

2022 Ontario Cup - Ontario Team Trials (Day 1) Order of Events

Time	Event	Race #	Distance	H/S/F
8:00	Open Women's K1	1	1000m	H1
8:07		2		H2
8:14		3		H3
8:21		4		H4
8:28		5		H5
8:35	Open Women's C1	6	1000m	H1
8:42		7		H2
8:49		8		H3
9:00	Open Men's K1	9	200m	H1
9:05		10		H2
9:10		11		H3
9:15		12		H4
9:20		13		H5
9:25		14		H6
9:30		15		H7
9:35	Open Men's C1	16	200m	H1
9:40		17		H2
9:45		18		H3
9:50	Open Para Men's KL3/KL2	19	200m	F1
9:55	Open Para Mixed VL/Women's KL	20	200m	F1
	Break			
10:15	Open Women's K1	21	1000m	S1
10:22		22		S2
10:29		23		S3
10:36		24		S4
10:43	Open Women's C1	25	1000m	S1
10:50		26		S2
11:00	Open Men's K1	27	200m	S1
11:05		28		S2
11:10		29		S3
11:15		30		S4
11:20	Open Men's C1	31	200m	S1
11:25		32		S2
11:30	Open Para Men's KL3/KL2	33	200m	F2
11:35	Open Para Mixed VL/Women's KL	34	200m	F2
	Lunch			
12:30	Open Women's K1	35	1000m	E
12:37		36		A
12:44	Open Women's C1	37	1000m	C
12:51		38		A
13:01	Open Men's K1	39	200m	G
13:06		40		F
13:11		41		E
13:16		42		A
13:21	Open Men's C1	43	200m	C
13:26		44		A
13:31	Open Para Men's KL3/KL2	45	200m	F3
13:36	Open Para Mixed VL/Women's KL	46	200m	F3
	Break			
14:10	Open Women's K1	47	500m	H1
14:15		48		H2
14:20		49		H3
14:25		50		H4
14:30		51		H5
14:35	Open Women's C1	52	500m	H1
14:40		53		H2
14:45		54		H3

14:50	Open Men's K1	55	500m	H1
14:55		56		H2
15:00		57		H3
15:05		58		H4
15:10		59		H5
15:15		60		H6
15:20		61		H7
15:25	Open Men's C1	62	500m	H1
15:30		63		H2
15:35		64		H3
15:40		65		H4
	Break			
16:20	Open Women's K1	66	500m	S1
16:25		67		S2
16:30		68		S3
16:35		69		S4
16:40	Open Women's C1	70	500m	S1
16:45		71		S2
16:50	Open Men's K1	72	500m	S1
16:55		73		S2
17:00		74		S3
17:05		75		S4
17:10	Open Men's C1	76	500m	S1
17:15		77		S2
17:20		78		S3

2022 Ontario Cup - Ontario Team Trials (Day 2) Order of Events

Time	Event	Race #	Distance	H/S/F
8:00	Open Women's K1	79	500m	E
8:05		80		D
8:10		81		C
8:15		82		B
8:20		83		A
8:25	Open Women's C1	84	500m	C
8:30		85		B
8:35		86		A
8:40	Men's K1	87	500m	G
8:45		88		F
8:50		89		E
8:55		90		D
9:00		91		C
9:05		92		B
9:10		93		A
9:15	Men's C1	94	500m	D
9:20		95		C
9:25		96		B
9:30		97		A
	Break			
9:50	Open Women's K1	98	200m	H1
9:55		99		H2
10:00		100		H3
10:05		101		H4
10:10		102		H5
10:15	Open Women's C1	103	200m	H1
10:20		104		H2
10:25		105		H3
10:30	Open Women's SO Pro K1	106	200m	F1
10:35	Open Men's SO Pro K1	107	200m	F1
10:45	Men's K1	108	1000m	H1
10:52		109		H2
10:59		110		H3
11:06		111		H4
11:13		112		H5
11:20		113		H6
11:27		114		H7
11:35	Men's C1	115	1000m	H1
11:42		116		H2
11:49		117		H3
11:56		118		H4
	Lunch			
13:00	Open Women's SO Pro K1	119	200m	F2
13:05	Open Men's SO Pro K1	120	200m	F2
13:10	Open Women's K1	121	200m	S1
13:15		122		S2
13:20		123		S3
13:25		124		S4
13:30	Open Women's C1	125	200m	S1
13:35		126		S2
13:45	Men's K1	127	1000m	S1
13:52		128		S2
13:59		129		S3
14:06		130		S4
14:13	Men's C1	131	1000m	S1
14:20		132		S2
14:27		133		S3

Break				
15:00	Open Women's K1	134	200m	E
15:05		135		D
15:10		136		C
15:15		137		B
15:20		138		A
15:25	Open Women's C1	139	200m	C
15:30		140		B
15:35		141		A
15:45	Men's K1	142	1000m	G
15:52		143		F
15:59		144		E
16:06		145		D
16:13		146		C
16:20		147		B
16:27		148		A
16:34	Men's C1	149	1000m	D
16:41		150		C
16:48		151		B
16:55		152		A

CKO Sprint's Ontario Cup - Ontario Team Trials

DAY 1 - SATURDAY JUNE 4

Race 1 Open Women's K1 1000m Heat 1			8:00	
Advancement - 1/7 + next BT to SF; rest to Final E				
Lane	Crew	Club	Finish	Time
0				
5	Katy Stewart	Richmond Hill	1	4:31.475
6	Emma Burkholder	Burloak	2	4:37.385
4	Claire Nevins U16	Mississauga	3	5:00.828
1	Ina Zeng	Rideau	4	5:05.025
3	Sabrina Tyrrell U16	Burloak	5	5:06.785
7	Alexandra Gillan U16	Rideau	6	5:16.046
2	Sarah Lowry U16	South Niagara	7	5:22.565
8	Katherine Birchenough U16	Burloak	8	5:23.738
9				

Race 2 Open Women's K1 1000m Heat 2			8:07	
Advancement - 1/7 + next BT to SF; rest to Final E				
Lane	Crew	Club	Finish	Time
0				
5	Eva Looper	Burloak	1	4:43.036
4	Sydney Doidge	Balmy Beach	2	4:46.748
2	Gia Venter	Carleton Place	3	4:55.033
6	Barbora Benada U16	Mississauga	4	5:00.920
8	Avery Conrad U16	Rideau	5	5:03.570
7	Hilary Coolen U16	Mississauga	6	5:08.313
1	Emily Zhuang U16	Burloak	7	5:38.221
3				
9				

Race 3 Open Women's K1 1000m Heat 3			8:14	
Advancement - 1/7 + next BT to SF; rest to Final E				
Lane	Crew	Club	Finish	Time
0				
5	Hayley Plante	Balmy Beach	1	4:31.185
6	Samantha Stein	Balmy Beach	2	4:31.656
3	Maea Knights U16	Collingwood	3	4:44.824
1	Sydney Nielsen	Rideau	4	4:57.301
4	Leeya Nagpal	Rideau	5	4:59.795
8	Gabrielle Woods U16	Burloak	6	5:07.731
2	Maria Tierrafria	Rideau	7	5:09.116
7	Taylor Hardie U16	Burloak	8	5:28.319
9				

Race 4 Open Women's K1 1000m Heat 4			8:21	
Advancement - 1/7 + next BT to SF; rest to Final E				
Lane	Crew	Club	Finish	Time
0				
1				
5	Maren Bradley	Rideau	1	4:21.106
2	Chloe Bryer U16	Burloak	2	4:30.901
4	Bridget Wodehouse	Richmond Hill	3	4:38.502
6	Kyla Drouin	Rideau	4	4:53.410
3	Tyler Rennick U16	Rideau	5	5:03.838
7	Lucy McMahon U16	Balmy Beach	6	5:13.304
8	Chloe Woods U16	Burloak	7	5:25.126
9				

Race 5 Open Women's K1 1000m Heat 5			8:28	
Advancement - 1/7 + next BT to SF; rest to Final E				
Lane	Crew	Club	Finish	Time
0				
1				
6	Callie Loch U16	Rideau	1	4:33.956
5	Emily Best	Rideau	2	4:34.146
3	Kate Osborne U16	Rideau	3	4:41.896
4	Avery Durocher	North Bay	4	4:47.567
2	Cassie Kenny U16	Burloak	5	4:55.944
8	Gilliane Smith U16	Rideau	6	5:04.519
7	Sophie McLean U16	Burloak	7	5:06.449
9				

Race 6 Open Women's C1 1000m Heat 1			8:35	
Advancement - 1st to Final A; 2-7 to SF; rest to Final C				
Lane	Crew	Club	Finish	Time
0				
5	Amelia Wojtyk (L)	Rideau	1	4:53.416
6	Ruby Muhl U16 (R)	Rideau	2	5:04.698
3	Anna Semeniuk (L)	Rideau	3	5:16.695
1	Emma Marshall U16 (R)	Balmy Beach	4	5:17.862
7	Sarah Rumscheidt U16 (R)	Rideau	5	5:21.148
4	Aimee Pigeon (L)	South Niagara	6	5:32.658
2	Izzy Lowry U16 (L)	Carleton Place	7	5:47.779
8	Naomi Lozada (L)	Mississauga	8	6:07.054
9				

