

## Open Men K-1 200m

1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT to Final F; 9 next BT to Final G; rest to Final H

### 8:00 AM - Race #1 - Heat 1 - Advancement/Progression: 1/4 + 4 next BT to SF; Rest Out

Place	Lane	Crew	Club	Time	Delta
1	5	Colin BLACK	Carleton Place	00:41.510	00:00.000
2	4	Nigel ROCKETT (U23)	Balmy Beach	00:42.930	00:01.420
3	6	Mathieu SCHMIED (U19)	Balmy Beach	00:43.240	00:01.730
4	3	Wade MACMILLAN (U19)	Carleton Place	00:44.910	00:03.400
5	2	Nikolas TSAOUSIDIS (U16)	Richmond Hill	00:47.180	00:05.670
6	9	Alexander HOFEREK (U15)	Rideau	00:47.500	00:05.990
7	8	Brendan ROGERS (U17)	Richmond Hill	00:49.540	00:08.030
8	7	Jacob BENTLEY (U19)	Carleton Place	00:50.100	00:08.590
9	1	James MANN (U16)	Pickering Rouge	00:55.870	00:14.360

### 8:05 AM - Race #2 - Heat 2 - Advancement/Progression: 1/4 + 4 next BT to SF; Rest Out

Place	Lane	Crew	Club	Time	Delta
1	5	Scott BARCLAY (U23)	Carleton Place	00:42.260	00:00.000
2	4	Davis EVANS (U19)	Rideau	00:44.910	00:02.650
3	3	Justin RANCOURT (U17)	Ottawa	00:48.000	00:05.740
4	7	Ryan HANDLER (U16)	Rideau	00:48.400	00:06.140
5	2	Maxim ALEIXO (U16)	Burloak	00:49.040	00:06.780
6	1	Cameron LANG (U15)	Richmond Hill	00:49.270	00:07.010
7	9	Jacob HAMMEL (U16)	Rideau	00:51.790	00:09.530

### 8:10 AM - Race #3 - Heat 3 - Advancement/Progression: 1/4 + 4 next BT to SF; Rest Out

Place	Lane	Crew	Club	Time	Delta
1	5	Sam ROWORTH	Balmy Beach	00:43.310	00:00.000
2	4	Joseph SPRATT (U19)	Rideau	00:44.490	00:01.180
3	6	David STEWART (U16)	Richmond Hill	00:46.040	00:02.730
4	3	Isaac CLAPP (U17)	Cobourg	00:47.000	00:03.690
5	9	Alec BRADFORD (U19)	Rideau	00:48.470	00:05.160

6	8	Simon AMIRAUT (U19)	Carleton Place	00:48.860	00:05.550
7	2	Samuel LOOPER (U17)	Burloak	00:49.310	00:06.000
8	7	Sean MACINTOSH (U16)	Rideau	00:52.340	00:09.030
9	1	Thomas PAQUETTE (U16)	Carleton Place	00:52.980	00:09.670

**8:15 AM - Race #4 - Heat 4 - Advancement/Progression: 1/4 + 4 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Angus MORTIMER	Rideau	00:42.460	00:00.000
2	6	Aidan MESSENGER (U17)	Burloak	00:43.520	00:01.060
3	4	Lochlen FARQUHARSON (U19)	Rideau	00:45.510	00:03.050
4	3	Christian SPRANG (U17)	Burloak	00:46.650	00:04.190
5	7	Alexander MOSHER (U17)	Carleton Place	00:47.560	00:05.100
6	8	Taylor BROOKS (U19)	Carleton Place	00:47.890	00:05.430
7	1	Justin DOBSON (U16)	Carleton Place	00:48.200	00:05.740
8	2	Alexander BOWMAN (U16)	Burloak	00:48.800	00:06.340

**8:20 AM - Race #5 - Heat 5 - Advancement/Progression: 1/4 + 4 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Keir JOHNSTON (U23)	Balmy Beach	00:43.890	00:00.000
2	4	Scott BRADDON (U17)	Rideau	00:45.030	00:01.140
3	6	Mitchell BARRON (U19)	Burloak	00:45.330	00:01.440
4	3	Kadan JOHNSON (U15)	Cobourg	00:47.000	00:03.110
5	2	Bryan DAVEY (U16)	Rideau	00:48.290	00:04.400
6	8	Connor PETROFF (U17)	Balmy Beach	00:56.530	00:12.640
7	1	Michael CUZZETTO (U15)	Mississauga	00:59.830	00:15.940
DNF	7	William MANN (U16)	Pickering Rouge	00:00.000	00:00.000

**8:25 AM - Race #6 - Heat 6 - Advancement/Progression: 1/4 + 4 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Victor TURCANU (U19)	Ottawa	00:42.100	00:00.000
2	6	Eric ELLERY (U23)	Balmy Beach	00:42.860	00:00.760

3	4	Ryan NASH (U23)	Balmy Beach	00:44.460	00:02.360
4	7	Nicholas BILLINGTON (U19)	Balmy Beach	00:45.520	00:03.420
5	8	Allin DEMOPOLIS (U16)	Burloak	00:47.020	00:04.920
6	3	Eric WESTON (U16)	Richmond Hill	00:51.610	00:09.510
7	2	Alexis SAVARD-DROUIN (U15)	Burloak	00:53.370	00:11.270
8	1	Jacob SMITH (U16)	Rideau	00:54.470	00:12.370

**8:30 AM - Race #7 - Heat 7 - Advancement/Progression: 1/4 + 4 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	7	Anatolyy MYKHAYLETSK (U23)	Balmy Beach	00:42.800	00:00.000
2	5	Nicholas MATVEEV (U19)	Balmy Beach	00:44.470	00:01.670
3	6	Palmer LUMB (U16)	Balmy Beach	00:46.480	00:03.680
4	4	Adam NAGY (U19)	Richmond Hill	00:48.970	00:06.170
5	3	Oskar MORAWSKI (U16)	Richmond Hill	00:50.010	00:07.210
6	8	Andrew HAYMAN (U15)	Ottawa	00:50.330	00:07.530
7	1	Owen RAINBOTH (U16)	Rideau	00:52.240	00:09.440
8	2	Micheal DODARO (U17)	Burloak	00:54.280	00:11.480

**8:35 AM - Race #8 - Heat 8 - Advancement/Progression: 1/4 + 4 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Harrison CHAMBERS (U19)	Mississauga	00:44.080	00:00.000
2	4	Chris TABRI (U19)	Ottawa	00:45.930	00:01.850
3	6	Aiden STEAD (U19)	Rideau	00:49.650	00:05.570
4	3	Alexander SLAMEN (U17)	Balmy Beach	00:50.360	00:06.280
5	7	Warren LUNDY (U19)	Pickering Rouge	00:52.920	00:08.840
6	8	Alexander IVANOV (U15)	Richmond Hill	00:53.360	00:09.280
7	1	Matthew MCGARRITY (U16)	Rideau	00:55.350	00:11.270
8	2	Aiden TYRRELL (U16)	Burloak	00:55.760	00:11.680

**Open Men C-1 200m**

1/6 + 3 next BT to SF; Rest to Final D

**8:40 AM - Race #9 - Heat 1 - Advancement/Progression: 1/6 + 3 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Cory RUBLEE	Burloak	00:48.129	00:00.000
2	6	Nick BROWNLIE (U19)	Rideau	00:51.787	00:03.658
3	4	Noah DJURFELDT (U19)	Mississauga	00:53.072	00:04.943
4	2	Isaac FINKELSTEIN (U16)	Rideau	00:54.010	00:05.881
5	3	Daniel CUBA (U17)	Mississauga	00:56.360	00:08.231
6	7	Morgan MACDONALD (U16)	Mississauga	00:56.704	00:08.575
7	8	Austen BROWN (U17)	Rideau	00:58.787	00:10.658
8	1	Adam RICHARD (U15)	Rideau	01:04.169	00:16.040

**8:45 AM - Race #10 - Heat 2 - Advancement/Progression: 1/6 + 3 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Douglas ELLERY	Balmy Beach	00:50.293	00:00.000
2	7	Lucas TURNBULL (U16)	Balmy Beach	00:51.025	00:00.732
3	4	Sam PENNYFATHER (U19)	Burloak	00:52.189	00:01.896
4	3	Samuel DJURFELDT (U16)	Mississauga	00:54.735	00:04.442
5	6	Jean Luc CINQ-MARS (U17)	Richmond Hill	00:55.389	00:05.096
6	8	David CARRANCO (U17)	Rideau	00:57.547	00:07.254
7	1	Tiegan SCOTT (U17)	Rideau	00:59.621	00:09.328
8	2	Jack TUTTY (U16)	Mississauga	01:01.086	00:10.793

**8:50 AM - Race #11 - Heat 3 - Advancement/Progression: 1/6 + 3 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Jeremy STOTT (U23)	Mississauga	00:49.250	00:00.000
2	7	James HICKS (U23)	Rideau	00:51.181	00:01.931
3	4	Isiah HIGGS (U19)	Mississauga	00:51.814	00:02.564
4	6	Christopher CHAMBERS (U17)	Mississauga	00:52.377	00:03.127
5	8	Conor O'NEILL (U16)	Rideau	00:55.181	00:05.931
6	2	Lucas TARDIOLI (U19)	Rideau	00:59.493	00:10.243
7	3	Gavin ANTAYA (U17)	Mississauga	01:06.975	00:17.725

**8:55 AM - Race #12 - Heat 4 - Advancement/Progression: 1/6 + 3 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Evan BEZEMER (U23)	Mississauga	00:48.704	00:00.000
2	6	Zacharie RICHARD (U19)	Rideau	00:50.746	00:02.042
3	4	Sean BARICH (U19)	Mississauga	00:52.722	00:04.018
4	7	Kieran MOORFIELD-YEE (U16)	Balmy Beach	00:55.610	00:06.906
5	3	Colin MORAN (U16)	Mississauga	00:55.948	00:07.244
6	2	Philippe TURCANU (U15)	Ottawa	00:59.150	00:10.446
7	8	Liam POWERS-KELLY (U16)	Rideau	01:01.596	00:12.892

**Open Women K-1 200m**

1/6 + 3 next BT to SF; Rest to Final D

**9:00 AM - Race #13 - Heat 1 - Advancement/Progression: 1/6 + 3 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Hayley PLANTE (U19)	Balmy Beach	00:50.522	00:00.000
2	4	Natalie DAVISON (U23)	Rideau	00:54.773	00:04.251
3	6	Tula MORAWSKA (U17)	Richmond Hill	00:56.673	00:06.151
4	7	Roxanna KEMP (U19)	Carleton Place	00:56.801	00:06.279
5	3	Rosalie CAPPUCCHINO (U16)	Rideau	00:57.531	00:07.009
6	8	Elizabeth ZOUBAKINA (U15)	Richmond Hill	01:00.748	00:10.226
7	1	Jennifer CROSS (U17)	Rideau	01:01.124	00:10.602
8	9	Olivia PETROFF (U19)	Balmy Beach	01:02.549	00:12.027
9	2	Kaitlin WATSON (U16)	Cobourg	01:07.356	00:16.834

**9:05 AM - Race #14 - Heat 2 - Advancement/Progression: 1/6 + 3 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	7	August SIBTHORPE (U19)	Rideau	00:51.459	00:00.000
2	5	Kate BRADDON (U19)	Rideau	00:54.350	00:02.891
3	6	Samantha SULA (U16)	Balmy Beach	00:58.238	00:06.779
4	4	Emma ZOLDY (U15)	Cobourg	00:59.243	00:07.784
5	1	Rachel MACINTOSH (U16)	Rideau	01:02.968	00:11.509

6	9	Enara ITURREGUI (U16)	Sudbury	01:04.649	00:13.190
7	3	Zeyana LAPLANTE (U16)	Mississauga	01:04.660	00:13.201
8	8	Camille LOOPER (U15)	Burloak	01:05.868	00:14.409
9	2	Annie MESSENGER (U16)	Burloak	01:05.921	00:14.462

