontario's Nelo M K2	\$1000	
	Use of Ontario's Nelo L K2	\$1000	
	Use of Ontario's Nelo Cinco L C2	\$1000	
	Use of Ontario's Nelo C2	\$1000	
	Use of Ontario's Nelo M K4	\$2000	
	Use of Ontario's Nelo L K4	\$2000	
	Use of Ontario's IC4	\$2000	
	Use of Ontario's motor boat and/or motors	\$2000	
Program Support	Club program review and planning	\$2000	
Coach Development Support	Professional Development & mentoring	\$2000	

*Use of OCSRA equipment will **NOT** be available between June 25 to July 4, 2018.



CCDP Application Form - Club Name:

Equipment Support Form

of athletes on the Ontario OHPSI, OAAP (Q4G) and Development Team: Please identify which athletes will be using the equipment:
of athletes competing at 2018 OCup 1 – Ontario Team Trials: Why is this equipment needed at your club?

Program Support Form

Please identify (highlight) the areas you wish to have support in: <ul style="list-style-type: none">• Strategic Planning• Program Delivery• LTAD for athletes, coaches, parents and boards• Risk Management• Staff Training• Staff/Board Roles & Responsibilities• Athletes/Coach/Volunteer Recruitment• Other (please identify):
What are the gaps/issues you want targeted in the areas highlighted above?
How would participating in the CCDP benefit your club?
Are you a Club Excellence Affiliate www.clubexcellence.com ?

Coach Development Form

Name of coach candidate(s):
Coach experience: <ul style="list-style-type: none">• Certification/Professional Development• LTAD stage of athlete's coach is working with
Coaching goals and objectives this year. Over the next three (3) years (i.e. where do you see yourself in 2021).
How do you feel this project will help in the development of your coach(es)?