Race 7 Open Women's C1 1000m Heat 2			8:42	
Advancement - 1st to Final A; 2-7 to SF; rest to Final C				
Lane	Crew	Club	Finish	Time
0				
6	Mackenzie Haines (R)	Carleton Place	1	5:03.924
4	Mila Souilliere (L)	Rideau	2	5:06.557
7	Julia Price U16 (R)	Rideau	3	5:19.031
8	Caroline Anderson U16 (R)	Rideau	4	5:29.319
3	Zoe Bergeron (R)	Mississauga	5	5:38.045
1	Mady Mackinnon U16 (R)	Rideau	6	5:42.979
2	Leia Stephenson U16 (L)	Mississauga	7	6:14.92
5				
9				

Race 8 Open Women's C1 1000m Heat 3			8:49	
Advancement - 1st to Final A; 2-7 to SF; rest to Final C				
Lane	Crew	Club	Finish	Time
0				
6	Zoe Wojtyk (R)	Rideau	1	5:07.062
3	Abby Wojtyk U16 (L)	Rideau	2	5:19.535
7	Claire Mollard U16 (R)	Mississauga	3	5:24.796
4	Janina Winnicki (R)	Rideau	4	5:30.598
2	Abbie Haines U16 (L)	Carleton Place	5	5:47.799
1	Katherine Kerwin U16 (L)	Burloak	6	7:06.865
8	Ada Jasinski	Mississauga		SCRATCH
5				
9				

Race 9 Open Men's K1 200m Heat 1			9:00	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G				
Lane	Crew	Club	Finish	Time
0				
1	Ryan Cordeau	Mississauga	5	44.329
2	Jack Meikle U16	Balmy Beach	6	46.062
3	Patrick Harrington	Rideau	2	41.651
4				
5	Alexander Hoferek	Rideau	1	40.794
6	Hayden Kralik	Mississauga	3	41.812
7	Henrik Neuspiel U16	Rideau	4	43.654
8	Mateo Volpini U16	Sudbury	7	46.127
9	Xavier Silveira	Rideau	8	50.146

Race 10 Open Men's K1 200m Heat 2			9:05	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G				
Lane	Crew	Club	Finish	Time
0				
1	Ty Collver U16	Burloak	8	55.713
2	Cole Macey	Sudbury	3	41.586
3	Jonah Quesnel U16	Pickering Rouge	7	49.091
4				
5	Alessandro Busa	Rideau	1	40.279
6	Evan Volpini	Sudbury	2	41.212
7	Massimo Montanari	Burloak	6	44.837
8	Benjamin Elder U16	Rideau	5	44.405
9	Heitor Muhl U16	Rideau	4	43.825

Race 11 Open Men's K1 200m Heat 3			9:10	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G				
Lane	Crew	Club	Finish	Time
0				
1	Avery Duval U16	Carleton Place	7	47.173
2	Jonothan Barrett U16	South Niagara	9	56.54
3	Graeme Grant	Mississauga	4	41.972
4	Spencer Robinson	Rideau	2	41.451
5	Aidan Dumont	Carleton Place	3	41.638
6	Victor Savulescu	Rideau	1	41.274
7	Dax Morris U16	Rideau	8	47.411
8	Andre Rocha	Mississauga	6	43.786
9	Finn Petit-Carruthers	Richmond Hill	5	43.348

Race 12 Open Men's K1 200m Heat 4			9:15	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G				
Lane	Crew	Club	Finish	Time
0				
1	Jasper Douglass U16	Pickering Rouge	9	50.487
2	Lucas Gilpin	Sudbury	4	42.944
3	Jonathan Bilewicz	Pickering Rouge	8	46.64
4	Adam Jonsson U16	Balmy Beach	5	43.118
5	Lucas Stein	Balmy Beach	1	39.993
6	Andrew Fanok	Pickering Rouge	2	40.825
7	Sam Paquette	Carleton Place	3	41.001
8	Wesley Hodgson-Pageau	Rideau	6	44.749
9	Jozsi McKee	Rideau	7	44.953

Race 13 Open Men's K1 200m Heat 5			9:20	
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Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G				
Lane	Crew	Club	Finish	Time
0				
1	Oscar Graves U16	North Bay	5	46.838
2	Kai Ullock	Balmy Beach	4	44.688
3	Myles Melville	Carleton Place	8	49.797
4	Thomas Beauregard	Rideau	3	42.83
5	Adam Baird	Rideau	1	40.757
6	Walker Davis	South Niagara	9	51.99
7	Dyllan Redwood-Wheeler U16	Carleton Place	2	42.804
8	Alexandros Gournakis	Rideau	7	48.351
9	Dominik Ramirez	Mississauga	6	46.877

Race 14 Open Men's K1 200m Heat 6				9:25	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G					
Lane	Crew	Club	Finish	Time	
0					
1	Ryan Naroditsky	Rideau	4	44.359	
2	Shea Kennedy U16	Rideau	7	51.027	
3	Jack Bailey U16	Collingwood	5	47.504	
4					
5	Cameron Low	Balmy Beach	1	39.827	
6	Scott Bentley	Carleton Place	2	41.906	
7	Tyler Chenette	Rideau	3	42.607	
8	Zach Nicholson	Carleton Place	6	50.197	
9					

Race 15 Open Men's K1 200m Heat 7				9:30	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G					
Lane	Crew	Club	Finish	Time	
0					
1	Liam Bodley	Balmy Beach	4	44.782	
2	Ashton Teixeira U16	Burloak	7	49.086	
3	Nehal Dhillon	Burloak	5	44.898	
4	Alex Ivanov	Richmond Hill	1	41.404	
5					
6	Kyle Jackson	Balmy Beach	2	43.509	
7	Owen MacLean U16	Collingwood	6	48.933	
8	Jed Hill U16	Rideau	3	43.793	
9					

Race 16 Open Men's C1 200m Heat 1				9:35	
Advancement - 1st to Final A; 2-7 to SF; rest to Final C					
Lane	Crew	Club	Finish	Time	
0					
5	Matthew O'Neill (R)	Rideau	1	43.805	
6	Austin Pigeon (L)	South Niagara	2	44.468	
4	Lucas Stringer (L) (R)	Mississauga	3	44.625	
7	Mark Vucina (L)	Mississauga	4	47.914	
8	Jake LaFontaine	Mississauga	5	48.445	
9	Aidan Haines (L)	Carleton Place	6	48.698	
3	Stuart Bradley (R)	Rideau	7	48.709	
2	JT Mollard (R)	Mississauga	8	48.884	
1	Nate Provost U16 (R)	Rideau	9	50.416	

Race 17 Open Men's C1 200m Heat 2				9:40	
Advancement - 1st to Final A; 2-7 to SF; rest to Final C					
Lane	Crew	Club	Finish	Time	

0				
5	Ydris Hunter (L)	Rideau	1	43.575
4	Zachary Kralik (L)	Mississauga	2	45.237
7	Jack Chambers (L)	Mississauga	3	45.324
6	Peter Bradley (L)	Rideau	4	46.787
3	Matthew Sampson (R)	Mississauga	5	47.003
2	Konrad Morawski (R)	Richmond Hill	6	49.296
8	Shawn Ge U16 (R)	Burloak	7	53.714
9	Spencer McLeod U16 (R)	Mississauga	8	54.805
1	Aaron Leenaars U16 (L)	Collingwood	9	58.203

Race 18		Open Men's C1 200m Heat 3	9:45	
Advancement - 1st to Final A; 2-7 to SF; rest to Final C				
Lane	Crew	Club	Finish	Time
0				
5	Kieran Graham (L)	Rideau	1	44.33
6	Dylan Schrotter (L)	Mississauga	2	44.944
4	Max Hong (R)	Carleton Place	3	48.053
3	Samuel Smith (L)	Rideau	4	48.136
7	Grayson Schrotter U16 (R)	Mississauga	5	49.558
2	Cameron Stewart U16 (L)	Mississauga	6	49.65
8	Adam Nagy (L)	Richmond Hill	7	51.212
1	Cole Norman U16 (L)	Rideau	8	51.771
9	John-Michael Humphreys U16 (R)	Mississauga	9	56.822

Race 19		Open Para Men's KL3/KL2 Final 1	9:50	
Lane	Crew	Club	Finish	Time
0				
1				
2				
3				
4	Stefan Samoila KL2	Balmy Beach	1	51.518
5				
6	Oliver Sinclair U16 KL3	Burloak	1	53.117
7				
8				
9				

Race 20		Open Para Mixed VL/Women's KL Final 1	9:55	
Lane	Crew	Club	Finish	Time
0				
1				
2	Miguel Garcia Sanchez VL1	Balmy Beach	1	1:28.924
3	Marilyn Abbs VL	South Niagara	1	1:31.113
4				
5	Lindsay Davis KL	South Niagara	1	1:30.681
6	Shelley Gilbert KL	South Niagara	2	1:33.132
7				
8	Erica Scarff VL3	Mississauga	1	1:06.983
9				