**9:10 AM - Race #15 - Heat 3 - Advancement/Progression: 1/6 + 3 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Rowan HARDY-KAVANAGH (U19)	Rideau	00:53.871	00:00.000
2	3	Lucy PENNYFATHER (U16)	Burloak	00:55.575	00:01.704
3	4	Makenna HUMES (U17)	Burloak	00:57.190	00:03.319
4	7	Diana CARRANCO (U17)	Rideau	00:57.522	00:03.651
5	6	Mackenzie JENKINS (U17)	Mississauga	00:57.625	00:03.754
6	2	Madison VERNOOY (U16)	Burloak	00:58.226	00:04.355
7	8	Catherine PENNEY (U16)	Burloak	00:58.293	00:04.422
8	9	Samantha STEIN (U15)	Balmy Beach	01:02.974	00:09.103
9	1	Anya CHUPRYS (U15)	Burloak	01:03.362	00:09.491

**9:15 AM - Race #16 - Heat 4 - Advancement/Progression: 1/6 + 3 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	GENEVIEVE L'ABBE (U19)	Ottawa	00:53.689	00:00.000
2	2	DANIELLE RUSSELL (U16)	Rideau	00:57.552	00:03.863
3	8	Katie HOFEREK (U16)	Rideau	00:59.727	00:06.038
4	6	Alicia ZOLDY (U16)	Cobourg	01:00.325	00:06.636
5	7	Caitlin BOYLE (U15)	Balmy Beach	01:00.635	00:06.946
6	4	Julia TOLJAGIC (U19)	Balmy Beach	01:01.967	00:08.278
7	1	Morgan CLAPP (U16)	Cobourg	01:02.207	00:08.518
8	9	Emma SEWELL (U17)	Balmy Beach	01:04.697	00:11.008
9	3	Alexandra HUGHES (U16)	Burloak	01:05.715	00:12.026

**Femmes OPEN C-1 200M**

1st to Final A; 2/7 to SF; Rest to Final C

**9:20 AM - Race #17 - Heat 1 - Advancement/Progression: 1st to Final A; 2/7 to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Taylor POTTS (U23)	Balmy Beach	01:01.514	00:00.000
2	4	Sheila MEHRVAR (U19)	Burloak	01:07.795	00:06.281
3	6	Zaffia LAPLANTE (U19)	Mississauga	01:09.529	00:08.015
4	2	Emily HOWARD (U16)	Mississauga	01:11.712	00:10.198
5	7	Casidy WILLIAMS (U15)	Cobourg	01:13.493	00:11.979
6	8	Katie KELLY (U19)	Rideau	01:23.818	00:22.304
DNS	3	Kathleen MARTIN (U19)	Mississauga	00:00.000	00:00.000

**9:25 AM - Race #18 - Heat 2 - Advancement/Progression: 1st to Final A; 2/7 to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Jillian PERRONE (U19)	Burloak	01:07.544	00:00.000
2	6	Kate SAMAN(U17)	Cobourg	01:08.312	00:00.768
3	4	Emily Hannah LITTLE (U17)	Burloak	01:10.743	00:03.199
4	3	Kyra WHITE (U19)	Burloak	01:13.986	00:06.442
5	2	Vanessa OLY (U19)	Mississauga	01:15.759	00:08.215
6	7	Meg QUIGLEY (U16)	Cobourg	01:17.000	00:09.456
7	8	Mackenzie SPARKS (U15)	Pickering Rouge	01:25.729	00:18.185

**9:30 AM - Race #19 - Heat 3 - Advancement/Progression: 1st to Final A; 2/7 to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Megan SIBTHORPE (U23)	Rideau	01:03.154	00:00.000
2	6	Lindsay IRWIN (U15)	Carleton Place	01:08.258	00:05.104
3	4	Courtney SPRATT (U16)	Rideau	01:10.997	00:07.843
4	7	Natalie STRINGER (U16)	Mississauga	01:18.724	00:15.570
5	3	Emily JENKINS (U17)	Mississauga	01:27.257	00:24.103

**Open Mmen Paracanoes (All events) 200m**

**9:35 AM - Race #20 - Heat 1 - Advancement/Progression:**

Place	Lane	Crew	Club	Time	Delta
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1	5	Jeff VIRGO	Balmy Beach	01:10.402	00:00.000
2	4	Suleiman MUSE	Balmy Beach	01:26.760	00:16.358

### Open Women Paracanoes (All events) 200m

#### 9:40 AM - Race #21 - Heat 1 - Advancement/Progression:

Place	Lane	Crew	Club	Time	Delta
1	5	Erica SCARFF	Balmy Beach	01:11.114	00:00.000
2	4	Draga CULJAK	Balmy Beach	01:25.005	00:13.891

### Open Men K-1 200m

1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B; 2x5th + 4x6th + 3 next BT to Final C; Rest to

#### 10:00 AM - Race #22 - Semi 1 - Advancement/Progression: 1/2 + next BT to Final A; 3x3rd + 4x4th

Place	Lane	Crew	Club	Time	Delta
1	5	Colin BLACK	Carleton Place	00:44.462	00:00.000
2	6	Keir JOHNSTON (U23)	Balmy Beach	00:45.451	00:00.989
3	8	Palmer LUMB (U16)	Balmy Beach	00:46.112	00:01.650
4	4	Aidan MESSENGER (U17)	Burloak	00:47.975	00:03.513
5	7	David STEWART (U16)	Richmond Hill	00:48.505	00:04.043
6	3	Chris TABRI (U19)	Ottawa	00:49.132	00:04.670
7	9	Nicholas BILLINGTON (U19)	Balmy Beach	00:49.216	00:04.754
8	2	Ryan HANDLER (U16)	Rideau	00:53.738	00:09.276
9	1	Allin DEMOPOLIS (U16)	Burloak	00:53.748	00:09.286

#### 10:05 AM - Race #23 - Semi 2 - Advancement/Progression: 1/2 + next BT to Final A; 3x3rd + 4x4th

Place	Lane	Crew	Club	Time	Delta
1	5	Scott BARCLAY (U23)	Carleton Place	00:42.938	00:00.000
2	6	Victor TURCANU (U19)	Ottawa	00:43.287	00:00.349
3	4	Nigel ROCKETT (U23)	Balmy Beach	00:45.133	00:02.195



4	3	Scott BRADDON (U17)	Rideau	00:45.426	00:02.488
5	9	Nikolas TSAOUSIDIS (U16)	Richmond Hill	00:46.258	00:03.320
6	7	Lochlen FARQUHARSON (U19)	Rideau	00:46.463	00:03.525
7	2	Isaac CLAPP (U17)	Cobourg	00:47.976	00:05.038
8	8	Aiden STEAD (U19)	Rideau	00:49.605	00:06.667
9	1	Adam NAGY (U19)	Richmond Hill	00:51.620	00:08.682

**10:10 AM - Race #24 - Semi 3 - Advancement/Progression: 1/2 + next BT to Final A; 3x3rd + 4x4t**

Place	Lane	Crew	Club	Time	Delta
1	5	Sam ROWORTH	Balmy Beach	00:43.472	00:00.000
2	6	Anatoly MYKHAYLETSK (U23)	Balmy Beach	00:44.513	00:01.041
3	3	Eric ELLERY (U23)	Balmy Beach	00:45.297	00:01.825
4	7	Mathieu SCHMIED (U19)	Balmy Beach	00:46.466	00:02.994
5	4	Davis EVANS (U19)	Rideau	00:46.669	00:03.197
6	8	Mitchell BARRON (U19)	Burloak	00:48.029	00:04.557
7	2	Christian SPRANG (U17)	Burloak	00:51.529	00:08.057
8	9	Alexander SLAMEN (U17)	Balmy Beach	00:53.450	00:09.978
9	1	Alexander HOFEREK (U15)	Rideau	00:56.863	00:13.391

**10:15 AM - Race #25 - Semi 4 - Advancement/Progression: 1/2 + next BT to Final A; 3x3rd + 4x4t**

Place	Lane	Crew	Club	Time	Delta
1	5	Angus MORTIMER	Rideau	00:42.984	00:00.000
2	4	Nicholas MATVEEV (U19)	Balmy Beach	00:44.322	00:01.338
3	6	Harrison CHAMBERS (U19)	Mississauga	00:45.739	00:02.755
4	8	Wade MACMILLAN (U19)	Carleton Place	00:46.502	00:03.518
5	3	Joseph SPRATT (U19)	Rideau	00:47.151	00:04.167
6	2	Ryan NASH (U23)	Balmy Beach	00:49.982	00:06.998
7	7	Justin RANCOURT (U17)	Ottawa	00:50.041	00:07.057
8	9	Alexander MOSHER (U17)	Carleton Place	00:50.220	00:07.236
9	1	Kadan JOHNSON (U15)	Cobourg	00:51.684	00:08.700

**Open Men C-1 200m**

1/3 to Final A; 4/6 to Final B; 7/9 to Final C

**10:20 AM - Race #26 - Semi 1 - Advancement/Progression: 1/3 to Final A; 4/6 to Final B; Rest Ou**

Place	Lane	Crew	Club	Time	Delta
1	5	Cory RUBLEE	Burloak	00:47.488	00:00.000
2	4	Lucas TURNBULL (U16)	Balmy Beach	00:51.893	00:04.405
3	6	James HICKS (U23)	Rideau	00:52.039	00:04.551
4	3	Sean BARICH (U19)	Mississauga	00:54.575	00:07.087
5	8	Daniel CUBA (U17)	Mississauga	00:55.188	00:07.700
6	7	Kieran MOORFIELD-YEE (U16)	Balmy Beach	00:56.325	00:08.837
7	9	Austen BROWN (U17)	Rideau	00:57.181	00:09.693
8	2	Conor O'NEILL (U16)	Rideau	00:58.232	00:10.744
9	1	David CARRANCO (U17)	Rideau	01:00.670	00:13.182

**10:25 AM - Race #27 - Semi 2 - Advancement/Progression: 1/3 to Final A; 4/6 to Final B; Rest Ou**

Place	Lane	Crew	Club	Time	Delta
1	3	Isiah HIGGS (U19)	Mississauga	00:51.055	00:00.000
2	5	Douglas ELLERY	Balmy Beach	00:51.348	00:00.293
3	4	Zacharie RICHARD (U19)	Rideau	00:52.100	00:01.045
4	6	Noah DJURFELDT (U19)	Mississauga	00:54.017	00:02.962
5	7	Christopher CHAMBERS (U17)	Mississauga	00:54.923	00:03.868
6	8	Jean Luc CINQ-MARS (U17)	Richmond Hill	00:55.846	00:04.791
7	2	Isaac FINKELSTEIN (U16)	Rideau	00:58.163	00:07.108
8	9	Philipe TURCANU (U15)	Ottawa	01:02.906	00:11.851
9	1	Tiegan SCOTT (U17)	Rideau	01:03.038	00:11.983

**10:30 AM - Race #28 - Semi 3 - Advancement/Progression: 1/3 to Final A; 4/6 to Final B; Rest Ou**

Place	Lane	Crew	Club	Time	Delta
1	4	Jeremy STOTT (U23)	Mississauga	00:48.546	00:00.000
2	5	Evan BEZEMER (U23)	Mississauga	00:49.326	00:00.780
3	6	Nick BROWNLIE (U19)	Rideau	00:51.557	00:03.011
4	7	Samuel DJURFELDT (U16)	Mississauga	00:52.535	00:03.989
5	8	Lucas TARDIOLI (U19)	Rideau	00:53.378	00:04.832

6	3	Sam PENNYFATHER (U19)	Burloak	00:54.038	00:05.492
7	2	Colin MORAN (U16)	Mississauga	00:57.546	00:09.000
8	9	Jack TUTTY (U16)	Mississauga	01:02.073	00:13.527
9	1	Morgan MACDONALD (U16)	Mississauga	01:04.503	00:15.957

