



ONTARIO CUP  
**LONG DISTANCE REGATTA**  
OTTAWA, ON 2019

CANOE KAYAK  
**ONTARIO**  
SPRINT



Eastern Ontario Division | Canoe Kayak Canada



Sunday, October 6, 2019



## Schedule

Time	Event
7:45 AM	Club Representative Meeting
8:30 AM	U14 & Novice Women's C1 - 12,000m (3 laps of 4km, 2 portages, no portage on last lap)
8:35 AM	U14 & Novice Men's K1 - 12,000m (3 laps of 4km, 2 portages, no portage on last lap)
8:40 AM	U14 & Novice Women's K1 - 12,000m (3 laps of 4km, 2 portages, no portage on last lap)
8:45 AM	U14 & Novice Men's C1 - 12,000m (3 laps of 4km, 2 portages, no portage on last lap)
10:30 AM	Senior Men's C1 & Senior Women's K1 - 20,000m (5 laps of 4km, 4 portages, no portage on last lap)
10:35 AM	Junior Women's K1 / Junior Men's C1 - 16,000m (4 laps of 4km, 3 portages, no portage on last lap)
10:40 AM	Masters Women's K1 / Masters Men's C1 - 16,000m (4 laps of 4km, 3 portages, no portage on last lap)
1:00 PM	Senior Men's K1 - 24,000m (6 laps of 4km, 5 portages, no portage on last lap)
1:05 PM	Junior Men's K1 - 16,000m (4 laps of 4km, 3 portages, no portage on last lap)
1:10 PM	4km, 3 portages, no portage on last lap) / Paracanoe - 12,000m (3 laps of 4km, no portages)



8:30 AM U14 Women's C1 - 12,000m (3 laps of 4km, 2 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
2	Anna Semeniuk	RCC	1	1:22.22
1	Elayna Brule	CPCC	2	1:28.51

8:30 AM Novice Women's C1 - 12,000m (3 laps of 4km, 2 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
	NO RACE			

8:35 AM U14 Men's K1 - 12,000m (3 laps of 4km, 2 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
7	Alistair van der Schee	RCC	1	1:06.07
11	Jonathan Bilewicz	PRCC	2	1:07.17
9	Dean Antonakos	CPCC	3	1:07.21
12	Julian Ribero	ORCC	4	1:11.56
8	Avery Duval	CPCC	5	1:13.27
10	Finn Petit-Carruthers	RHCC	6	1:17.22
13	Mark Vorobey	RHCC	7	1:17.23
6	Adam Jonsson	BBCC	8	1:27.57

8:35 AM Novice Men's K1 - 12,000m (3 laps of 4km, 2 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
14	Jake Foster	ORCC	1	1:19.44

8:40 AM U14 Women's K1 - 12,000m (3 laps of 4km, 2 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
18	Avery Durocher	NBCC	1	1:22.22
19	Julia Kennedy	ORCC	DNF	

8:40 AM Novice Women's K1 - 12,000m (3 laps of 4km, 2 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
21	Petra Teoch	ORCC	1	1:36.33



8:45 AM U14 Men's C1 - 12,000m (3 laps of 4km, 2 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
28	Nicholas Taljit	RCC	1	1:11.58
26	Stuart Bradley	RCC	2	1:12.39
30	JT Mollard	MCC	3	1:13.12
31	Jake LaFontaine	MCC	4	1:13.13
29	Konrad Morowski	RHCC	5	1:14.41
32	Aidan Haines	CPCC	6	1:17.57
27	Sawyer Brandino	CPCC	DNF	

8:45 AM Novice Men's C1 - 12,000m (3 laps of 4km, 2 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
	NO RACE			

10:35 AM Senior Men's C1 - 20,000m (5 laps of 4km, 4 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
38	Adam Richard	RCC	1	1:52.50

10:30 AM Senior Women's K1 - 20,000m (5 laps of 4km, 4 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
44	Hayley Conrad	RCC	1	1:50.36
42	Angelina Davidson	RHCC	2	1:50.38
43	Gen L'abbe	RHCC	3	1:52.21
45	Katy Stewart	RHCC	4	1:56.47
46	Natalie Smith	BBCC	5	2:07.11



10:35 AM Junior Women's K1 - 16,000m (4 laps of 4km, 3 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
67	Eva Looper	BCC	1	1:27.59
65	Alexandra Joab	RCC	2	1:28.43
63	Bridget Wodehouse	RHCC	3	1:30.31
51	Stephanie Draycott	BBCC	4	1:31.12
50	Sydney Doidge	BBCC	5	1:31.13
58	Gwyneth Durocher	CPCC	6	1:32.23
64	Alison Hayward	RCC	7	1:33.37
53	Maria Ivanov	RHCC	8	1:33.58
61	Cayley Fortier	RCC	9	1:34.35
62	Catherine Condinho	RHCC	10	1:35.50
60	Emily Best	CPCC	11	1:36.18
59	Grace Tsaousidis	RHCC	12	1:37.51
66	Abbey Cameron	CPCC	13	1:37.58
56	Ina Zeng	RCC	14	1:39.13
55	Kyla Drouin	RCC	15	1:39.14
52	Sierra Fallis	ORCC	16	1:45.30