Break

Race 21 Open Women's K1 1000m Semi-Final 1			10:15	
Advancement - 1/2 + next BT to Final A; rest out				
Lane	Crew	Club	Finish	Time
0				
5	Katy Stewart	Richmond Hill	1	4:26.047
6	Chloe Bryer U16	Burloak	2	4:28.446
7	Maea Knights U16	Collingwood	3	4:35.525
4	Callie Loch U16	Rideau	4	4:36.594
3	Barbora Benada U16	Mississauga	5	5:02.803
8	Sabrina Tyrrell U16	Burloak	6	5:04.870
9	Sarah Lowry U16	South Niagara	7	5:17.081
1	Alexandra Gillan U16	Rideau	8	5:17.255
2	Emily Zhuang U16	Burloak	9	5:35.510

Race 22 Open Women's K1 1000m Semi-Final 2			10:22	
Advancement - 1/2 + next BT to Final A; rest out				
Lane	Crew	Club	Finish	Time
0				
5	Eva Looper	Burloak	1	4:22.382
4	Emma Burkholder	Burloak	2	4:27.939
6	Emily Best	Rideau	3	4:29.363
7	Bridget Wodehouse	Richmond Hill	4	4:30.811
3	Sydney Nielsen	Rideau	5	4:52.003
9	Cassie Kenny U16	Burloak	6	4:54.807
2	Lucy McMahon U16	Balmy Beach	7	5:01.628
1	Hilary Coolen U16	Mississauga	8	5:04.206
8	Avery Conrad U16	Rideau	9	5:04.696

Race 23 Open Women's K1 1000m Semi-Final 3			10:29	
Advancement - 1/2 + next BT to Final A; rest out				
Lane	Crew	Club	Finish	Time
0				
5	Hayley Plante	Balmy Beach	1	4:36.680
4	Sydney Doidge	Balmy Beach	2	4:39.383
7	Kate Osborne U16	Rideau	3	4:47.893
3	Kyla Drouin	Rideau	4	4:48.764
6	Claire Nevins U16	Mississauga	5	4:56.229
8	Leeya Nagpal	Rideau	6	4:59.173
2	Gabrielle Woods U16	Burloak	7	5:03.729
9	Tyler Rennick U16	Rideau	8	5:03.908
1	Sophie McLean U16	Burloak	9	5:11.989

Race 24 Open Women's K1 1000m Semi-Final 4			10:36	
Advancement - 1/2 + next BT to Final A; rest out				
Lane	Crew	Club	Finish	Time
0				
5	Maren Bradley	Rideau	1	4:25.354
4	Samantha Stein	Balmy Beach	2	4:37.838
6	Gia Venter	Carleton Place	3	4:50.539
3	Avery Durocher	North Bay	4	4:53.758
7	Ina Zeng	Rideau	5	5:00.983
9	Gilliane Smith U16	Rideau	6	5:03.254
2	Maria Tierrafria	Rideau	7	5:10.111
8	Taylor Hardie U16	Burloak	8	5:13.952
1	Chloe Woods U16	Burloak	9	5:21.499

Race 25 Open Women's C1 1000m Semi-Final 1			10:43	

Advancement - 1-3 to Final A; rest out				
Lane	Crew	Club	Finish	Time
0				
4	Abby Wojtyk U16 (L)	Rideau	1	5:11.397
5	Ruby Muhl U16 (R)	Rideau	2	5:13.313
2	Sarah Rumscheidt U16 (R)	Rideau	3	5:22.139
3	Emma Marshall U16 (R)	Balmy Beach	4	5:22.823
7	Janina Winnicki (R)	Rideau	5	5:28.237
6	Claire Mollard U16 (R)	Mississauga	6	5:32.681
9	Izzy Lowry U16 (L)	Carleton Place	7	5:35.177
1	Aimee Pigeon (L)	South Niagara	8	5:41.323
8	Katherine Kerwin U16 (L)	Burloak	9	6:48.188
Race 26	Open Women's C1 1000m Semi-Final 2	10:50		
	Advancement - 1-3 to Final A; rest out			
Lane	Crew	Club	Finish	Time
0				
4	Julia Price U16 (R)	Rideau	1	5:11.80
5	Mila Souilliere (L)	Rideau	2	5:13.63
6	Anna Semeniuk (L)	Rideau	3	5:14.88
3	Caroline Anderson U16 (R)	Rideau	4	5:23.09
7	Abbie Haines U16 (L)	Carleton Place	5	5:23.73
2	Zoe Bergeron (R)	Mississauga	6	5:31.88
1	Mady Mackinnon U16 (R)	Rideau	7	5:45.03
8	Leia Stephenson U16 (L)	Mississauga	8	5:49.95
9	Naomi Lozada (L)	Mississauga	9	5:56.50

Race 27 Open Men's K1 200m Semi-Final 1				
Advancement - 1/2 + next BT to Final A; rest out			11:00	
Lane	Crew	Club	Finish	Time
0				
4	Adam Baird	Rideau	1	38.497
5	Alexander Hoferek	Rideau	2	38.673
6	Andrew Fanok	Pickering Rouge	3	40.052
2	Graeme Grant	Mississauga	4	41.005
7	Tyler Chenette	Rideau	5	42.065
1	Ryan Cordeau	Mississauga	6	43.221
9	Andre Rocha	Mississauga	7	43.309
3	Kyle Jackson	Balmy Beach	8	43.363
8	Heitor Muhl U16	Rideau	9	44.428

Race 28 Open Men's K1 200m Semi-Final 2				
Advancement - 1/2 + next BT to Final A; rest out			11:05	
Lane	Crew	Club	Finish	Time
0				
5	Alessandro Busa	Rideau	1	39.428
7	Aidan Dumont	Carleton Place	2	39.82
3	Sam Paquette	Carleton Place	3	40.016
8	Ryan Naroditsky	Rideau	4	41.324
4	Patrick Harrington	Rideau	5	41.638
6	Dyllan Redwood-Wheeler U16	Carleton Place	6	41.804
2	Jed Hill U16	Rideau	7	42.846
9	Benjamin Elder U16	Rideau	8	43.93
1	Jack Bailey U16	Collingwood	9	46.007

Race 29 Open Men's K1 200m Semi-Final 3				
Advancement - 1/2 + next BT to Final A; rest out			11:10	
Lane	Crew	Club	Finish	Time

0				
4	Cameron Low	Balmy Beach	1	38.227
5	Victor Savulescu	Rideau	2	39.34
3	Hayden Kralik	Mississauga	3	39.704
6	Spencer Robinson	Rideau	4	40.236
7	Cole Macey	Sudbury	5	41.698
8	Lucas Gilpin	Sudbury	6	42.399
1	Nehal Dhillon	Burloak	7	43.516
2	Kai Ullock	Balmy Beach	8	44.704
9	Oscar Graves U16	North Bay	9	45.256

Race 30		Open Men's K1 200m Semi-Final 4		11:15	
Advancement - 1/2 + next BT to Final A; rest out					
Lane	Crew	Club	Finish	Time	
0					
4	Alex Ivanov	Richmond Hill	1	38.911	
5	Lucas Stein	Balmy Beach	2	39.191	
3	Evan Volpini	Sudbury	3	40.627	
6	Scott Bentley	Carleton Place	4	40.635	
7	Thomas Beauregard	Rideau	5	41.681	
9	Adam Jonsson U16	Balmy Beach	6	42.171	
2	Henrik Neuspiel U16	Rideau	7	42.304	
1	Finn Petit-Carruthers	Richmond Hill	8	42.41	
8	Liam Bodley	Balmy Beach	9	43.166	

Race 31		Open Men's C1 200m Semi-Final 1		11:20	
Advancement - 1-3 to Final A; rest out					
Lane	Crew	Club	Finish	Time	
0					
5	Austin Pigeon (L)	South Niagara	1	45.235	
4	Jack Chambers (L)	Mississauga	2	45.687	
2	Matthew Sampson (R)	Mississauga	3	47.24	
7	Mark Vucina (L)	Mississauga	4	47.367	
6	Max Hong (R)	Carleton Place	5	48.197	
3	Samuel Smith (L)	Rideau	6	48.505	
1	Aidan Haines (L)	Carleton Place	7	49.311	
8	Cameron Stewart U16 (L)	Mississauga	8	49.462	
9	Shawn Ge U16 (R)	Burloak	9	53.809	

Race 32		Open Men's C1 200m Semi-Final 2		11:25	
Advancement - 1-3 to Final A; rest out					
Lane	Crew	Club	Finish	Time	
0					
5	Zachary Kralik (L)	Mississauga	1	44.443	
6	Lucas Stringer (L) (R)	Mississauga	2	45.166	
4	Dylan Schrotter (L)	Mississauga	3	45.935	
3	Peter Bradley (L)	Rideau	4	47.238	
8	Konrad Morawski (R)	Richmond Hill	5	49.696	
1	Stuart Bradley (R)	Rideau	6	49.741	
7	Jake LaFontaine	Mississauga	7	50.257	
2	Grayson Schrotter U16 (R)	Mississauga	8	50.975	
9	Adam Nagy (L)	Richmond Hill	9	51.103	

Race 33 Open Para Men's KL3/KL2 Final 2			11:30	
Lane	Crew	Club	Finish	Time
0				
1				
2				
3				
4	Oliver Sinclair U16 KL3	Burloak	1	53.862
5				
6	Stefan Samoila KL2	Balmy Beach	1	51.92
7				
8				
9				