### Open Women K-1 200m

1/3 to Final A; 4/6 to Final B; 7/9 to Final C

#### 10:35 AM - Race #29 - Semi 1 - Advancement/Progression: 1/3 to Final A; 4/6 to Final B; Rest Ou

Place	Lane	Crew	Club	Time	Delta
1	5	Hayley PLANTE (U19)	Balmy Beach	00:50.366	00:00.000
2	4	Kate BRADDON (U19)	Rideau	00:54.355	00:03.989
3	8	Rosalie CAPPUCCINO (U16)	Rideau	00:56.831	00:06.465
4	6	Lucy PENNYFATHER (U16)	Burloak	00:57.041	00:06.675
5	7	Alicia ZOLDY (U16)	Cobourg	01:00.124	00:09.758
6	9	Catherine PENNEY (U16)	Burloak	01:00.374	00:10.008
7	2	Mackenzie JENKINS (U17)	Mississauga	01:02.765	00:12.399
8	3	Katie HOFEREK (U16)	Rideau	01:02.829	00:12.463
9	1	Enara ITURREGUI (U16)	Sudbury	01:09.787	00:19.421

#### 10:40 AM - Race #30 - Semi 2 - Advancement/Progression: 1/3 to Final A; 4/6 to Final B; Rest Ou

Place	Lane	Crew	Club	Time	Delta
1	5	August SIBTHORPE (U19)	Rideau	00:52.551	00:00.000
2	4	DANIELLE RUSSELL (U16)	Rideau	00:57.047	00:04.496
3	9	Julia TOLJAGIC (U19)	Balmy Beach	00:58.220	00:05.669
4	6	Tula MORAWSKA (U17)	Richmond Hill	00:58.627	00:06.076
5	8	Rachel MACINTOSH (U16)	Rideau	00:58.663	00:06.112
6	7	Diana CARRANCO (U17)	Rideau	00:59.568	00:07.017
7	3	Makenna HUMES (U17)	Burloak	01:01.150	00:08.599
8	2	Roxanna KEMP (U19)	Carleton Place	01:02.273	00:09.722
9	1	Jennifer CROSS (U17)	Rideau	01:03.777	00:11.226

#### 10:45 AM - Race #31 - Semi 3 - Advancement/Progression: 1/3 to Final A; 4/6 to Final B; Rest Ou

Place	Lane	Crew	Club	Time	Delta
1	6	Natalie DAVISON (U23)	Rideau	00:54.200	00:00.000
2	5	GENEVIEVE L'ABBE (U19)	Ottawa	00:54.240	00:00.040
3	4	Rowan HARDY-KAVANAGH (U19)	Rideau	00:56.314	00:02.114
4	3	Samantha SULA (U16)	Balmy Beach	00:58.411	00:04.211
5	7	Emma ZOLDY (U15)	Cobourg	00:58.592	00:04.392
6	9	Morgan CLAPP (U16)	Cobourg	00:58.765	00:04.565
7	8	Madison VERNOOY (U16)	Burloak	00:58.990	00:04.790
8	2	Caitlin BOYLE (U15)	Balmy Beach	01:04.358	00:10.158
9	1	Elizabeth ZOUBAKINA (U15)	Richmond Hill	01:06.123	00:11.923

### Femmes OPEN C-1 200M

1/3 to Final A; 4/7 + next BT to Final B; Rest to Final C

#### 10:50 AM - Race #32 - Semi 1 - Advancement/Progression: 1/3 to Final A; 4/7 + next BT to Final E

Place	Lane	Crew	Club	Time	Delta
1	6	Zaffia LAPLANTE (U19)	Mississauga	01:03.423	00:00.000
2	4	Emily Hannah LITTLE (U17)	Burloak	01:05.463	00:02.040
3	5	Lindsay IRWIN (U15)	Carleton Place	01:05.613	00:02.190
4	7	Kyra WHITE (U19)	Burloak	01:07.284	00:03.861
5	2	Casidy WILLIAMS (U15)	Cobourg	01:13.470	00:10.047
6	8	Meg QUIGLEY (U16)	Cobourg	01:13.499	00:10.076
7	3	Natalie STRINGER (U16)	Mississauga	01:19.106	00:15.683
8	1	Katie KELLY (U19)	Rideau	01:30.512	00:27.089

#### 10:55 AM - Race #33 - Semi 2 - Advancement/Progression: 1/3 to Final A; 4/7 + next BT to Final E

Place	Lane	Crew	Club	Time	Delta
1	5	Sheila MEHRVAR (U19)	Burloak	01:05.299	00:00.000
2	4	Kate SAMAN(U17)	Cobourg	01:06.842	00:01.543
3	3	Emily HOWARD (U16)	Mississauga	01:07.472	00:02.173
4	6	Courtney SPRATT (U16)	Rideau	01:09.220	00:03.921
5	7	Vanessa OLY (U19)	Mississauga	01:10.540	00:05.241
6	2	Kathleen MARTIN (U19)	Mississauga	01:11.974	00:06.675

7	8	Emily JENKINS (U17)	Mississauga	01:29.724	00:24.425
8	1	MacKenzie SPARKS (U15)	Pickering Rouge	01:34.876	00:29.577

## Open Men K-1 200m

### 12:00 PM - Race #34 - A-Final

Place	Lane	Crew	Club	Time	Delta
1	9	Nicholas MATVEEV (U19)	Balmy Beach	00:41.145	00:00.000
2	3	Angus MORTIMER	Rideau	00:41.433	00:00.288
3	5	Colin BLACK	Carleton Place	00:41.465	00:00.320
4	6	Sam ROWORTH	Balmy Beach	00:41.874	00:00.729
5	8	Keir JOHNSTON (U23)	Balmy Beach	00:42.216	00:01.071
6	4	Scott BARCLAY (U23)	Carleton Place	00:43.630	00:02.485
7	2	Anatolyy MYKHAYLETSK (U23)	Balmy Beach	00:44.353	00:03.208
8	1	Nigel ROCKETT (U23)	Balmy Beach	00:45.883	00:04.738
9	7	Victor TURCANU (U19)	Ottawa	00:47.481	00:06.336

### 12:05 PM - Race #35 - B-Final

Place	Lane	Crew	Club	Time	Delta
1	9	Davis EVANS (U19)	Rideau	00:43.867	00:00.000
2	6	Harrison CHAMBERS (U19)	Mississauga	00:44.025	00:00.158
3	5	Eric ELLERY (U23)	Balmy Beach	00:44.202	00:00.335
4	7	Mathieu SCHMIED (U19)	Balmy Beach	00:45.796	00:01.929
5	8	Wade MACMILLAN (U19)	Carleton Place	00:46.074	00:02.207
6	2	Scott BRADDON (U17)	Rideau	00:46.395	00:02.528
7	4	Palmer LUMB (U16)	Balmy Beach	00:46.691	00:02.824
8	3	Aidan MESSENGER (U17)	Burloak	00:47.354	00:03.487
9	1	Nikolas TSAOUSIDIS (U16)	Richmond Hill	00:50.159	00:06.292

### 12:10 PM - Race #36 - C-Final

Place	Lane	Crew	Club	Time	Delta
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1	5	Joseph SPRATT (U19)	Rideau	00:44.437	00:00.000
2	7	Ryan NASH (U23)	Balmy Beach	00:45.358	00:00.921
3	4	Chris TABRI (U19)	Ottawa	00:45.548	00:01.111
4	2	Mitchell BARRON (U19)	Burloak	00:46.361	00:01.924
5	8	Isaac CLAPP (U17)	Cobourg	00:46.454	00:02.017
6	1	Nicholas BILLINGTON (U19)	Balmy Beach	00:47.788	00:03.351
7	3	Lochlen FARQUHARSON (U19)	Rideau	00:48.895	00:04.458
8	6	David STEWART (U16)	Richmond Hill	00:49.738	00:05.301
9	9	Aiden STEAD (U19)	Rideau	00:50.563	00:06.126

### 12:15 PM - Race #37 - D-Final

Place	Lane	Crew	Club	Time	Delta
1	7	Kadan JOHNSON (U15)	Cobourg	00:47.937	00:00.000
2	6	Christian SPRANG (U17)	Burloak	00:49.425	00:01.488
3	8	Ryan HANDLER (U16)	Rideau	00:49.452	00:01.515
4	5	Justin RANCOURT (U17)	Ottawa	00:50.359	00:02.422
5	9	Alexander HOFEREK (U15)	Rideau	00:51.756	00:03.819
6	1	Allin DEMOPOLIS (U16)	Burloak	00:52.739	00:04.802
7	4	Alexander MOSHER (U17)	Carleton Place	00:53.249	00:05.312
8	3	Adam NAGY (U19)	Richmond Hill	00:54.759	00:06.822
9	2	Alexander SLAMEN (U17)	Balmy Beach	00:57.192	00:09.255

### 12:20 PM - Race #38 - E-Final

Place	Lane	Crew	Club	Time	Delta
1	8	Maxim ALEIXO (U16)	Burloak	00:49.428	00:00.000
2	9	Samuel LOOPER (U17)	Burloak	00:49.809	00:00.381
3	6	Bryan DAVEY (U16)	Rideau	00:50.301	00:00.873
4	7	Alexander BOWMAN (U16)	Burloak	00:50.313	00:00.885
5	3	Alec BRADFORD (U19)	Rideau	00:50.560	00:01.132
6	1	Cameron LANG (U15)	Richmond Hill	00:50.646	00:01.218
7	2	Simon AMIRAULT (U19)	Carleton Place	00:50.723	00:01.295
8	4	Justin DOBSON (U16)	Carleton Place	00:51.907	00:02.479

9	5	Taylor BROOKS (U19)	Carleton Place	00:53.034	00:03.606
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**12:25 PM - Race #39 - F-Final**

Place	Lane	Crew	Club	Time	Delta
1	4	Oskar MORAWSKI (U16)	Richmond Hill	00:50.230	00:00.000
2	8	Owen RAINBOTH (U16)	Rideau	00:50.680	00:00.450
3	7	Eric WESTON (U16)	Richmond Hill	00:52.170	00:01.940
4	3	Andrew HAYMAN (U15)	Ottawa	00:53.210	00:02.980
5	5	Brendan ROGERS (U17)	Richmond Hill	00:53.880	00:03.650
6	6	Jacob BENTLEY (U19)	Carleton Place	00:54.380	00:04.150
7	1	Sean MACINTOSH (U16)	Rideau	00:55.060	00:04.830
8	2	Jacob HAMMEL (U16)	Rideau	00:55.490	00:05.260
9	9	Warren LUNDY (U19)	Pickering Rouge	00:57.230	00:07.000

**12:30 PM - Race #40 - G-Final**

Place	Lane	Crew	Club	Time	Delta
1	3	Micheal DODARO (U17)	Burloak	00:50.540	00:00.000
2	5	Thomas PAQUETTE (U16)	Carleton Place	00:51.580	00:01.040
3	6	Alexis SAVARD-DROUIN (U15)	Burloak	00:51.980	00:01.440
4	4	Alexander IVANOV (U15)	Richmond Hill	00:52.270	00:01.730
5	7	Jacob SMITH (U16)	Rideau	00:53.240	00:02.700
6	8	Aiden TYRRELL (U16)	Burloak	00:53.340	00:02.800
7	2	Matthew MCGARRITY (U16)	Rideau	00:53.440	00:02.900
8	1	James MANN (U16)	Pickering Rouge	00:53.540	00:03.000
9	9	Connor PETROFF (U17)	Balmy Beach	00:54.040	00:03.500

**12:35 PM - Race #41 - H-Final**

Place	Lane	Crew	Club	Time	Delta
1	5	Michael CUZZETTO (U15)	Mississauga	01:00.340	00:00.000
2	4	William MANN (U16)	Pickering Rouge	01:04.840	00:04.500

## Open Men C-1 200m

### 12:40 PM - Race #42 - A-Final

Place	Lane	Crew	Club	Time	Delta
1	5	Cory RUBLEE	Burloak	00:50.417	00:00.000
2	6	Jeremy STOTT (U23)	Mississauga	00:50.545	00:00.128
3	7	Douglas ELLERY	Balmy Beach	00:51.209	00:00.792
4	2	Evan BEZEMER (U23)	Mississauga	00:52.127	00:01.710
5	4	Isiah HIGGS (U19)	Mississauga	00:53.595	00:03.178
6	8	James HICKS (U23)	Rideau	00:55.244	00:04.827
7	3	Lucas TURNBULL (U16)	Balmy Beach	00:55.306	00:04.889
8	1	Zacharie RICHARD (U19)	Rideau	00:55.685	00:05.268
9	9	Nick BROWNLIE (U19)	Rideau	00:58.706	00:08.289

