Spring Training Camp Packing List



			QTY			QTY			QTY			QTY			QTY
Basics		Water Bottles			Textbooks			Phone Charger			Electrical Tape			Backpack	
		Passport			Notepad			Headphones			Boat Weights			Supplements	
		USD Cash			Laptop			GPS Watch			Butt Pad			Favourite Spices	
		Sunglasses			Pens/Pencils			GPS Charger			Paddle				
		Copy of Travel Insurance			School Work			Watch Holder			Spray Skirt				
		Copy of Flight Information			Calculator			Resistor			Lacrosse Ball				
		Copy of Passport			Training Journal			Heart Rate Monitor			Extension Cord				
Clothing		Underwear			Sport Bras			T-Shirts			Bathing Suit				
		Socks			Training Tank Top			Long Sleeves							
		Pajamas			Training T-Shirt			Sweaters							
		Running Shoes			Training Long Sleeve			Shorts							
	\Box	Gym Shoes			Vest		\Box	Long Pants					\Box		
	$\overline{\Box}$	Sandals		$\overline{\Box}$	Short Spandex		$\overline{\Box}$	Sweatpants					$\overline{\Box}$		
	$\overline{\Box}$	Hat		Π	Long Spandex		Π	Jacket					ī		
	Π	Buff		Π	Running Shorts		Π	Rain Coat					Π		
Hygiene	$\overline{\sqcap}$	Tooth Brush		$\overline{\neg}$	Deodorant		$\overline{\Box}$	Aloevera		ī	First Aid Kit		$\overline{\sqcap}$		
	Π	Tooth Paste		Π	Bug Repellant		Π	Hair Brush			Band Aids		Π		
	ī	Shampoo		Π	Moisturizer		Π	Loofa			Anti-Inflammatory		ī		
	Π	Conditioner		Π	Vaseline		Π	Muscle Cream		П	(aspirin) Polysporin		П		
	П	Body Wash		Π	Razor		Π	Dental Floss		П	Ear/Eye Drops		П		
	Π	Soap		Π	Q-Tips		Π	Mouth Wash			Tweezers		П		
	П	Face Wash		Π	Medications		Π	Lip Balm		Ы	Nail Clippers		П		
		Sunscreen			Vitamins								$\overline{\Box}$		