Race 34 Open Para Mixed VL/Women's KL Final 2			11:35	
Lane	Crew	Club	Finish	Time
0				
1				
2	Erica Scarff VL3	Mississauga	1	1:04.477
3				
4	Lindsay Davis KL	South Niagara	2	1:29.260
5	Shelley Gilbert KL	South Niagara	1	1:21.154
6				
7	Miguel Garcia Sanchez VL1	Balmy Beach	1	1:17.065
8	Marilyn Abbs VL	South Niagara	1	1:25.118
9				

Lunch

Race 35 Open Women's K1 1000m Final E			12:30	
Lane	Crew	Club	Finish	Time
0				
1				
2				
3	NO RACE			
4				
5				
6				
7				
8				
9				

Race 36 Open Women's K1 1000m Final A			12:37	
Lane	Crew	Club	Finish	Time
3	Maren Bradley	Rideau	1	4:11.932
4	Eva Looper	Burloak	2	4:15.203
5	Katy Stewart	Richmond Hill	3	4:16.796
6	Hayley Plante	Balmy Beach	4	4:23.157
1	Samantha Stein	Balmy Beach	5	4:23.752
7	Chloe Bryer U16	Burloak	6	4:27.579
9	Emily Best	Rideau	7	4:31.607
8	Sydney Doidge	Balmy Beach	8	4:33.357
2	Emma Burkholder	Burloak	9	4:39.325
0	Katherine Birchenough U16	Burloak	10	5:43.76

Race 37		Open Women's C1 1000m Final C		12:44	
Lane	Crew	Club	Finish	Time	
0					
1					
2					
3					
4	NO RACE				
5					
6					
7					
8					
9					

Race 38		Open Women's C1 1000m Final A		12:51	
Lane	Crew	Club	Finish	Time	
0					
5	Amelia Wojtyk (L)	Rideau	1	4:48.33	
6	Zoe Wojtyk (R)	Rideau	2	4:54.70	
4	Mackenzie Haines (R)	Carleton Place	3	4:59.24	
9	Anna Semeniuk (L)	Rideau	4	5:05.96	
8	Mila Souilliere (L)	Rideau	5	5:12.47	
7	Julia Price U16 (R)	Rideau	6	5:13.83	
3	Abby Wojtyk U16 (L)	Rideau	7	5:15.75	
2	Ruby Muhl U16 (R)	Rideau	8	5:17.33	
1	Sarah Rumscheidt U16 (R)	Rideau	9	5:27.98	

Race 39		Open Men's K1 200m Final G		13:01	
Lane	Crew	Club	Finish	Time	
0					
1					
2					
3					
5	Walker Davis	South Niagara	1	52.98	
6	Jonothan Barrett U16	South Niagara	2	56.63	
4	Ty Collver U16	Burloak	3	57.86	
7					
8					
9					

Race 40		Open Men's K1 200m Final F		13:06	
Lane	Crew	Club	Finish	Time	
0					
4	Owen MacLean U16	Collingwood	1	48.930	
3	Jonah Quesnel U16	Pickering Rouge	2	49.592	
8	Zach Nicholson	Carleton Place	3	50.324	
5	Alexandros Gournakis	Rideau	4	50.525	
6	Ashton Teixeira U16	Burloak	5	51.240	
9	Shea Kennedy U16	Rideau	6	51.307	
2	Xavier Silveira	Rideau	7	52.318	
1	Jasper Douglass U16	Pickering Rouge	8	52.569	
7	Myles Melville	Carleton Place	9	53.882	

Race 41			Open Men's K1 200m Final E		13:11	
Lane	Crew	Club	Finish	Time		
0						
5	Wesley Hodgson-Pageau	Rideau	1	46.432		
4	Massimo Montanari	Burloak	2	46.961		
6	Jozsi McKee	Rideau	3	47.063		
3	Jack Meikle U16	Balmy Beach	4	47.534		
8	Dominik Ramirez	Mississauga	5	47.994		
7	Mateo Volpini U16	Sudbury	6	48.328		
1	Avery Duval U16	Carleton Place	7	48.851		
2	Jonathan Bilewicz	Pickering Rouge	8	49.409		
9	Dax Morris U16	Rideau	9	49.682		

Race 42			Open Men's K1 200m Final A		13:16	
Lane	Crew	Club	Finish	Time		
0						
6	Cameron Low	Balmy Beach	1	39.533		
5	Adam Baird	Rideau	2	40.679		
8	Lucas Stein	Balmy Beach	3	41.029		
2	Alexander Hoferek	Rideau	4	41.850		
3	Alex Ivanov	Richmond Hill	5	42.065		
9	Hayden Kralik	Mississauga	6	42.564		
7	Aidan Dumont	Carleton Place	7	43.244		
1	Victor Savulescu	Rideau	8	43.278		
4	Alessandro Busa	Rideau	9	45.942		

Race 43			Open Men's C1 200m Final C		13:21	
Lane	Crew	Club	Finish	Time		
0						
1						
5	JT Mollard (R)	Mississauga	1	54.426		
4	Nate Provost U16 (R)	Rideau	2	55.658		
6	Cole Norman U16 (L)	Rideau	3	56.316		
3	Spencer McLeod U16 (R)	Mississauga	4	1:01.414		
7	John-Michael Humphreys U16 (R)	Mississauga	5	1:03.951		
2	Aaron Leenaars U16 (L)	Collingwood	6	1:05.673		
8						
9						

Race 44			Open Men's C1 200m Final A		13:26	
Lane	Crew	Club	Finish	Time		
0						
4	Ydris Hunter (L)	Rideau	1	44.863		
5	Matthew O'Neill (R)	Rideau	2	46.155		
8	Lucas Stringer (L) (R)	Mississauga	3	46.492		
7	Zachary Kralik (L)	Mississauga	4	46.659		
6	Kieran Graham (L)	Rideau	5	46.708		
9	Dylan Schrotter (L)	Mississauga	6	46.816		
2	Jack Chambers (L)	Mississauga	7	47.443		
3	Austin Pigeon (L)	South Niagara	8	48.183		
1	Matthew Sampson (R)	Mississauga	9	49.793		

Race 45 Open Para Men's KL3/KL2 Final 3			13:21	
Lane	Crew	Club	Finish	Time
0				
1				
2	Erica Scarff KL3	Mississauga	1	1:00.970
3				
4	Stefan Samoila KL2	Balmy Beach	1	55.086
5				
6	Oliver Sinclair U16 KL3	Burloak	1	56.475
7				
8				
9				

Race 46 Open Para Mixed VL/Women's KL Final 3			13:36	
Lane	Crew	Club	Finish	Time
0				
1				
2	Miguel Garcia Sanchez VL1	Balmy Beach	1	1:34.394
3	Marilyn Abbs VL	South Niagara	1	1:41.981
4				
6	Shelley Gilbert KL	South Niagara	1	1:39.905
5	Lindsay Davis KL	South Niagara	2	1:40.330
7				
8				
9				

Break

Race 47 Open Women's K1 500m Heat 1			14:10	
Advancement - 1/7 + next BT to SF; rest to Final E				
Lane	Crew	Club	Finish	Time
0				
5	Maren Bradley	Rideau	1	2:21.94
6	Samantha Stein	Balmy Beach	2	2:27.02
4	Sydney Doidge	Balmy Beach	3	2:36.20
3	Hilary Coolen U16	Mississauga	4	2:44.70
7	Lucy McMahon U16	Balmy Beach	5	2:45.65
2	Gilliane Smith U16	Rideau	6	2:48.42
8	Sophie McLean U16	Burloak	7	2:55.45
1	Katherine Birchenough U16	Burloak	8	3:00.20
9	Emily Zhuang U16	Burloak	9	3:05.35

Race 48 Open Women's K1 500m Heat 2			14:15	
Advancement - 1/7 + next BT to SF; rest to Final E				
Lane	Crew	Club	Finish	Time
0				
5	Brooklyn Wodehouse	Richmond Hill	1	2:24.687
4	Olivia Pucci	Rideau	2	2:26.536
6	Emma Burkholder	Burloak	3	2:33.131
1	Gia Venter	Carleton Place	4	2:34.381
7	Kate Osborne U16	Rideau	5	2:38.981
3	Avery Durocher	North Bay	6	2:42.369
9	Ina Zeng	Rideau	7	2:43.108
2	Cassie Kenny U16	Burloak	8	2:45.323
8	Sarah Lowry U16	South Niagara	9	2:55.303

Race 49 Open Women's K1 500m Heat 3			14:20	
Advancement - 1/7 + next BT to SF; rest to Final E				
Lane	Crew	Club	Finish	Time
0				
5	Eva Looper	Burloak	1	2:21.539
6	Katy Stewart	Richmond Hill	2	2:22.507
4	Bridget Wodehouse	Richmond Hill	3	2:24.903
3	Maea Knights U16	Collingwood	4	2:29.816
7	Barbora Benada U16	Mississauga	5	2:34.359
8	Tyler Rennick U16	Rideau	6	2:35.182
1	Gabrielle Woods U16	Burloak	7	2:41.622
2	Maria Tierrafria	Rideau	8	2:43.168
9				