### 12:45 PM - Race #43 - B-Final

Place	Lane	Crew	Club	Time	Delta
1	9	Sam PENNYFATHER (U19)	Burloak	00:50.206	00:00.000
2	6	Noah DJURFELDT (U19)	Mississauga	00:52.850	00:02.644
3	5	Sean BARICH (U19)	Mississauga	00:53.381	00:03.175
4	3	Christopher CHAMBERS (U17)	Mississauga	00:54.983	00:04.777
5	4	Samuel DJURFELDT (U16)	Mississauga	00:55.421	00:05.215
6	7	Daniel CUBA (U17)	Mississauga	00:56.515	00:06.309
7	1	Jean Luc CINQ-MARS (U17)	Richmond Hill	01:00.406	00:10.200
8	2	Kieran MOORFIELD-YEE (U16)	Balmy Beach	01:00.677	00:10.471
9	8	Lucas TARDIOLI (U19)	Rideau	01:02.435	00:12.229

### 12:50 PM - Race #44 - C-Final

Place	Lane	Crew	Club	Time	Delta
1	9	Morgan MACDONALD (U16)	Mississauga	00:55.568	00:00.000
2	6	Isaac FINKELSTEIN (U16)	Rideau	00:57.116	00:01.548
3	3	Conor O'NEILL (U16)	Rideau	00:59.265	00:03.697



4	7	David CARRANCO (U17)	Rideau	01:00.521	00:04.953
5	4	Colin MORAN (U16)	Mississauga	01:00.877	00:05.309
6	8	Philippe TURCANU (U15)	Ottawa	01:05.061	00:09.493
7	1	Tiegan SCOTT (U17)	Rideau	01:07.054	00:11.486
8	2	Jack TUTTY (U16)	Mississauga	01:09.341	00:13.773
DSQ	5	Austen BROWN (U17)	Rideau	00:00.000	00:00.000

#### 12:55 PM - Race #45 - D-Final

Place	Lane	Crew	Club	Time	Delta
1	4	Adam RICHARD (U15)	Rideau	01:13.317	00:00.000
2	6	Gavin ANTAYA (U17)	Mississauga	01:19.655	00:06.338
DSQ	5	Liam POWERS-KELLY (U16)	Rideau	00:00.000	00:00.000

#### Open Women K-1 200m

#### 1:00 PM - Race #46 - A-Final

Place	Lane	Crew	Club	Time	Delta
1	5	Hayley PLANTE (U19)	Balmy Beach	00:51.069	00:00.000
2	4	August SIBTHORPE (U19)	Rideau	00:53.456	00:02.387
3	6	Natalie DAVISON (U23)	Rideau	00:53.482	00:02.413
4	9	Rowan HARDY-KAVANAGH (U19)	Rideau	00:54.935	00:03.866
5	3	Kate BRADDON (U19)	Rideau	00:54.957	00:03.888
6	2	GENEVIEVE L'ABBE (U19)	Ottawa	00:55.460	00:04.391
7	7	DANIELLE RUSSELL (U16)	Rideau	00:56.306	00:05.237
8	8	Rosalie CAPPUCINO (U16)	Rideau	00:57.257	00:06.188
9	1	Julia TOLJAGIC (U19)	Balmy Beach	01:07.026	00:15.957

#### 1:05 PM - Race #47 - B-Final

Place	Lane	Crew	Club	Time	Delta
1	9	Morgan CLAPP (U16)	Cobourg	00:59.081	00:00.000

2	8	Emma ZOLDY (U15)	Cobourg	00:59.528	00:00.447
3	4	Samantha SULA (U16)	Balmy Beach	01:00.441	00:01.360
4	6	Tula MORAWSKA (U17)	Richmond Hill	01:00.895	00:01.814
5	7	Alicia ZOLDY (U16)	Cobourg	01:01.371	00:02.290
6	5	Lucy PENNYFATHER (U16)	Burloak	01:01.409	00:02.328
7	3	Rachel MACINTOSH (U16)	Rideau	01:07.128	00:08.047
8	2	Catherine PENNEY (U16)	Burloak	01:10.697	00:11.616
DNF	1	Diana CARRANCO (U17)	Rideau	00:00.000	00:00.000

### 1:10 PM - Race #48 - C-Final

Place	Lane	Crew	Club	Time	Delta
1	6	Roxanna KEMP (U19)	Carleton Place	01:00.696	00:00.000
2	8	Caitlin BOYLE (U15)	Balmy Beach	01:00.703	00:00.007
3	5	Madison VERNOOY (U16)	Burloak	01:01.245	00:00.549
4	4	Makenna HUMES (U17)	Burloak	01:02.658	00:01.962
5	3	Mackenzie JENKINS (U17)	Mississauga	01:05.858	00:05.162
6	7	Katie HOFEREK (U16)	Rideau	01:06.323	00:05.627
7	2	Jennifer CROSS (U17)	Rideau	01:06.435	00:05.739
8	9	Enara ITURREGUI (U16)	Sudbury	01:07.255	00:06.559
9	1	Elizabeth ZOUBAKINA (U15)	Richmond Hill	01:13.903	00:13.207

### 1:15 PM - Race #49 - D-Final

Place	Lane	Crew	Club	Time	Delta
1	9	Kaitlin WATSON (U16)	Cobourg	01:02.941	00:00.000
2	3	Zeyana LAPLANTE (U16)	Mississauga	01:03.313	00:00.372
3	2	Alexandra HUGHES (U16)	Burloak	01:03.418	00:00.477
4	6	Anya CHUPRYS (U15)	Burloak	01:03.427	00:00.486
5	8	Camille LOOPER (U15)	Burloak	01:03.808	00:00.867
6	7	Emma SEWELL (U17)	Balmy Beach	01:04.402	00:01.461
7	5	Olivia PETROFF (U19)	Balmy Beach	01:04.804	00:01.863
8	4	Samantha STEIN (U15)	Balmy Beach	01:06.290	00:03.349
9	1	Annie MESSENGER (U16)	Burloak	01:08.907	00:05.966

## Femmes OPEN C-1 200M

### 1:20 PM - Race #50 - A-Final

Place	Lane	Crew	Club	Time	Delta
1	5	Taylor POTTS (U23)	Balmy Beach	01:01.528	00:00.000
2	6	Megan SIBTHORPE (U23)	Rideau	01:02.610	00:01.082
3	7	Sheila MEHRVAR (U19)	Burloak	01:04.795	00:03.267
4	9	Emily HOWARD (U16)	Mississauga	01:04.913	00:03.385
5	8	Emily Hannah LITTLE (U17)	Burloak	01:06.181	00:04.653
6	3	Zaffia LAPLANTE (U19)	Mississauga	01:12.916	00:11.388
7	2	Kate SAMAN(U17)	Cobourg	01:14.220	00:12.692
8	4	Jillian PERRONE (U19)	Burloak	01:15.135	00:13.607
9	1	Lindsay IRWIN (U15)	Carleton Place	01:18.539	00:17.011

### 1:25 PM - Race #51 - B-Final

Place	Lane	Crew	Club	Time	Delta
1	6	Vanessa OLY (U19)	Mississauga	01:08.973	00:00.000
2	4	Courtney SPRATT (U16)	Rideau	01:10.693	00:01.720
3	5	Kyra WHITE (U19)	Burloak	01:12.333	00:03.360
4	7	Meg QUIGLEY (U16)	Cobourg	01:13.666	00:04.693
5	3	Casidy WILLIAMS (U15)	Cobourg	01:14.204	00:05.231
6	8	Emily JENKINS (U17)	Mississauga	01:14.646	00:05.673
7	9	Katie KELLY (U19)	Rideau	01:17.565	00:08.592
8	2	Kathleen MARTIN (U19)	Mississauga	01:17.854	00:08.881
9	1	Natalie STRINGER (U16)	Mississauga	01:23.044	00:14.071
DSQ	0	MacKenzie SPARKS (U15)	Pickering Rouge	00:00.000	00:00.000

### 1:30 PM - Race #52 - C-Final

Place	Lane	Crew	Club	Time	Delta

## Open Mmen Paracanoes (All events) 200m

**1:35 PM - Race #53 - A-Final**

Place	Lane	Crew	Club	Time	Delta
1	5	Jeff VIRGO	Balmy Beach	01:08.330	00:00.000
2	4	Suleiman MUSE	Balmy Beach	01:22.130	00:13.800

**Open Women Paracanoë (All events) 200m****1:40 PM - Race #54 - A-Final**

Place	Lane	Crew	Club	Time	Delta
1	5	Erica SCARFF	Balmy Beach	01:10.207	00:00.000
2	4	Draga CULJAK	Balmy Beach	01:21.949	00:11.742

**Open Men K-1 1000m**

1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT to Final F; 9 next BT to Final G; rest to Final H

**2:30 PM - Race #55 - Heat 1 - Advancement/Progression: 1/4 + 4 next BT to SF; 9 next BT to Final**

Place	Lane	Crew	Club	Time	Delta
1	5	Angus MORTIMER	Rideau	04:13.206	00:00.000
2	4	Nicholas MATVEEV (U19)	Balmy Beach	04:28.709	00:15.503
3	6	Christian SPRANG (U17)	Burloak	04:29.285	00:16.079
4	8	Andrew HAYMAN (U15)	Ottawa	04:37.468	00:24.262
5	3	Adam NAGY (U19)	Richmond Hill	05:07.083	00:53.877
6	2	Justin RANCOURT (U17)	Ottawa	05:29.532	01:16.326
7	7	Connor PETROFF (U17)	Balmy Beach	05:36.658	01:23.452
8	1	William MANN (U16)	Pickering Rouge	06:40.131	02:26.925

**2:38 PM - Race #56 - Heat 2 - Advancement/Progression: 1/4 + 4 next BT to SF; 9 next BT to Final**

Place	Lane	Crew	Club	Time	Delta

1	5	Sam ROWORTH	Balmy Beach	04:23.197	00:00.000
2	4	Lochlen FARQUHARSON (U19)	Rideau	04:30.840	00:07.643
3	6	Joseph SPRATT (U19)	Rideau	04:32.477	00:09.280
4	1	Wade MACMILLAN (U19)	Carleton Place	04:42.188	00:18.991
5	8	Allin DEMOPOLIS (U16)	Burloak	04:51.671	00:28.474
6	3	Nikolas TSAOUSIDIS (U16)	Richmond Hill	05:04.138	00:40.941
7	7	Sean MACINTOSH (U16)	Rideau	05:14.316	00:51.119
8	2	Jacob SMITH (U16)	Rideau	05:27.980	01:04.783

**2:45 PM - Race #57 - Heat 3 - Advancement/Progression: 1/4 + 4 next BT to SF; 9 next BT to Final**

Place	Lane	Crew	Club	Time	Delta
1	5	Eric ELLERY (U23)	Balmy Beach	04:26.882	00:00.000
2	4	Mitchell BARRON (U19)	Burloak	04:28.693	00:01.811
3	2	Oskar MORAWSKI (U16)	Richmond Hill	04:30.338	00:03.456
4	6	Nicholas BILLINGTON (U19)	Balmy Beach	04:33.293	00:06.411
5	1	Justin DOBSON (U16)	Carleton Place	04:49.392	00:22.510
6	3	Micheal DODARO (U17)	Burloak	04:55.660	00:28.778
7	8	Thomas PAQUETTE (U16)	Carleton Place	04:56.359	00:29.477
8	7	James MANN (U16)	Pickering Rouge	05:33.537	01:06.655

**2:53 PM - Race #58 - Heat 4 - Advancement/Progression: 1/4 + 4 next BT to SF; 9 next BT to Final**

Place	Lane	Crew	Club	Time	Delta
1	5	Anatoly MYKHAYLETSK (U23)	Balmy Beach	04:25.749	00:00.000
2	4	Scott BRADDON (U17)	Rideau	04:29.628	00:03.879
3	6	Aidan MESSENGER (U17)	Burloak	04:30.617	00:04.868
4	2	Isaac CLAPP (U17)	Cobourg	04:41.311	00:15.562
5	3	Aiden STEAD (U19)	Rideau	04:55.241	00:29.492
6	7	Alexander IVANOV (U15)	Richmond Hill	04:58.808	00:33.059
7	1	Michael CUZZETTO (U15)	Mississauga	05:53.217	01:27.468