10:35 AM Junior Men's C1 - 16,000m (4 laps of 4km, 3 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
75	Matthew O'Neill	RCC	1	1:24.20
80	Kieran Graham	RCC	2	1:26.16
78	Lucas Stringer	MCC	3	1:26.25
77	Marc Cinq-Mars	BBCC	4	1:27.59
74	Peter Bradley	RCC	5	1:29.56
79	Logan Gauthier	RCC	6	1:30.42
71	Zachary Kralik	MCC	7	1:33.02
76	Matthew Codben	RCC	8	1:34.11
73	Sam Smith	RCC	9	1:35.09
82	Nathan Oryschak	BCC	10	1:35.50
72	Vishva Prabhu	ORCC	DNF	
70	Zachary LaFontaine	MCC	DNF	

10:40 AM Masters Women's K1 - 16,000m (4 laps of 4km, 3 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
85	Edit Fried	PCCC	1	1:35.37
88	Meredith Curren	RCC	2	1:44.07
87	Heather MacIntosh	RCC	3	1:45.14
89	Viktorija Jackson	BBCC	4	1:47.15
86	Heather Barton	RCC	5	1:47.33



10:35 AM Masters Men's C1 - 16,000m (4 laps of 4km, 3 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
94	Chris Helyar	BBCC	1	1:45.35

1:00 PM Senior Men's K1 - 24,000m (6 laps of 4km, 5 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
4	Cameron Low	BBCC	1	1:54.06
6	David Stewart	RHCC	2	2:00.57
2	Alexander Hoferek	RCC	3	2:00.58
1	Aidan Dumont	CPCC	4	2:01.00
10	Alex Ivanov	RHCC	5	2:01.02
7	Lochlen Farquharson	RCC	6	2:02.39
5	Chris Tabri	RCC	7	2:02.40
8	Owen Hollowell	BBCC	8	2:14.47

1:05 PM Junior Men's K1 - 16,000m (4 laps of 4km, 3 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
22	Jacob Price	RCC	1	1:19.20
21	Hayden Kralik	MCC	2	1:19.57
14	Andrew Fanok	PRCC	3	1:21.00
15	Benoit Davies	RCC	4	1:21.47
31	Patrick Bilewicz	PRCC	5	1:22.19
27	Lucas Stein	BBCC	6	1:22.28
34	Scott Bentley	CPCC	7	1:23.28
23	Josh Mahoney	RCC	8	1:24.14
26	Kyle Jackson	BBCC	9	1:24.40
30	Noah Jonsson	BBCC	10	1:24.41
32	Patrick Harrington	RCC	11	1:26.06
19	Evan Volpini	SCC	12	1:29.18
33	Patrick Santos-Currie	RCC	13	1:30.10
25	Konrad Gortat	BBCC	14	1:31.13
39	Will McMahan	BBCC	15	01:31.3
29	Maxim Chitov	SCC	16	1:36.38
38	Victor Savulescu	ORCC	17	1:36.54
35	Shane Mahoney	RCC	18	1:39.30
16	Brett Jackson	BBCC	19	1:40.03
13	Mark McGarrit	RCC	20	1:42.06
36	Tom Rennick	RCC	21	1:44.17
17	Clayton Sibthorpe	RCC	DNF	
18	Colin Drain	ORCC	DNF	
37	Tyler Chenette	ORCC	DNF	



1:10 PM Masters Men's K1 - 16,000m (4 laps of 4km, 3 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
44	Mariusz Sykala	RCC	1	1:27.16
49	Alain Buliard	PCCC	2	1:27.20
48	Brett Stein	BBCC	3	1:29.30
46	Gonzalo Wills	RCC	4	1:29.41
47	Derek Mersereau	RCC	5	1:31.52
45	James McAvoy	ORCC	6	1:39.27

1:10 PM Senior Women's C1 - 16,000m (4 laps of 4km, 3 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
52	Heather Potkins	RCC	1	1:45.51

1:10 PM Junior Women's C1 - 16,000m (4 laps of 4km, 3 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
56	Amelia Wojtyk	RCC	1	1:39.17
62	Mila Souilliere	RCC	2	1:41.27
60	Mackenzie Haines	CPCC	3	1:43.37
59	Janina Winnicki	RCC	4	1:48.01
63	Teagan Tyrrell	BCC	5	1:48.36
58	Hayley Tutty	MCC	6	1:50.37
61	Madison Conrad	RCC	7	1:58.18

1:10 PM Masters Women's C1 - 16,000m (4 laps of 4km, 3 portages, no portage on last lap)

Lane	Crew	Club	Place	Time
66	Josée Pacquette	RCC	DNF	

1:10 PM Paracanoe - 12,000m (3 laps of 4km, no portages)

Lane	Crew	Club	Place	Time
70	Erica Scarff (KL3)	BBCC	1	1:11.26
73	Michael Trauner (VL3)	ORCC	1	1:18.24
72	Stefan Samoila (KL2)	BBCC	1	1:29.06
75	Richard Freeland (SO)	PRCC	1	1:32.45