Race 50 Open Women's K1 500m Heat 4			14:25	
Advancement - 1/7 + next BT to SF; rest to Final E				
Lane	Crew	Club	Finish	Time
0				
5	Sarah Nagy	Richmond Hill	1	2:16.794
4	Erin Demopolis	Mississauga	2	2:20.376
6	Callie Loch U16	Rideau	3	2:25.151
1	Chloe Bryer U16	Burloak	4	2:29.954
8	Avery Conrad U16	Rideau	5	2:42.739
7	Sabrina Tyrrell U16	Burloak	6	2:43.966
3	Claire Nevins U16	Mississauga	7	2:51.721
2	Taylor Hardie U16	Burloak	8	2:56.270
9				

Race 51 Open Women's K1 500m Heat 5			14:30	
Advancement - 1/7 + next BT to SF; rest to Final E				
Lane	Crew	Club	Finish	Time
0				
5	Hayley Plante	Balmy Beach	1	2:23.012
6	Emily Best	Rideau	2	2:27.220
4	Kyla Drouin	Rideau	3	2:33.101
3	Leeya Nagpal	Rideau	4	2:39.471
1	Sydney Nielsen	Rideau	5	2:41.263
8	Alexandra Gillan U16	Rideau	6	2:44.891
2	Chloe Woods U16	Burloak	7	2:52.869
7	Tegan Leverette U16	Carleton Place	8	3:06.100
9				

Race 52 Open Women's C1 500m Heat 1			14:35	
Advancement - 1st to Final A; 2-7 to SF; rest to Final C				
Lane	Crew	Club	Finish	Time
0				
6	Janina Winnicki (R)	Rideau	1	2:42.087
8	Claire Mollard U16 (R)	Mississauga	2	2:57.776
7	Anna Semeniuk (L)	Rideau	3	3:00.118
3	Zoe Bergeron (R)	Mississauga	4	3:01.559
4	Aimee Pigeon (L)	South Niagara	5	3:05.105
2	Abbie Haines U16 (L)	Carleton Place	6	3:22.501
9	Leia Stephenson U16 (L)	Mississauga	7	3:27.753
1	Katherine Kerwin U16 (L)	Burloak	8	4:37.013
5				

Race 53 Open Women's C1 500m Heat 2			14:40	
Advancement - 1st to Final A; 2-7 to SF; rest to Final C				
Lane	Crew	Club	Finish	Time
0				
5	Amelia Wojtyk (L)	Rideau	1	2:26.67
6	Ruby Muhl U16 (R)	Rideau	2	2:43.75
4	Mackenzie Haines (R)	Carleton Place	3	2:46.13
7	Sarah Rumscheidt U16 (R)	Rideau	4	2:50.86
3	Mila Souilliere (L)	Rideau	5	2:58.70
8	Izzy Lowry U16 (L)	Carleton Place	6	3:06.67
1	Mady Mackinnon U16 (R)	Rideau	7	3:07.93
2	Ada Jasinski	Mississauga		SCRATCH
9				

Race 54 Open Women's C1 500m Heat 3			14:45	
Advancement - 1st to Final A; 2-7 to SF; rest to Final C				
Lane	Crew	Club	Finish	Time
0				
4	Zoe Wojtyk (R)	Rideau	1	2:31.678
7	Julia Price U16 (R)	Rideau	2	2:41.296
5	Teagan Tyrrell (R)	Mississauga	3	2:43.475
3	Abby Wojtyk U16 (L)	Rideau	4	2:44.955
1	Emma Marshall U16 (R)	Balmy Beach	5	2:48.101
2	Caroline Anderson U16 (R)	Rideau	6	2:48.122
6	Hayley Tutty (R)	Mississauga	7	2:50.320
8	Naomi Lozada (L)	Mississauga	8	3:29.107
9				

Race 55 Open Men's K1 500m Heat 1			14:50	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G				
Lane	Crew	Club	Finish	Time
0				
1	Jasper Douglass U16	Pickering Rouge	7	2:33.525
2	Jack Meikle U16	Balmy Beach	5	2:15.106
3	Dyllan Redwood-Wheeler U16	Carleton Place	2	2:07.452
4	Walker Davis	South Niagara	9	2:46.846
5	Jason Burkholder	Burloak	1	2:06.075
6	Andrew Fanok	Pickering Rouge	3	2:07.546
7	Tyler Chenette	Rideau	4	2:11.449
8	Myles Melville	Carleton Place	8	2:34.668
9	Kai Ullock	Balmy Beach	6	2:20.750

Race 56 Open Men's K1 500m Heat 2			14:55	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G				
Lane	Crew	Club	Finish	Time
0				
1	Finn Petit-Carruthers	Richmond Hill	6	2:17.599
2	Shea Kennedy U16	Rideau	9	2:29.995
3	Patrick Harrington	Rideau	4	2:06.902
4	Scott Bentley	Carleton Place	3	2:06.585
5	Aidan Dumont	Carleton Place	1	2:04.275
6	Hayden Kralik	Mississauga	2	2:05.558
7	Dax Morris U16	Rideau	7	2:24.740
8	Benjamin Elder U16	Rideau	5	2:07.774
9	Oliver Sinclair U16	Burloak	8	2:28.998

Race 57 Open Men's K1 500m Heat 3			15:00	
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Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G				
Lane	Crew	Club	Finish	Time
0				
1	Heitor Muhl U16	Rideau	8	2:23.077
2	Wesley Hodgson-Pageau	Rideau	7	2:15.386
3	Jack Bailey U16	Collingwood	6	2:14.048
4	Devon Kinnaird	Burloak	4	2:03.880
5	Alessandro Busa	Rideau	2	2:01.317
6	Alex Ivanov	Richmond Hill	1	2:00.081
7	Thomas Beauregard	Rideau	3	2:03.122
8	Andre Rocha	Mississauga	5	2:12.400
9	Ty Collver U16	Burloak	9	2:43.471

Race 58		Open Men's K1 500m Heat 4		15:05	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G					
Lane	Crew	Club	Finish	Time	
0					
1	Jozsi McKee	Rideau	6	2:16.616	
2	Mateo Volpini U16	Sudbury	7	2:22.601	
3	Massimo Montanari	Burloak	4	2:10.662	
4	Adam Baird	Rideau	3	2:07.064	
5	Alexander Hoferek	Rideau	1	2:06.005	
6	Adam Jonsson U16	Balmy Beach	2	2:07.038	
7	Jonathan Bilewicz	Pickering Rouge	5	2:12.659	
8	Ashton Teixeira U16	Burloak	9	2:24.624	
9	Dominik Ramirez	Mississauga	8	2:23.402	

Race 59		Open Men's K1 500m Heat 5		15:10	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G					
Lane	Crew	Club	Finish	Time	
0					
1	Ryan Cordeau	Mississauga	6	2:11.721	
2	Jed Hill U16	Rideau	5	2:10.883	
3	Owen MacLean U16	Collingwood	8	2:21.088	
4	Spencer Robinson	Rideau	2	2:00.990	
5	Cameron Low	Balmy Beach	1	2:00.197	
6	Victor Savulescu	Rideau	4	2:07.606	
7	Graeme Grant	Mississauga	3	2:02.795	
8	Alexandros Gournakis	Rideau	9	2:29.291	
9	Oscar Graves U16	North Bay	7	2:18.061	

Race 60		Open Men's K1 500m Heat 6		15:15	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G					
Lane	Crew	Club	Finish	Time	
0					
1	Xavier Silveira	Rideau	8	2:36.373	
2	Jonothan Barrett U16	South Niagara	9	2:39.176	
3	Sam Paquette	Carleton Place	5	2:05.833	
4	Carson Corey	Burloak	3	2:00.113	
5	David Stewart	Richmond Hill	1	1:57.179	
6	Cormac Adams	Burloak	2	1:58.855	
7	Jonah Quesnel U16	Pickering Rouge	7	2:24.135	
8	Lucas Gilpin	Sudbury	4	2:04.628	
9	Avery Duval U16	Carleton Place	6	2:15.924	

Race 61		Open Men's K1 500m Heat 7		15:20	
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Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G				
Lane	Crew	Club	Finish	Time
0	Liam Bodley	Balmy Beach	8	2:18.36
1	Ryan Naroditsky	Rideau	4	2:06.521
2	Zach Nicholson	Carleton Place	9	2:28.377
3	Henrik Neuspiel U16	Rideau	5	2:06.731
4	Evan Volpini	Sudbury	2	2:02.810
5	Lucas Stein	Balmy Beach	1	2:02.120
6	Kyle Jackson	Balmy Beach	3	2:04.705
7	Nehal Dhillon	Burloak	7	2:15.860
8	Cole Macey	Sudbury	6	2:07.169
9				

Race 62 Open Men's C1 500m Heat 1			15:25	
Advancement - 1-6 + 3x7th BT to SF; rest to Final D				
Lane	Crew	Club	Finish	Time
0				
5	Matthew O'Neill (R)	Rideau	1	2:14.543
6	Dylan Schrotter (L)	Mississauga	2	2:19.362
7	Stuart Bradley (R)	Rideau	3	2:20.770
3	Konrad Morawski (R)	Richmond Hill	4	2:26.465
4	Max Hong (R)	Carleton Place	5	2:36.800
8	Shawn Ge U16 (R)	Burloak	6	2:48.316
1	John-Michael Humphreys U16 (R)	Mississauga	7	3:02.189
2	Noah Al Heshemi U16 (L)	Mississauga	8	3:33.917
9				