**3:00 PM - Race #59 - Heat 5 - Advancement/Progression: 1/4 + 4 next BT to SF; 9 next BT to Final**

Place	Lane	Crew	Club	Time	Delta
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1	5	Keir JOHNSTON (U23)	Balmy Beach	04:20.708	00:00.000
2	6	David STEWART (U16)	Richmond Hill	04:24.301	00:03.593
3	4	Chris TABRI (U19)	Ottawa	04:26.358	00:05.650
4	8	Taylor BROOKS (U19)	Carleton Place	04:40.975	00:20.267
5	1	Alec BRADFORD (U19)	Rideau	04:41.980	00:21.272
6	3	Samuel LOOPER (U17)	Burloak	04:44.829	00:24.121
7	2	Alexander BOWMAN (U16)	Burloak	04:48.843	00:28.135
8	7	Jacob BENTLEY (U19)	Carleton Place	05:08.771	00:48.063

**3:08 PM - Race #60 - Heat 6 - Advancement/Progression: 1/4 + 4 next BT to SF; 9 next BT to Final**

Place	Lane	Crew	Club	Time	Delta
1	5	Nigel ROCKETT (U23)	Balmy Beach	04:32.861	00:00.000
2	6	Palmer LUMB (U16)	Balmy Beach	04:37.805	00:04.944
3	4	Harrison CHAMBERS (U19)	Mississauga	04:41.935	00:09.074
4	3	Kadan JOHNSON (U15)	Cobourg	04:43.376	00:10.515
5	8	Brendan ROGERS (U17)	Richmond Hill	04:49.187	00:16.326
6	7	Jacob HAMMEL (U16)	Rideau	04:59.063	00:26.202
7	1	Ryan HANDLER (U16)	Rideau	05:09.264	00:36.403
8	2	Alexis SAVARD-DROUIN (U15)	Burloak	05:25.033	00:52.172

**3:15 PM - Race #61 - Heat 7 - Advancement/Progression: 1/4 + 4 next BT to SF; 9 next BT to Final**

Place	Lane	Crew	Club	Time	Delta
1	5	Davis EVANS (U19)	Rideau	04:22.267	00:00.000
2	4	Mathieu SCHMIED (U19)	Balmy Beach	04:28.435	00:06.168
3	6	Bryan DAVEY (U16)	Rideau	04:36.055	00:13.788
4	8	Cameron LANG (U15)	Richmond Hill	04:38.185	00:15.918
5	7	Simon AMIRAULT (U19)	Carleton Place	04:51.789	00:29.522
6	3	Alexander MOSHER (U17)	Carleton Place	05:03.313	00:41.046
7	1	Alexander HOFEREK (U15)	Rideau	05:05.702	00:43.435
8	2	Warren LUNDY (U19)	Pickering Rouge	05:18.207	00:55.940

**3:23 PM - Race #62 - Heat 8 - Advancement/Progression: 1/4 + 4 next BT to SF; 9 next BT to Final**

Place	Lane	Crew	Club	Time	Delta
1	5	Victor TURCANU (U19)	Ottawa	04:20.961	00:00.000
2	4	Ryan NASH (U23)	Balmy Beach	04:26.529	00:05.568
3	6	Maxim ALEIXO (U16)	Burloak	04:27.512	00:06.551
4	8	Eric WESTON (U16)	Richmond Hill	04:42.867	00:21.906
5	1	Owen RAINBOTH (U16)	Rideau	04:53.559	00:32.598
6	3	Alexander SLAMEN (U17)	Balmy Beach	05:11.735	00:50.774
7	2	Aiden TYRRELL (U16)	Burloak	05:22.721	01:01.760
8	7	Matthew MCGARRITY (U16)	Rideau	05:23.943	01:02.982

**Open Men C-1 1000m**

1/6 + 3 next BT to SF; Rest to Final D

**3:30 PM - Race #63 - Heat 1 - Advancement/Progression: 1/6 + 3 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	7	Lucas TURNBULL (U16)	Balmy Beach	04:42.607	00:00.000
2	5	Thomas THRALL	Burloak	04:48.226	00:05.619
3	4	Sam PENNYFATHER (U19)	Burloak	05:08.893	00:26.286
4	6	Isiah HIGGS (U19)	Mississauga	05:17.036	00:34.429
5	3	Christopher CHAMBERS (U17)	Mississauga	05:21.007	00:38.400
6	2	Philippe TURCANU (U15)	Ottawa	05:43.071	01:00.464
7	1	Tiegan SCOTT (U17)	Rideau	05:47.529	01:04.922
8	8	David CARRANCO (U17)	Rideau	05:48.200	01:05.593

**3:38 PM - Race #64 - Heat 2 - Advancement/Progression: 1/6 + 3 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Jeremy STOTT (U23)	Mississauga	05:00.416	00:00.000
2	3	Isaac FINKELSTEIN (U16)	Rideau	05:06.898	00:06.482
3	4	Sean BARICH (U19)	Mississauga	05:12.916	00:12.500
4	8	Conor O'NEILL (U16)	Rideau	05:17.623	00:17.207
5	6	Daniel CUBA (U17)	Mississauga	05:22.717	00:22.301
6	7	Jack TUTTY (U16)	Mississauga	05:23.771	00:23.355

7	2	Gavin ANTAYA (U17)	Mississauga	07:44.263	02:43.847
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**3:45 PM - Race #65 - Heat 3 - Advancement/Progression: 1/6 + 3 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Douglas ELLERY	Balmy Beach	05:04.725	00:00.000
2	4	Nick BROWNLIE (U19)	Rideau	05:14.879	00:10.154
3	7	Kieran MOORFIELD-YEE (U16)	Balmy Beach	05:19.120	00:14.395
4	6	Jean Luc CINQ-MARS (U17)	Richmond Hill	05:38.803	00:34.078
5	8	Liam POWERS-KELLY (U16)	Rideau	05:41.478	00:36.753
6	3	Morgan MACDONALD (U16)	Mississauga	06:04.955	01:00.230
7	2	Lucas TARDIOLI (U19)	Rideau	06:46.079	01:41.354

**3:53 PM - Race #66 - Heat 4 - Advancement/Progression: 1/6 + 3 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Evan BEZEMER (U23)	Mississauga	04:54.547	00:00.000
2	4	Zacharie RICHARD (U19)	Rideau	05:06.052	00:11.505
3	2	James HICKS (U23)	Rideau	05:09.860	00:15.313
4	6	Samuel DJURFELDT (U16)	Mississauga	05:28.477	00:33.930
5	3	Colin MORAN (U16)	Mississauga	05:40.114	00:45.567
6	8	Adam RICHARD (U15)	Rideau	05:46.199	00:51.652
7	7	Austen BROWN (U17)	Rideau	05:46.391	00:51.844

**Ontario Team Trials - 2015-05-30 (Jour 1)**

**Open Women K-1 500m**

1/6 + 3 next BT to SF; Rest to Final D

**4:00 PM - Race #67 - Heat 1 - Advancement/Progression: 1/6 + 3 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	6	August SIBTHORPE (U19)	Rideau	02:10.236	00:00.000
2	5	Hayley PLANTE (U19)	Balmy Beach	02:14.614	00:04.378



3	4	Natalie DAVISON (U23)	Rideau	02:15.977	00:05.741
4	7	DANIELLE RUSSELL (U16)	Rideau	02:16.518	00:06.282
5	9	Jennifer CROSS (U17)	Rideau	02:23.610	00:13.374
6	3	Makenna HUMES (U17)	Burloak	02:31.274	00:21.038
7	8	Anya CHUPRYS (U15)	Burloak	02:36.297	00:26.061
8	1	Catherine PENNEY (U16)	Burloak	02:38.011	00:27.775
9	2	Zeyana LAPLANTE (U16)	Mississauga	02:44.570	00:34.334

**4:08 PM - Race #68 - Heat 2 - Advancement/Progression: 1/6 + 3 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Kate BRADDON (U19)	Rideau	02:15.419	00:00.000
2	4	Julia TOLJAGIC (U19)	Balmy Beach	02:32.022	00:16.603
3	2	Madison VERNOOY (U16)	Burloak	02:32.221	00:16.802
4	8	Elizabeth ZOUBAKINA (U15)	Richmond Hill	02:36.842	00:21.423
5	3	Emma ZOLDY (U15)	Cobourg	02:37.843	00:22.424
6	1	Morgan CLAPP (U16)	Cobourg	02:39.506	00:24.087
7	6	Mackenzie JENKINS (U17)	Mississauga	02:41.977	00:26.558
8	9	Enara ITURREGUI (U16)	Sudbury	02:42.734	00:27.315
9	7	Camille LOOPER (U15)	Burloak	02:47.347	00:31.928

**4:15 PM - Race #69 - Heat 3 - Advancement/Progression: 1/6 + 3 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Rowan HARDY-KAVANAGH (U19)	Rideau	02:22.970	00:00.000
2	4	Tula MORAWSKA (U17)	Richmond Hill	02:26.488	00:03.518
3	6	Rosalie CAPPUCCINO (U16)	Rideau	02:26.720	00:03.750
4	3	Lucy PENNYFATHER (U16)	Burloak	02:28.268	00:05.298
5	8	Annie MESSENGER (U16)	Burloak	02:39.307	00:16.337
6	7	Olivia PETROFF (U19)	Balmy Beach	02:41.913	00:18.943
7	9	Samantha STEIN (U15)	Balmy Beach	02:42.439	00:19.469
8	1	Rachel MACINTOSH (U16)	Rideau	02:43.908	00:20.938
9	2	Kaitlin WATSON (U16)	Cobourg	02:58.439	00:35.469

**4:23 PM - Race #70 - Heat 4 - Advancement/Progression: 1/6 + 3 next BT to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	GENEVIEVE L'ABBE (U19)	Ottawa	02:14.469	00:00.000
2	4	Samantha SULA (U16)	Balmy Beach	02:24.578	00:10.109
3	8	Diana CARRANCO (U17)	Rideau	02:32.106	00:17.637
4	7	Caitlin BOYLE (U15)	Balmy Beach	02:35.485	00:21.016
5	2	Roxanna KEMP (U19)	Carleton Place	02:36.193	00:21.724
6	1	Katie HOFEREK (U16)	Rideau	02:38.090	00:23.621
7	6	Alexandra HUGHES (U16)	Burloak	02:40.567	00:26.098
8	9	Emma SEWELL (U17)	Balmy Beach	02:41.790	00:27.321
9	3	Alicia ZOLDY (U16)	Cobourg	02:46.656	00:32.187
			TOTAL POINTS DAY 1		

**Open Women C1 - 200m (Day 2)****8:00 AM - Race #71 - Heat 1 - Advancement/Progression: 1st to Final A; 2/7 to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Taylor POTTS (U23)	Balmy Beach	00:52.889	00:00.000
2	4	Sheila MEHRVAR (U19)	Burloak	00:58.677	00:05.788
3	2	Emily HOWARD (U16)	Mississauga	01:03.239	00:10.350
4	6	Zaffia LAPLANTE (U19)	Mississauga	01:04.217	00:11.328
5	3	Kathleen MARTIN (U19)	Mississauga	01:05.152	00:12.263
6	8	Katie KELLY (U19)	Rideau	01:06.553	00:13.664
7	7	Casidy WILLIAMS (U15)	Cobourg	01:08.860	00:15.971

**8:05 AM - Race #72 - Heat 2 - Advancement/Progression: 1st to Final A; 2/7 to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Jillian PERRONE (U19)	Burloak	00:53.731	00:00.000
2	4	Emily Hannah LITTLE (U17)	Burloak	00:58.463	00:04.732
3	6	Kate SAMAN(U17)	Cobourg	01:03.628	00:09.897
4	3	Kyra WHITE (U19)	Burloak	01:03.882	00:10.151
5	2	Vanessa OLY (U19)	Mississauga	01:04.424	00:10.693

6	7	Meg QUIGLEY (U16)	Cobourg	01:04.727	00:10.996
7	8	MacKenzie SPARKS (U15)	Pickering Rouge	01:23.542	00:29.811

**8:10 AM - Race #73 - Heat 3 - Advancement/Progression: 1st to Final A; 2/7 to SF; Rest Out**

Place	Lane	Crew	Club	Time	Delta
1	5	Megan SIBTHORPE (U23)	Rideau	00:57.009	00:00.000
2	4	Courtney SPRATT (U16)	Rideau	00:58.507	00:01.498
3	6	Lindsay IRWIN (U15)	Carleton Place	00:59.417	00:02.408
4	3	Emily JENKINS (U17)	Mississauga	01:04.893	00:07.884
5	7	Natalie STRINGER (U16)	Mississauga	01:11.478	00:14.469

**Open Men K-1 1000m**

**8:20 AM - Race #74 - Semi 1 - Advancement/Progression: 1/2 + next BT to Final A; 3x3rd + 4x4th**

Place	Lane	Crew	Club	Time	Delta
1	5	Angus MORTIMER	Rideau	03:52.841	00:00.000
2	4	Scott BRADDON (U17)	Rideau	03:53.490	00:00.649
3	6	Keir JOHNSTON (U23)	Balmy Beach	03:53.890	00:01.049
4	3	Ryan NASH (U23)	Balmy Beach	04:02.463	00:09.622
5	2	Wade MACMILLAN (U19)	Carleton Place	04:03.154	00:10.313
6	9	Kadan JOHNSON (U15)	Cobourg	04:04.809	00:11.968
7	7	Oskar MORAWSKI (U16)	Richmond Hill	04:05.219	00:12.378
8	8	Bryan DAVEY (U16)	Rideau	04:06.372	00:13.531
9	1	Alec BRADFORD (U19)	Rideau	04:14.431	00:21.590

**8:28 AM - Race #75 - Semi 2 - Advancement/Progression: 1/2 + next BT to Final A; 3x3rd + 4x4th**

Place	Lane	Crew	Club	Time	Delta
1	5	Sam ROWORTH	Balmy Beach	03:48.981	00:00.000
2	4	Nicholas MATVEEV (U19)	Balmy Beach	03:49.983	00:01.002
3	6	Nigel ROCKETT (U23)	Balmy Beach	03:51.031	00:02.050
4	7	Aidan MESSENGER (U17)	Burloak	04:08.807	00:19.826

5	8	Maxim ALEIXO (U16)	Burloak	04:10.300	00:21.319
6	3	David STEWART (U16)	Richmond Hill	04:12.915	00:23.934
7	1	Cameron LANG (U15)	Richmond Hill	04:15.192	00:26.211
8	2	Nicholas BILLINGTON (U19)	Balmy Beach	04:15.264	00:26.283
9	9	Samuel LOOPER (U17)	Burloak	04:21.165	00:32.184

**8:35 AM - Race #76 - Semi 3 - Advancement/Progression: 1/2 + next BT to Final A; 3x3rd + 4x4th**

Place	Lane	Crew	Club	Time	Delta
1	5	Eric ELLERY (U23)	Balmy Beach	03:51.128	00:00.000
2	6	Davis EVANS (U19)	Rideau	03:52.631	00:01.503
3	4	Lochlen FARQUHARSON (U19)	Rideau	03:53.427	00:02.299
4	7	Christian SPRANG (U17)	Burloak	03:58.453	00:07.325
5	3	Palmer LUMB (U16)	Balmy Beach	03:59.996	00:08.868
6	8	Chris TABRI (U19)	Ottawa	04:01.468	00:10.340
7	2	Isaac CLAPP (U17)	Cobourg	04:09.838	00:18.710
8	1	Alexander BOWMAN (U16)	Burloak	04:32.558	00:41.430
9	9	Eric WESTON (U16)	Richmond Hill	04:36.144	00:45.016

**8:43 AM - Race #77 - Semi 4 - Advancement/Progression: 1/2 + next BT to Final A; 3x3rd + 4x4th**

Place	Lane	Crew	Club	Time	Delta
1	5	Anatolyy MYKHAYLETSK (U23)	Balmy Beach	03:54.276	00:00.000
2	6	Victor TURCANU (U19)	Ottawa	03:56.704	00:02.428
3	3	Mitchell BARRON (U19)	Burloak	03:59.308	00:05.032
4	7	Joseph SPRATT (U19)	Rideau	04:06.200	00:11.924
5	4	Mathieu SCHMIED (U19)	Balmy Beach	04:09.830	00:15.554
6	8	Andrew HAYMAN (U15)	Ottawa	04:11.759	00:17.483
7	2	Harrison CHAMBERS (U19)	Mississauga	04:15.627	00:21.351
8	1	Taylor BROOKS (U19)	Carleton Place	04:22.894	00:28.618
9	9	Brendan ROGERS (U17)	Richmond Hill	04:29.750	00:35.474

**Open Men C-1 1000m**

1/3 to Final A; 4/6 to Final B; 7/9 to Final C

**8:50 AM - Race #78 - Semi 1 - Advancement/Progression: 1/3 to Final A; 4/6 to Final B; 7/9 to Fin**

Place	Lane	Crew	Club	Time	Delta
1	4	Isaac FINKELSTEIN (U16)	Rideau	04:20.993	00:00.000
2	5	Lucas TURNBULL (U16)	Balmy Beach	04:21.428	00:00.435
3	8	Christopher CHAMBERS (U17)	Mississauga	04:34.007	00:13.014
4	7	Samuel DJURFELDT (U16)	Mississauga	04:40.810	00:19.817
5	3	James HICKS (U23)	Rideau	04:44.005	00:23.012
6	1	Jack TUTTY (U16)	Mississauga	04:56.930	00:35.937
7	2	Liam POWERS-KELLY (U16)	Rideau	04:58.266	00:37.273
8	6	Nick BROWNLIE (U19)	Rideau	05:15.806	00:54.813
9	9	Austen BROWN (U17)	Rideau	05:31.635	01:10.642

**8:58 AM - Race #79 - Semi 2 - Advancement/Progression: 1/3 to Final A; 4/6 to Final B; 7/9 to Fin**

Place	Lane	Crew	Club	Time	Delta
1	5	Jeremy STOTT (U23)	Mississauga	04:15.818	00:00.000
2	6	Sam PENNYFATHER (U19)	Burloak	04:19.559	00:03.741
3	7	Jean Luc CINQ-MARS (U17)	Richmond Hill	04:31.811	00:15.993
4	8	Daniel CUBA (U17)	Mississauga	04:32.602	00:16.784
5	4	Zacharie RICHARD (U19)	Rideau	04:38.586	00:22.768
6	3	Kieran MOORFIELD-YEE (U16)	Balmy Beach	04:41.790	00:25.972
7	2	Isiah HIGGS (U19)	Mississauga	04:46.232	00:30.414
8	1	Tiegan SCOTT (U17)	Rideau	04:48.963	00:33.145
9	9	Adam RICHARD (U15)	Rideau	05:26.727	01:10.909

**9:05 AM - Race #80 - Semi 3 - Advancement/Progression: 1/3 to Final A; 4/6 to Final B; 7/9 to Fin**

Place	Lane	Crew	Club	Time	Delta
1	6	Thomas THRALL	Burloak	04:10.298	00:00.000
2	4	Douglas ELLERY	Balmy Beach	04:13.130	00:02.832
3	5	Evan BEZEMER (U23)	Mississauga	04:27.003	00:16.705
4	3	Sean BARICH (U19)	Mississauga	04:33.080	00:22.782
5	8	Morgan MACDONALD (U16)	Mississauga	04:39.714	00:29.416
6	1	Philippe TURCANU (U15)	Ottawa	04:50.236	00:39.938
7	2	Colin MORAN (U16)	Mississauga	04:57.426	00:47.128
8	7	Conor O'NEILL (U16)	Rideau	05:03.410	00:53.112

9	9	David CARRANCO (U17)	Rideau	05:03.450	00:53.152
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### Open Women K-1 500m

1/3 to Final A; 4/6 to Final B; 7/9 to Final C

#### 9:13 AM - Race #81 - Semi 1 - Advancement/Progression: 1/3 to Final A; 4/6 to Final B; 7/9 to Fin

Place	Lane	Crew	Club	Time	Delta
1	4	Hayley PLANTE (U19)	Balmy Beach	02:02.834	00:00.000
2	6	Kate BRADDON (U19)	Rideau	02:04.237	00:01.403
3	5	GENEVIEVE L'ABBE (U19)	Ottawa	02:05.669	00:02.835
4	7	Lucy PENNYFATHER (U16)	Burloak	02:16.105	00:13.271
5	2	Roxanna KEMP (U19)	Carleton Place	02:16.379	00:13.545
6	3	Rosalie CAPPUCCINO (U16)	Rideau	02:21.997	00:19.163
7	8	Makenna HUMES (U17)	Burloak	02:25.876	00:23.042
8	1	Morgan CLAPP (U16)	Cobourg	02:26.792	00:23.958
9	9	Anya CHUPRYS (U15)	Burloak	02:29.765	00:26.931

#### 9:20 AM - Race #82 - Semi 2 - Advancement/Progression: 1/3 to Final A; 4/6 to Final B; 7/9 to Fin

Place	Lane	Crew	Club	Time	Delta
1	6	Natalie DAVISON (U23)	Rideau	02:08.016	00:00.000
2	5	Rowan HARDY-KAVANAGH (U19)	Rideau	02:08.987	00:00.971
3	4	Samantha SULA (U16)	Balmy Beach	02:10.897	00:02.881
4	8	Jennifer CROSS (U17)	Rideau	02:16.626	00:08.610
5	3	Madison VERNOOY (U16)	Burloak	02:22.404	00:14.388
6	1	Catherine PENNEY (U16)	Burloak	02:24.351	00:16.335
7	2	Caitlin BOYLE (U15)	Balmy Beach	02:24.702	00:16.686
8	9	Olivia PETROFF (U19)	Balmy Beach	02:29.620	00:21.604
9	7	Elizabeth ZOUBAKINA (U15)	Richmond Hill	02:34.568	00:26.552

#### 9:28 AM - Race #83 - Semi 3 - Advancement/Progression: 1/3 to Final A; 4/6 to Final B; 7/9 to Fin

Place	Lane	Crew	Club	Time	Delta
1	5	August SIBTHORPE (U19)	Rideau	02:05.910	00:00.000
2	4	Tula MORAWSKA (U17)	Richmond Hill	02:12.759	00:06.849

3	7	DANIELLE RUSSELL (U16)	Rideau	02:12.778	00:06.868
4	2	Emma ZOLDY (U15)	Cobourg	02:19.199	00:13.289
5	6	Julia TOLJAGIC (U19)	Balmy Beach	02:20.126	00:14.216
6	3	Diana CARRANCO (U17)	Rideau	02:23.163	00:17.253
7	9	Katie HOFEREK (U16)	Rideau	02:25.505	00:19.595
8	1	Alexandra HUGHES (U16)	Burloak	02:30.028	00:24.118
9	8	Annie MESSENGER (U16)	Burloak	02:32.367	00:26.457

### Open Women C1 - 200m (Day 2)

1/3 to Final A; 4/7 + next BT to Final B; Rest to Final C

#### 9:38 AM - Race #84 - Semi 1 - Advancement/Progression: 1/3 to Final A; 4/7 + next BT to Final B;

Place	Lane	Crew	Club	Time	Delta
1	5	Sheila MEHRVAR (U19)	Burloak	00:57.512	00:00.000
2	6	Lindsay IRWIN (U15)	Carleton Place	00:58.548	00:01.036
3	4	Kate SAMAN(U17)	Cobourg	01:00.817	00:03.305
4	2	Vanessa OLY (U19)	Mississauga	01:02.612	00:05.100
5	3	Emily JENKINS (U17)	Mississauga	01:03.462	00:05.950
6	7	Zaffia LAPLANTE (U19)	Mississauga	01:04.805	00:07.293
7	1	Katie KELLY (U19)	Rideau	01:08.177	00:10.665
8	8	MacKenzie SPARKS (U15)	Pickering Rouge	01:14.602	00:17.090