Race 63 Open Men's C1 500m Heat 2			15:30	
Advancement - 1-6 + 3x7th BT to SF; rest to Final D				
Lane	Crew	Club	Finish	Time
0				
1	Austin Pigeon (L)	South Niagara	1	2:12.091
2	Peter Bradley (L)	Rideau	2	2:12.314
3	Matthew Sampson (R)	Mississauga	3	2:26.165
4	Aidan Haines (L)	Carleton Place	4	2:26.504
5	Adam Nagy (L)	Richmond Hill	5	2:28.364
6	Samuel Smith (L)	Rideau	6	2:30.771
7	Cameron Stewart U16 (L)	Mississauga	7	2:38.124
8	Spencer McLeod U16 (R)	Mississauga	8	2:41.727
9				

Race 64 Open Men's C1 500m Heat 3			15:35	
Advancement - 1-6 + 3x7th BT to SF; rest to Final D				
Lane	Crew	Club	Finish	Time
0				
1				
5	Ydris Hunter (L)	Rideau	1	2:15.417
6	Zachary Kralik (L)	Mississauga	2	2:19.592
4	Jack Chambers (L)	Mississauga	3	2:20.907
8	JT Mollard (R)	Mississauga	4	2:27.910
7	Grayson Schrotter U16 (R)	Mississauga	5	2:31.100
3	Lucas Williams (R)	Mississauga	6	2:32.901
2	Cole Norman U16 (L)	Rideau	7	2:34.313
9				

Race 65 Open Men's C1 500m Heat 4			15:40	
Advancement - 1-6 + 3x7th BT to SF; rest to Final D				
Lane	Crew	Club	Finish	Time
0				
1				
5	Kieran Graham (L)	Rideau	1	2:17.046
6	Nick Shirokov (R)	Mississauga	2	2:18.036
4	Lucas Stringer (L) (R)	Mississauga	3	2:28.593
3	Mark Vucina (L)	Mississauga	4	2:30.417
2	Nate Provost U16 (R)	Rideau	5	2:34.198
7	Jake LaFontaine	Mississauga	6	2:35.480
8	Aaron Leenaars U16 (L)	Collingwood	7	2:56.461
9				

Break

Race 66 Open Women's K1 500m Semi-Final 1			16:20	
Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B, 2x5th + 4x6th + 3 next BT to Final C; rest to Final D				
Lane	Crew	Club	Finish	Time
0				
4	Sarah Nagy	Richmond Hill	1	2:13.630
5	Brooklyn Wodehouse	Richmond Hill	2	2:19.540
3	Bridget Wodehouse	Richmond Hill	3	2:21.319
6	Emily Best	Rideau	4	2:22.186
7	Maea Knights U16	Collingwood	5	2:24.819
8	Kate Osborne U16	Rideau	6	2:28.315
9	Alexandra Gillan U16	Rideau	7	2:40.389
1	Claire Nevins U16	Mississauga	8	2:43.939
2	Gilliane Smith U16	Rideau	9	2:45.517

Race 67 Open Women's K1 500m Semi-Final 2			16:25	
Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B, 2x5th + 4x6th + 3 next BT to Final C; rest to Final D				
Lane	Crew	Club	Finish	Time
0				
5	Hayley Plante	Balmy Beach	1	2:13.480
6	Katy Stewart	Richmond Hill	2	2:13.562
4	Samantha Stein	Balmy Beach	3	2:13.707
7	Callie Loch U16	Rideau	4	2:20.242
3	Gia Venter	Carleton Place	5	2:26.271
9	Gabrielle Woods U16	Burloak	6	2:35.580
1	Tyler Rennick U16	Rideau	7	2:36.975
8	Lucy McMahon U16	Balmy Beach	8	2:37.842
2	Avery Conrad U16	Rideau	9	2:40.798

Race 68 Open Women's K1 500m Semi-Final 3			16:30	
Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B, 2x5th + 4x6th + 3 next BT to Final C; rest to Final D				
Lane	Crew	Club	Finish	Time
0				
5	Eva Looper	Burloak	1	2:13.300
4	Olivia Pucci	Rideau	2	2:15.656
7	Chloe Bryer U16	Burloak	3	2:16.973
6	Emma Burkholder	Burloak	4	2:22.653
3	Sydney Doidge	Balmy Beach	5	2:24.852
2	Avery Durocher	North Bay	6	2:29.737
9	Ina Zeng	Rideau	7	2:31.348
8	Barbora Benada U16	Mississauga	8	2:34.327
1	Chloe Woods U16	Burloak	9	2:48.670

Race 69 Open Women's K1 500m Semi-Final 4			16:35	
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Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B, 2x5th + 4x6th + 3 next BT to Final C; rest to Final D				
Lane	Crew	Club	Finish	Time
0				
5	Maren Bradley	Rideau	1	2:12.470
6	Erin Demopolis	Mississauga	2	2:17.142
4	Kyla Drouin	Rideau	3	2:30.058
3	Leeya Nagpal	Rideau	4	2:36.201
8	Sydney Nielsen	Rideau	5	2:37.814
9	Maria Tierrafria	Rideau	6	2:38.417
7	Hilary Coolen U16	Mississauga	7	2:40.899
2	Sabrina Tyrrell U16	Burloak	8	2:42.312
1	Sophie McLean U16	Burloak	9	2:45.840

Race 70		Open Women's C1 500m Semi-Final 1		16:40	
Advancement - 1-3 to Final A; 4-7 + next BT to Final B; rest to Final C					
Lane	Crew	Club	Finish	Time	
0					
4	Mackenzie Haines (R)	Carleton Place	1	2:38.087	
5	Julia Price U16 (R)	Rideau	2	2:38.844	
6	Anna Semeniuk (L)	Rideau	3	2:42.130	
3	Abby Wojtyk U16 (L)	Rideau	4	2:42.194	
7	Sarah Rumscheidt U16 (R)	Rideau	5	2:47.702	
9	Abbie Haines U16 (L)	Carleton Place	6	2:47.847	
1	Hayley Tutty (R)	Mississauga	7	2:50.873	
2	Aimee Pigeon (L)	South Niagara	8	2:57.201	
8	Izzy Lowry U16 (L)	Carleton Place	9	3:04.704	

Race 71		Open Women's C1 500m Semi-Final 2		16:45	
Advancement - 1-3 to Final A; 4-7 + next BT to Final B; rest to Final C					
Lane	Crew	Club	Finish	Time	
0					
4	Ruby Muhl U16 (R)	Rideau	1	2:42.468	
7	Mila Souilliere (L)	Rideau	2	2:44.034	
6	Teagan Tyrrell (R)	Mississauga	3	2:46.755	
2	Emma Marshall U16 (R)	Balmy Beach	4	2:52.780	
5	Claire Mollard U16 (R)	Mississauga	5	2:53.086	
8	Caroline Anderson U16 (R)	Rideau	6	2:53.823	
3	Zoe Bergeron (R)	Mississauga	7	3:07.864	
1	Mady Mackinnon U16 (R)	Rideau	8	3:08.062	
9	Leia Stephenson U16 (L)	Mississauga	9	3:17.179	

Race 72		Open Men's K1 500m Semi-Final 1		16:50	
Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B, 2x5th + 4x6th + 3 next BT to Final C; rest to Final D					
Lane	Crew	Club	Finish	Time	
0					
6	Cameron Low	Balmy Beach	1	1:57.669	
5	Aidan Dumont	Carleton Place	2	2:00.240	
2	Devon Kinnaird	Burloak	3	2:03.537	
7	Andrew Fanok	Pickering Rouge	4	2:04.387	
4	Adam Jonsson U16	Balmy Beach	5	2:07.042	
8	Lucas Gilpin	Sudbury	6	2:07.481	
3	Kyle Jackson	Balmy Beach	7	2:07.970	
1	Benjamin Elder U16	Rideau	8	2:10.181	
9	Jed Hill U16	Rideau	9	2:11.198	

Race 73		Open Men's K1 500m Semi-Final 2		16:55	
Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B, 2x5th + 4x6th + 3 next BT to Final C; rest to Final D					
Lane	Crew	Club	Finish	Time	
0					
5	David Stewart	Richmond Hill	1	1:56.311	
6	Alex Ivanov	Richmond Hill	2	1:58.678	
7	Spencer Robinson	Rideau	3	1:59.721	
4	Hayden Kralik	Mississauga	4	2:02.365	
3	Adam Baird	Rideau	5	2:04.538	
2	Ryan Naroditsky	Rideau	6	2:06.036	
1	Sam Paquette	Carleton Place	7	2:06.077	
9	Andre Rocha	Mississauga	8	2:06.130	
8	Tyler Chenette	Rideau	9	2:08.950	