#### 9:43 AM - Race #85 - Semi 2 - Advancement/Progression: 1/3 to Final A; 4/7 + next BT to Final B;

Place	Lane	Crew	Club	Time	Delta
1	5	Emily Hannah LITTLE (U17)	Burloak	00:55.633	00:00.000
2	4	Courtney SPRATT (U16)	Rideau	00:58.735	00:03.102
3	6	Emily HOWARD (U16)	Mississauga	01:01.077	00:05.444
4	8	Meg QUIGLEY (U16)	Cobourg	01:02.797	00:07.164
5	7	Kathleen MARTIN (U19)	Mississauga	01:03.255	00:07.622
6	3	Kyra WHITE (U19)	Burloak	01:03.298	00:07.665
7	1	Casidy WILLIAMS (U15)	Cobourg	01:06.858	00:11.225
8	2	Natalie STRINGER (U16)	Mississauga	01:09.251	00:13.618

### Open Men K-1 1000m

**11:00 AM - Race #86 - A-Final**

Place	Lane	Crew	Club	Time	Delta
1	5	Angus MORTIMER	Rideau	03:41.590	00:00.000
2	4	Sam ROWORTH	Balmy Beach	03:46.766	00:05.176
3	3	Anatolyy MYKHAYLETSK (U23)	Balmy Beach	03:49.798	00:08.208
4	6	Eric ELLERY (U23)	Balmy Beach	03:50.451	00:08.861
5	7	Nicholas MATVEEV (U19)	Balmy Beach	03:50.477	00:08.887
6	1	Nigel ROCKETT (U23)	Balmy Beach	03:50.930	00:09.340
7	8	Scott BRADDON (U17)	Rideau	03:56.344	00:14.754
8	2	Davis EVANS (U19)	Rideau	03:56.786	00:15.196
9	9	Victor TURCANU (U19)	Ottawa	04:05.775	00:24.185

**11:08 AM - Race #87 - B-Final**

Place	Lane	Crew	Club	Time	Delta
1	5	Lochlen FARQUHARSON (U19)	Rideau	03:56.203	00:00.000
2	4	Mitchell BARRON (U19)	Burloak	03:56.208	00:00.005
3	1	Palmer LUMB (U16)	Balmy Beach	04:02.551	00:06.348
4	8	Joseph SPRATT (U19)	Rideau	04:03.493	00:07.290
5	6	Keir JOHNSTON (U23)	Balmy Beach	04:03.854	00:07.651
6	7	Christian SPRANG (U17)	Burloak	04:06.287	00:10.084
7	9	Wade MACMILLAN (U19)	Carleton Place	04:08.699	00:12.496
8	2	Aidan MESSENGER (U17)	Burloak	04:10.954	00:14.751
9	3	Ryan NASH (U23)	Balmy Beach	04:19.026	00:22.823

**11:15 AM - Race #88 - C-Final**

Place	Lane	Crew	Club	Time	Delta
1	2	Chris TABRI (U19)	Ottawa	04:04.205	00:00.000
2	5	Mathieu SCHMIED (U19)	Balmy Beach	04:04.723	00:00.518
3	3	David STEWART (U16)	Richmond Hill	04:06.611	00:02.406
4	4	Kadan JOHNSON (U15)	Cobourg	04:07.683	00:03.478



5	6	Maxim ALEIXO (U16)	Burloak	04:09.508	00:05.303
6	8	Oskar MORAWSKI (U16)	Richmond Hill	04:12.269	00:08.064
7	1	Bryan DAVEY (U16)	Rideau	04:13.460	00:09.255
8	9	Isaac CLAPP (U17)	Cobourg	04:13.465	00:09.260
9	7	Andrew HAYMAN (U15)	Ottawa	04:18.083	00:13.878

#### 11:23 AM - Race #89 - D-Final

Place	Lane	Crew	Club	Time	Delta
1	3	Harrison CHAMBERS (U19)	Mississauga	04:11.304	00:00.000
2	6	Nicholas BILLINGTON (U19)	Balmy Beach	04:15.708	00:04.404
3	5	Alec BRADFORD (U19)	Rideau	04:17.519	00:06.215
4	7	Samuel LOOPER (U17)	Burloak	04:18.550	00:07.246
5	4	Cameron LANG (U15)	Richmond Hill	04:19.093	00:07.789
6	1	Alexander BOWMAN (U16)	Burloak	04:25.728	00:14.424
7	2	Taylor BROOKS (U19)	Carleton Place	04:26.593	00:15.289
8	8	Brendan ROGERS (U17)	Richmond Hill	04:29.205	00:17.901
9	9	Eric WESTON (U16)	Richmond Hill	04:36.803	00:25.499

#### 11:30 AM - Race #90 - E-Final

Place	Lane	Crew	Club	Time	Delta
1	4	Allin DEMOPOLIS (U16)	Burloak	04:14.197	00:00.000
2	5	Justin DOBSON (U16)	Carleton Place	04:14.799	00:00.602
3	7	Aiden STEAD (U19)	Rideau	04:19.803	00:05.606
4	3	Owen RAINBOTH (U16)	Rideau	04:21.246	00:07.049
5	9	Jacob HAMMEL (U16)	Rideau	04:24.358	00:10.161
6	6	Simon AMIRAULT (U19)	Carleton Place	04:26.500	00:12.303
7	8	Thomas PAQUETTE (U16)	Carleton Place	04:27.760	00:13.563
8	2	Micheal DODARO (U17)	Burloak	04:31.468	00:17.271
9	1	Alexander IVANOV (U15)	Richmond Hill	04:31.544	00:17.347

#### 11:38 AM - Race #91 - F-Final

Place	Lane	Crew	Club	Time	Delta

1	4	Nikolas TSAOUSIDIS (U16)	Richmond Hill	04:20.364	00:00.000
2	2	Ryan HANDLER (U16)	Rideau	04:24.255	00:03.891
3	3	Adam NAGY (U19)	Richmond Hill	04:25.487	00:05.123
4	6	Alexander HOFEREK (U15)	Rideau	04:28.975	00:08.611
5	5	Alexander MOSHER (U17)	Carleton Place	04:32.446	00:12.082
6	7	Jacob BENTLEY (U19)	Carleton Place	04:36.198	00:15.834
7	1	Sean MACINTOSH (U16)	Rideau	04:39.014	00:18.650
8	9	Warren LUNDY (U19)	Pickering Rouge	04:41.298	00:20.934
9	8	Alexander SLAMEN (U17)	Balmy Beach	04:49.679	00:29.315

#### 11:45 AM - Race #92 - G-Final

Place	Lane	Crew	Club	Time	Delta
1	7	Justin RANCOURT (U17)	Ottawa	04:33.713	00:00.000
2	6	Alexis SAVARD-DROUIN (U15)	Burloak	04:38.125	00:04.412
3	3	Jacob SMITH (U16)	Rideau	04:42.675	00:08.962
4	8	Connor PETROFF (U17)	Balmy Beach	04:55.167	00:21.454
5	5	Aiden TYRRELL (U16)	Burloak	05:00.782	00:27.069
6	2	James MANN (U16)	Pickering Rouge	05:01.243	00:27.530
7	1	Michael CUZZETTO (U15)	Mississauga	05:02.160	00:28.447
8	4	Matthew MCGARRITY (U16)	Rideau	05:02.514	00:28.801
SCR	9	William MANN (U16)	Pickering Rouge	00:00.000	00:00.000

#### 11:53 AM - Race #93 - H-Final

Place	Lane	Crew	Club	Time	Delta

#### Open Men C-1 1000m

#### 12:00 PM - Race #94 - A-Final

Place	Lane	Crew	Club	Time	Delta
1	6	Thomas THRALL	Burloak	04:05.794	00:00.000
2	4	Jeremy STOTT (U23)	Mississauga	04:11.477	00:05.683
3	7	Sam PENNYFATHER (U19)	Burloak	04:11.891	00:06.097

4	2	Douglas ELLERY	Balmy Beach	04:13.170	00:07.376
5	9	Evan BEZEMER (U23)	Mississauga	04:18.412	00:12.618
6	5	Isaac FINKELSTEIN (U16)	Rideau	04:22.344	00:16.550
7	1	Jean Luc CINQ-MARS (U17)	Richmond Hill	04:41.387	00:35.593
8	8	Christopher CHAMBERS (U17)	Mississauga	04:43.490	00:37.696
DNF	3	Lucas TURNBULL (U16)	Balmy Beach	00:00.000	00:00.000

#### 12:08 PM - Race #95 - B-Final

Place	Lane	Crew	Club	Time	Delta
1	3	Zacharie RICHARD (U19)	Rideau	04:25.775	00:00.000
2	4	Sean BARICH (U19)	Mississauga	04:27.012	00:01.237
3	6	Daniel CUBA (U17)	Mississauga	04:29.431	00:03.656
4	8	Morgan MACDONALD (U16)	Mississauga	04:30.666	00:04.891
5	7	James HICKS (U23)	Rideau	04:36.625	00:10.850
6	1	Kieran MOORFIELD-YEE (U16)	Balmy Beach	04:37.304	00:11.529
7	5	Samuel DJURFELDT (U16)	Mississauga	04:44.463	00:18.688
8	9	Philippe TURCANU (U15)	Ottawa	04:53.230	00:27.455
9	2	Jack TUTTY (U16)	Mississauga	05:11.493	00:45.718

#### 12:15 PM - Race #96 - C-Final

Place	Lane	Crew	Club	Time	Delta
1	5	Isiah HIGGS (U19)	Mississauga	04:35.681	00:00.000
2	4	Tiegan SCOTT (U17)	Rideau	04:37.846	00:02.165
3	6	Colin MORAN (U16)	Mississauga	04:42.122	00:06.441
4	7	Conor O'NEILL (U16)	Rideau	04:48.012	00:12.331
5	3	Liam POWERS-KELLY (U16)	Rideau	04:49.803	00:14.122
6	2	David CARRANCO (U17)	Rideau	05:07.549	00:31.868
7	1	Adam RICHARD (U15)	Rideau	05:19.994	00:44.313
SCR	8	Nick BROWNLIE (U19)	Rideau	00:00.000	00:00.000
DNS	9	Austen BROWN (U17)	Rideau	00:00.000	00:00.000

#### 12:23 PM - Race #97 - D-Final

Place	Lane	Crew	Club	Time	Delta
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1	5	Lucas TARDIOLI (U19)	Rideau	04:52.482	00:00.000
SCR	4	Gavin ANTAYA (U17)	Mississauga	00:00.000	00:00.000

## Open Women K-1 500m

### 12:33 PM - Race #98 - A-Final

Place	Lane	Crew	Club	Time	Delta
1	5	Hayley PLANTE (U19)	Balmy Beach	02:00.444	00:00.000
2	6	August SIBTHORPE (U19)	Rideau	02:01.761	00:01.317
3	3	Kate BRADDON (U19)	Rideau	02:03.614	00:03.170
4	8	GENEVIEVE L'ABBE (U19)	Ottawa	02:03.814	00:03.370
5	4	Natalie DAVISON (U23)	Rideau	02:06.658	00:06.214
6	7	Rowan HARDY-KAVANAGH (U19)	Rideau	02:08.310	00:07.866
7	1	Samantha SULA (U16)	Balmy Beach	02:10.303	00:09.859
8	9	DANIELLE RUSSELL (U16)	Rideau	02:12.442	00:11.998
9	2	Tula MORAWSKA (U17)	Richmond Hill	02:13.998	00:13.554

### 12:40 PM - Race #99 - B-Final

Place	Lane	Crew	Club	Time	Delta
1	5	Lucy PENNYFATHER (U16)	Burloak	02:13.143	00:00.000
2	7	Roxanna KEMP (U19)	Carleton Place	02:15.036	00:01.893
3	6	Jennifer CROSS (U17)	Rideau	02:15.931	00:02.788
4	4	Emma ZOLDY (U15)	Cobourg	02:16.081	00:02.938
5	8	Julia TOLJAGIC (U19)	Balmy Beach	02:17.468	00:04.325
6	2	Rosalie CAPPUCCINO (U16)	Rideau	02:17.803	00:04.660
7	3	Madison VERNOOY (U16)	Burloak	02:21.478	00:08.335
8	9	Diana CARRANCO (U17)	Rideau	02:22.942	00:09.799
9	1	Catherine PENNEY (U16)	Burloak	02:23.443	00:10.300