Race 74		Open Men's K1 500m Semi-Final 3		17:00	
Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B, 2x5th + 4x6th + 3 next BT to Final C; rest to Final D					
Lane	Crew	Club	Finish	Time	
0					
5	Jason Burkholder	Burloak	1	1:53.574	
6	Lucas Stein	Balmy Beach	2	1:53.962	
3	Cormac Adams	Burloak	3	1:55.137	
4	Alessandro Busa	Rideau	4	1:59.575	
8	Graeme Grant	Mississauga	5	2:00.636	
7	Scott Bentley	Carleton Place	6	2:02.175	
9	Henrik Neuspiel U16	Rideau	7	2:04.000	
2	Massimo Montanari	Burloak	8	2:11.043	
1	Jack Meikle U16	Balmy Beach	9	2:13.336	

Race 75		Open Men's K1 500m Semi-Final 4		17:05	
Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B, 2x5th + 4x6th + 3 next BT to Final C; rest to Final D					
Lane	Crew	Club	Finish	Time	
0					
3	Carson Corey	Burloak	1	2:01.775	
5	Alexander Hoferek	Rideau	2	2:02.535	
7	Thomas Beauregard	Rideau	3	2:04.639	
2	Patrick Harrington	Rideau	4	2:07.599	
8	Victor Savulescu	Rideau	5	2:07.639	
4	Dyllan Redwood-Wheeler U16	Carleton Place	6	2:08.250	
6	Evan Volpini	Sudbury	7	2:08.347	
9	Cole Macey	Sudbury	8	2:08.563	
1	Jonathan Bilewicz	Pickering Rouge	9	2:23.999	

Race 76		Open Men's C1 500m Semi-Final 1		17:10	
Advancement - 1-3 to Final A; 4-6 to Final B; rest to Final C					
Lane	Crew	Club	Finish	Time	
0					
5	Matthew O'Neill (R)	Rideau	1	2:10.208	
4	Peter Bradley (L)	Rideau	2	2:10.898	
6	Zachary Kralik (L)	Mississauga	3	2:12.587	
3	Lucas Stringer (L) (R)	Mississauga	4	2:14.760	
7	Mark Vucina (L)	Mississauga	5	2:24.896	
8	Max Hong (R)	Carleton Place	6	2:29.487	
2	Grayson Schrotter U16 (R)	Mississauga	7	2:32.208	
9	Cole Norman U16 (L)	Rideau	8	2:33.414	
1	Samuel Smith (L)	Rideau	9	2:36.777	

Race 77			Open Men's C1 500m Semi-Final 2		17:15
Advancement - 1-3 to Final A; 4-6 to Final B; rest to Final C					
Lane	Crew	Club	Finish	Time	
0					
5	Austin Pigeon (L)	South Niagara	1	2:14.991	
3	Jack Chambers (L)	Mississauga	2	2:16.933	
4	Nick Shirokov (R)	Mississauga	3	2:18.401	
6	Stuart Bradley (R)	Rideau	4	2:21.286	
2	Konrad Morawski (R)	Richmond Hill	5	2:29.054	
7	JT Mollard (R)	Mississauga	6	2:31.008	
9	Jake LaFontaine	Mississauga	7	2:31.644	
8	Adam Nagy (L)	Richmond Hill	8	2:31.857	
1	Cameron Stewart U16 (L)	Mississauga	9	2:43.001	

Race 78			Open Men's C1 500m Semi-Final 3		17:20
Advancement - 1-3 to Final A; 4-6 to Final B; rest to Final C					
Lane	Crew	Club	Finish	Time	
0					
4	Ydris Hunter (L)	Rideau	1	2:16.599	
5	Kieran Graham (L)	Rideau	2	2:18.313	
6	Dylan Schrotter (L)	Mississauga	3	2:20.199	
3	Matthew Sampson (R)	Mississauga	4	2:27.421	
7	Aidan Haines (L)	Carleton Place	5	2:31.120	
8	Lucas Williams (R)	Mississauga	6	2:34.520	
2	Nate Provost U16 (R)	Rideau	7	2:43.566	
9	Aaron Leenaars U16 (L)	Collingwood	8	2:53.205	
1	Shawn Ge U16 (R)	Burloak	9	2:57.238	

CKO Sprint's Ontario Cup - Ontario Team Trials

DAY 2 - SUNDAY JUNE 5

Race 79 Open Women's K1 500m Final E			8:00	
Lane	Crew	Club	Finish	Time
0				
1				
5	Cassie Kenny U16	Burloak	1	2:27.464
4	Sarah Lowry U16	South Niagara	2	2:37.337
6	Taylor Hardie U16	Burloak	3	2:38.309
3	Katherine Birchenough U16	Burloak	4	2:39.588
2	Tegan Leverette U16	Carleton Place	5	2:44.419
7	Emily Zhuang U16	Burloak	6	2:45.120
8				
9				

Race 80 Open Women's K1 500m Final D			8:05	
Lane	Crew	Club	Finish	Time
0				
4	Avery Conrad U16	Rideau	1	2:24.825
8	Gilliane Smith U16	Rideau	2	2:26.631
2	Claire Nevins U16	Mississauga	3	2:27.470
6	Hilary Coolen U16	Mississauga	4	2:27.831
7	Sabrina Tyrrell U16	Burloak	5	2:28.651
3	Alexandra Gillan U16	Rideau	6	2:29.567
5	Lucy McMahon U16	Balmy Beach	7	2:30.044
9	Chloe Woods U16	Burloak	8	2:33.568
1	Sophie McLean U16	Burloak	9	2:35.533

Race 81 Open Women's K1 500m Final C			8:10	
Lane	Crew	Club	Finish	Time
0				
6	Kate Osborne U16	Rideau	1	2:17.317
7	Avery Durocher	North Bay	2	2:19.887
5	Gia Venter	Carleton Place	3	2:20.086
8	Ina Zeng	Rideau	4	2:25.204
1	Barbora Benada U16	Mississauga	5	2:25.817
4	Sydney Nielsen	Rideau	6	2:26.296
3	Gabrielle Woods U16	Burloak	7	2:26.506
9	Tyler Rennick U16	Rideau	8	2:27.197
2	Maria Tierrafria	Rideau	9	2:33.206

Race 82 Open Women's K1 500m Final B			8:15	
Lane	Crew	Club	Finish	Time
0				
7	Callie Loch U16	Rideau	1	2:11.537
5	Chloe Bryer U16	Burloak	2	2:11.842
6	Bridget Wodehouse	Richmond Hill	3	2:12.190
3	Emily Best	Rideau	4	2:14.661
2	Emma Burkholder	Burloak	5	2:15.135
9	Sydney Doidge	Balmy Beach	6	2:16.468
4	Kyla Drouin	Rideau	7	2:18.585
1	Maea Knights U16	Collingwood	8	2:19.388
8	Leeya Nagpal	Rideau	9	2:24.976

Race 83 Open Women's K1 500m Final A			8:20	
Lane	Crew	Club	Finish	Time
0				
5	Sarah Nagy	Richmond Hill	1	2:02.264
3	Maren Bradley	Rideau	2	2:03.425
7	Brooklyn Wodehouse	Richmond Hill	3	2:06.451
6	Eva Looper	Burloak	4	2:07.737
2	Katy Stewart	Richmond Hill	5	2:09.273
9	Samantha Stein	Balmy Beach	6	2:09.902
1	Erin Demopolis	Mississauga	7	2:10.185
4	Hayley Plante	Balmy Beach	8	2:10.641
8	Olivia Pucci	Rideau	9	2:14.934

Race 84 Open Women's C1 500m Final C			8:25	
Lane	Crew	Club	Finish	Time
0				
1				
2				
3	Izzy Lowry U16 (L)	Carleton Place	1	2:44.237
6	Mady Mackinnon U16 (R)	Rideau	2	2:53.874
7	Leia Stephenson U16 (L)	Mississauga	3	2:59.005
5	Naomi Lozada (L)	Mississauga	4	3:01.566
4	Katherine Kerwin U16 (L)	Burloak	5	3:27.667
8				
9				

Race 85 Open Women's C1 500m Final B			8:30	
Lane	Crew	Club	Finish	Time
0				
5	Abby Wojtyk U16 (L)	Rideau	1	2:30.811
9	Aimee Pigeon (L)(L)	South Niagara	2	2:35.259
2	Abbie Haines U16 (L)	Carleton Place	3	2:40.066
6	Sarah Rumscheidt U16 (R)	Rideau	4	2:40.707
3	Claire Mollard U16 (R)	Mississauga	5	2:40.974
7	Caroline Anderson U16 (R)	Rideau	6	2:42.899
1	Hayley Tutty (R)	Mississauga	7	2:42.950
4	Emma Marshall U16 (R)	Balmy Beach	8	2:46.196
8	Zoe Bergeron (R)	Mississauga	9	2:49.224

Race 86 Open Women's C1 500m Final A			8:35	
Lane	Crew	Club	Finish	Time
0				
4	Amelia Wojtyk (L)	Rideau	1	2:22.765
6	Zoe Wojtyk (R)	Rideau	2	2:26.168
5	Janina Winnicki (R)	Rideau	3	2:27.859
8	Mila Souilliere (L)	Rideau	4	2:31.790
2	Julia Price U16 (R)	Rideau	5	2:32.153
1	Anna Semeniuk (L)	Rideau	6	2:33.147
3	Mackenzie Haines (R)	Carleton Place	7	2:34.268
9	Teagan Tyrrell (R)	Mississauga	8	2:34.953
7	Ruby Muhl U16 (R)	Rideau	9	2:35.567