### 12:48 PM - Race #100 - C-Final

Place	Lane	Crew	Club	Time	Delta
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1	6	Makenna HUMES (U17)	Burloak	02:22.935	00:00.000
2	5	Caitlin BOYLE (U15)	Balmy Beach	02:23.681	00:00.746
3	4	Katie HOFEREK (U16)	Rideau	02:24.857	00:01.922
4	3	Morgan CLAPP (U16)	Cobourg	02:25.771	00:02.836
5	1	Annie MESSENGER (U16)	Burloak	02:27.081	00:04.146
6	2	Anya CHUPRYS (U15)	Burloak	02:30.160	00:07.225
7	8	Alexandra HUGHES (U16)	Burloak	02:30.285	00:07.350
8	7	Olivia PETROFF (U19)	Balmy Beach	02:30.649	00:07.714
9	9	Elizabeth ZOUBAKINA (U15)	Richmond Hill	02:33.982	00:11.047

### 12:55 PM - Race #101 - D-Final

Place	Lane	Crew	Club	Time	Delta
1	7	Rachel MACINTOSH (U16)	Rideau	02:23.581	00:00.000
2	4	Mackenzie JENKINS (U17)	Mississauga	02:25.828	00:02.247
3	8	Alicia ZOLDY (U16)	Cobourg	02:27.954	00:04.373
4	5	Emma SEWELL (U17)	Balmy Beach	02:33.225	00:09.644
5	1	Camille LOOPER (U15)	Burloak	02:33.485	00:09.904
6	2	Zeyana LAPLANTE (U16)	Mississauga	02:35.554	00:11.973
7	6	Samantha STEIN (U15)	Balmy Beach	02:35.890	00:12.309
8	9	Kaitlin WATSON (U16)	Cobourg	02:35.960	00:12.379
9	3	Enara ITURREGUI (U16)	Sudbury	02:38.162	00:14.581

### 1:05 PM - Race #102 - A-Final

Place	Lane	Crew	Club	Time	Delta
1	5	Taylor POTTS (U23)	Balmy Beach	00:51.473	00:00.000
2	4	Jillian PERRONE (U19)	Burloak	00:53.241	00:01.768
3	6	Megan SIBTHORPE (U23)	Rideau	00:55.739	00:04.266
4	7	Emily Hannah LITTLE (U17)	Burloak	00:56.456	00:04.983
5	3	Sheila MEHRVAR (U19)	Burloak	00:56.789	00:05.316
6	2	Courtney SPRATT (U16)	Rideau	00:57.953	00:06.480
7	8	Lindsay IRWIN (U15)	Carleton Place	00:59.287	00:07.814
8	1	Kate SAMAN(U17)	Cobourg	01:03.948	00:12.475
9	9	Emily HOWARD (U16)	Mississauga	01:04.284	00:12.811

**1:10 PM - Race #103 - B-Final**

Place	Lane	Crew	Club	Time	Delta
1	7	Zaffia LAPLANTE (U19)	Mississauga	01:03.423	00:00.000
2	4	Meg QUIGLEY (U16)	Cobourg	01:04.477	00:01.054
3	3	Emily JENKINS (U17)	Mississauga	01:04.862	00:01.439
4	5	Vanessa OLY (U19)	Mississauga	01:05.098	00:01.675
5	2	Kyra WHITE (U19)	Burloak	01:05.943	00:02.520
6	6	Kathleen MARTIN (U19)	Mississauga	01:07.302	00:03.879
7	1	Katie KELLY (U19)	Rideau	01:08.597	00:05.174
8	8	Casidy WILLIAMS (U15)	Cobourg	01:12.326	00:08.903
9	9	Natalie STRINGER (U16)	Mississauga	01:14.206	00:10.783
10	0	MacKenzie SPARKS (U15)	Pickering Rouge	01:21.681	00:18.258

**1:15 PM - Race #104 - C-Final**

Place	Lane	Crew	Club	Time	Delta

**U18 Men K-1 500m (non selection event)****1:30 PM - Race #105 - A-Final**

Place	Lane	Crew	Club	Time	Delta
1	7	Joseph SPRATT (U19)	Rideau	01:49.305	00:00.000
2	6	Lochlen FARQUHARSON (U19)	Rideau	01:49.497	00:00.192
3	4	Scott BRADDON (U17)	Rideau	01:50.177	00:00.872
4	1	Aidan MESSENGER (U17)	Burloak	01:51.315	00:02.010
5	3	Mitchell BARRON (U19)	Burloak	01:53.033	00:03.728
6	9	David STEWART (U16)	Richmond Hill	01:53.363	00:04.058
7	2	Wade MACMILLAN (U19)	Carleton Place	01:53.872	00:04.567
8	8	Christian SPRANG (U17)	Burloak	01:54.501	00:05.196

**1:35 PM - Race #106 - B-Final**

Place	Lane	Crew	Club	Time	Delta
1	6	Bryan DAVEY (U16)	Rideau	01:55.880	00:00.000
2	7	Isaac CLAPP (U17)	Cobourg	01:56.588	00:00.708
3	8	Samuel LOOPER (U17)	Burloak	01:58.435	00:02.555
4	5	Maxim ALEIXO (U16)	Burloak	01:59.197	00:03.317
5	4	Kadan JOHNSON (U15)	Cobourg	01:59.417	00:03.537
6	2	Andrew HAYMAN (U15)	Ottawa	01:59.544	00:03.664
7	3	Oskar MORAWSKI (U16)	Richmond Hill	02:00.117	00:04.237
8	9	Cameron LANG (U15)	Richmond Hill	02:02.038	00:06.158
9	1	Alexander BOWMAN (U16)	Burloak	02:05.298	00:09.418

#### 1:40 PM - Race #107 - C-Final

Place	Lane	Crew	Club	Time	Delta
1	3	Allin DEMOPOLIS (U16)	Burloak	01:57.676	00:00.000
2	2	Justin DOBSON (U16)	Carleton Place	01:58.860	00:01.184
3	7	Aiden STEAD (U19)	Rideau	01:59.142	00:01.466
4	9	Simon AMIRAUULT (U19)	Carleton Place	02:01.354	00:03.678
5	5	Taylor BROOKS (U19)	Carleton Place	02:02.664	00:04.988
6	8	Owen RAINBOTH (U16)	Rideau	02:02.719	00:05.043
7	4	Brendan ROGERS (U17)	Richmond Hill	02:04.092	00:06.416
8	1	Jacob HAMMEL (U16)	Rideau	02:04.139	00:06.463
9	6	Eric WESTON (U16)	Richmond Hill	02:05.088	00:07.412

#### 1:45 PM - Race #108 - D-Final

Place	Lane	Crew	Club	Time	Delta
1	7	Ryan HANDLER (U16)	Rideau	01:59.099	00:00.000
2	6	Nikolas TSAOUSIDIS (U16)	Richmond Hill	02:00.574	00:01.475
3	8	Alexander MOSHER (U17)	Carleton Place	02:01.145	00:02.046
4	2	Alexander HOFEREK (U15)	Rideau	02:05.827	00:06.728
5	5	Micheal DODARO (U17)	Burloak	02:07.016	00:07.917
6	9	Sean MACINTOSH (U16)	Rideau	02:07.899	00:08.800
7	1	Jacob BENTLEY (U19)	Carleton Place	02:08.152	00:09.053
8	4	Thomas PAQUETTE (U16)	Carleton Place	02:08.389	00:09.290

9	3	Alexander IVANOV (U15)	Richmond Hill	02:09.791	00:10.692
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**1:50 PM - Race #109 - E-Final**

Place	Lane	Crew	Club	Time	Delta
1	4	Justin RANCOURT (U17)	Ottawa	02:05.312	00:00.000
2	8	Jacob SMITH (U16)	Rideau	02:08.349	00:03.037
3	6	Alexis SAVARD-DROUIN (U15)	Burloak	02:11.907	00:06.595
4	5	Warren LUNDY (U19)	Pickering Rouge	02:12.451	00:07.139
5	7	Matthew MCGARRITY (U16)	Rideau	02:18.214	00:12.902
6	3	Aiden TYRRELL (U16)	Burloak	02:18.276	00:12.964
7	2	Michael CUZZETTO (U15)	Mississauga	02:23.292	00:17.980

**1:55 PM - Race #110 - F-Final**

Place	Lane	Crew	Club	Time	Delta

**U18 Men C-1 500m (non selection event)**

**2:00 PM - Race #111 - A-Final**

Place	Lane	Crew	Club	Time	Delta
1	5	Sam PENNYFATHER (U19)	Burloak	02:02.096	00:00.000
2	4	Isaac FINKELSTEIN (U16)	Rideau	02:05.381	00:03.285
3	3	Christopher CHAMBERS (U17)	Mississauga	02:08.518	00:06.422
4	6	Jean Luc CINQ-MARS (U17)	Richmond Hill	02:09.101	00:07.005
5	8	Samuel DJURFELDT (U16)	Mississauga	02:10.354	00:08.258
6	2	Daniel CUBA (U17)	Mississauga	02:16.969	00:14.873
7	9	Philippe TURCANU (U15)	Ottawa	02:17.086	00:14.990
8	1	Isiah HIGGS (U19)	Mississauga	02:19.910	00:17.814
9	7	Morgan MACDONALD (U16)	Mississauga	02:43.742	00:41.646

**2:05 PM - Race #112 - B-Final**

Place	Lane	Crew	Club	Time	Delta



1	5	Tiegan SCOTT (U17)	Rideau	02:12.049	00:00.000
2	6	Colin MORAN (U16)	Mississauga	02:16.377	00:04.328
3	7	Liam POWERS-KELLY (U16)	Rideau	02:17.599	00:05.550
4	3	Conor O'NEILL (U16)	Rideau	02:21.544	00:09.495
5	2	David CARRANCO (U17)	Rideau	02:26.342	00:14.293
6	1	Adam RICHARD (U15)	Rideau	02:40.173	00:28.124
SCR	9	Austen BROWN (U17)	Rideau	00:00.000	00:00.000
DNS	4	Lucas TURNBULL (U16)	Balmy Beach	00:00.000	00:00.000
SCR	8	Nick BROWNLIE (U19)	Rideau	00:00.000	00:00.000

### 2:10 PM - Race #113 - C-Final

Place	Lane	Crew	Club	Time	Delta

### U23 Womens C-1 500m (non selection event)

### 2:15 PM - Race #114 - A-Final

Place	Lane	Crew	Club	Time	Delta
1	8	Jillian PERRONE (U19)	Burloak	02:25.503	00:00.000
2	6	Emily Hannah LITTLE (U17)	Burloak	02:33.142	00:07.639
3	4	Sheila MEHRVAR (U19)	Burloak	02:35.556	00:10.053
4	1	Lindsay IRWIN (U15)	Carleton Place	02:37.012	00:11.509
5	3	Emily HOWARD (U16)	Mississauga	02:42.187	00:16.684
6	9	Vanessa OLY (U19)	Mississauga	02:43.665	00:18.162
7	2	Kate SAMAN(U17)	Cobourg	02:47.167	00:21.664
8	7	Zaffia LAPLANTE (U19)	Mississauga	02:56.025	00:30.522

### 2:20 PM - Race #115 - B-Final

Place	Lane	Crew	Club	Time	Delta
1	5	Courtney SPRATT (U16)	Rideau	02:36.200	00:00.000
2	7	Kathleen MARTIN (U19)	Mississauga	02:44.345	00:08.145
3	4	Kyra WHITE (U19)	Burloak	02:49.831	00:13.631

4	6	Katie KELLY (U19)	Rideau	02:53.659	00:17.459
5	3	Emily JENKINS (U17)	Mississauga	02:55.839	00:19.639
6	2	Natalie STRINGER (U16)	Mississauga	02:57.435	00:21.235

TOTAL POINTS DAY 2

TOTAL POINTS DAY 1