Race 87			Open Men's K1 500m Final G		8:40
Lane	Crew	Club	Finish	Time	
0					
3	Jasper Douglass U16	Pickering Rouge	1	2:18.452	
6	Shea Kennedy U16	Rideau	2	2:19.158	
4	Alexandros Gournakis	Rideau	3	2:21.349	
5	Oliver Sinclair U16	Burloak	4	2:23.372	
2	Xavier Silveira	Rideau	5	2:26.705	
9	Walker Davis	South Niagara	6	2:32.787	
8	Jonothan Barrett U16	South Niagara	7	2:33.962	
1	Ty Collver U16	Burloak	8	2:42.020	
7	Myles Melville	Carleton Place	9	DNS	

Race 88			Open Men's K1 500m Final F		8:45
Lane	Crew	Club	Finish	Time	
0					
5	Kai Ullock	Balmy Beach	1	2:10.677	
6	Mateo Volpini U16 U16	Sudbury	2	2:11.972	
4	Owen MacLean U16	Collingwood	3	2:12.551	
1	Dax Morris U16	Rideau	4	2:12.675	
2	Jonah Quesnel U16	Pickering Rouge	5	2:14.773	
3	Heitor Muhl U16	Rideau	6	2:15.993	
9	Zach Nicholson	Carleton Place	7	2:17.599	
8	Ashton Teixeira U16	Burloak	8	2:20.457	
7	Dominik Ramirez	Mississauga	9	DNS	

Race 89			Open Men's K1 500m Final E		8:50
Lane	Crew	Club	Finish	Time	
0					
8	Finn Petit-Carruthers	Richmond Hill	1	2:03.335	
5	Ryan Cordeau	Mississauga	2	2:04.444	
2	Jozsi McKee	Rideau	3	2:05.348	
9	Liam Bodley	Balmy Beach	4	2:05.778	
3	Nehal Dhillon	Burloak	5	2:07.542	
7	Avery Duval U16	Carleton Place	6	2:07.927	
4	Jack Bailey U16	Collingwood	7	2:09.060	
6	Wesley Hodgson-Pageau	Rideau	8	2:09.235	
1	Oscar Graves U16	North Bay	9	2:15.793	

Race 90			Open Men's K1 500m Final D		8:55
Lane	Crew	Club	Finish	Time	
0					
4	Evan Volpini	Sudbury	1	1:59.994	
6	Cole Macey	Sudbury	2	2:02.120	
7	Benjamin Elder U16	Rideau	3	2:02.293	
5	Kyle Jackson	Balmy Beach	4	2:03.884	
3	Tyler Chenette	Rideau	5	2:04.265	
2	Massimo Montanari	Burloak	6	2:05.199	
8	Jed Hill U16	Rideau	7	2:06.003	
1	Jack Meikle U16	Balmy Beach	8	2:08.948	
9	Jonathan Bilewicz	Pickering Rouge	9	2:09.570	

Race 91			Open Men's K1 500m Final C		9:00
Lane	Crew	Club	Finish	Time	
0					
2	Dyllan Redwood-Wheeler U16	Carleton Place	1	1:57.882	
7	Scott Bentley	Carleton Place	2	1:58.943	
5	Victor Savulescu	Rideau	3	2:00.283	
3	Ryan Naroditsky	Rideau	4	2:00.958	
9	Andre Rocha	Mississauga	5	2:01.784	
8	Henrik Neuspiel U16	Rideau	6	2:01.788	
1	Sam Paquette	Carleton Place	7	2:02.030	
4	Adam Jonsson U16	Balmy Beach	8	2:02.472	
6	Lucas Gilpin	Sudbury	9	2:02.623	

Race 92			Open Men's K1 500m Final B		9:05
Lane	Crew	Club	Finish	Time	
0					
2	Alessandro Busa	Rideau		1:53.748	
4	Spencer Robinson	Rideau		1:55.471	
7	Hayden Kralik	Mississauga		1:56.598	
8	Patrick Harrington	Rideau		1:56.917	
6	Thomas Beauregard	Rideau		1:57.460	
5	Devon Kinnaird	Burloak		1:58.549	
3	Andrew Fanok	Pickering Rouge		1:58.941	
9	Adam Baird	Rideau		1:59.020	
1	Graeme Grant	Mississauga		2:00.255	

Race 93			Open Men's K1 500m Final A		9:10
Lane	Crew	Club	Finish	Time	
0					
5	Cameron Low	Balmy Beach	1	1:47.783	
6	Jason Burkholder	Burloak	2	1:49.393	
4	David Stewart	Richmond Hill	3	1:50.036	
1	Alexander Hoferek	Rideau	4	1:50.132	
8	Lucas Stein	Balmy Beach	5	1:51.177	
9	Cormac Adams	Burloak	6	1:51.767	
7	Aidan Dumont	Carleton Place	7	1:52.663	
3	Carson Corey	Burloak	8	1:52.885	
2	Alex Ivanov	Richmond Hill	9	1:54.758	

Race 94			Open Men's C1 500m Final D		9:15
Lane	Crew	Club	Finish	Time	
0					
1					
2					
3					
5	Spencer McLeod U16 (R)	Mississauga	1	2:38.583	
4	John-Michael Humphreys U16 (R)	Mississauga	2	2:44.044	
6	Noah Al Heshemi U16 (L) U16 (L)	Mississauga	3	3:10.490	
7					
8					
9					

Race 95 Open Men's C1 500m Final C			9:20	
Lane	Crew	Club	Finish	Time
0				
8	Samuel Smith (L)	Rideau	1	2:20.819
7	Adam Nagy (L)	Richmond Hill	2	2:22.587
5	Grayson Schrotter U16 (R)	Mississauga	3	2:24.179
1	Cameron Stewart U16 (L)	Mississauga	4	2:25.496
3	Cole Norman U16 (L)	Rideau	5	2:27.655
6	Nate Provost U16 (R)	Rideau	6	2:27.805
4	Jake LaFontaine (L)	Mississauga	7	2:29.623
9	Shawn Ge U16 (R)	Burloak	8	2:37.972
2	Aaron Leenaars U16 (L)	Collingwood	9	2:39.886

Race 96 Open Men's C1 500m Final B			9:25	
Lane	Crew	Club	Finish	Time
0				
5	Lucas Stringer (L)	Mississauga	1	2:12.375
3	Mark Vucina (L)	Mississauga	2	2:14.858
4	Stuart Bradley (R)	Rideau	3	2:16.646
6	Matthew Sampson (R)	Mississauga	4	2:18.108
7	Konrad Morawski (R)	Richmond Hill	5	2:19.639
2	Aidan Haines (L)	Carleton Place	6	2:24.145
8	Max Hong (R)	Carleton Place	7	2:25.860
9	Lucas Williams (R)	Mississauga	8	2:28.450
1	JT Mollard (R)	Mississauga	9	2:29.163

Race 97 Open Men's C1 500m Final A			9:30	
Lane	Crew	Club	Finish	Time
0				
6	Ydris Hunter (L)	Rideau	1	2:04.326
5	Matthew O'Neill (R)	Rideau	2	2:05.211
8	Zachary Kralik (L)	Mississauga	3	2:05.530
9	Dylan Schrotter (L)	Mississauga	4	2:06.985
3	Peter Bradley (L)	Rideau	5	2:07.276
4	Austin Pigeon (L)	South Niagara	6	2:07.345
7	Jack Chambers (L) (L)	Mississauga	7	2:11.272
2	Kieran Graham (L)	Rideau	8	2:11.974
1	Nick Shirokov (R)	Mississauga	9	2:15.197

Break

Race 98 Open Women's K1 200m Heat 1			9:50	
Advancement - 1/7 + next BT to SF; rest to Final E				
Lane	Crew	Club	Finish	Time
0				
5	Hayley Plante	Balmy Beach	1	49.897
4	Emily Best	Rideau	2	53.645
1	Chloe Bryer U16	Burloak	3	53.718
6	Emma Burkholder	Burloak	4	53.921
3	Maea Knights U16	Collingwood	5	56.721
8	Chloe Woods U16	Burloak	6	59.289
7	Claire Nevins U16	Mississauga	7	1:03.915
2	Taylor Hardie U16	Burloak	8	1:06.605
9				

Race 99			Open Women's K1 200m Heat 2		9:55
Advancement - 1/7 + next BT to SF; rest to Final E					
Lane	Crew	Club	Finish	Time	
0					
5	Sarah Nagy	Richmond Hill	1	49.227	
6	Samantha Stein	Balmy Beach	2	51.002	
4	Callie Loch U16	Rideau	3	51.518	
7	Leeya Nagpal	Rideau	4	54.325	
9	Ina Zeng	Rideau	5	55.646	
8	Tyler Rennick U16	Rideau	6	57.071	
3	Hilary Coolen U16	Mississauga	7	57.803	
2	Avery Conrad U16	Rideau	8	58.502	
1	Katherine Birchenough U16	Burloak		SCRATCH	

Race 100			Open Women's K1 200m Heat 3		10:00
Advancement - 1/7 + next BT to SF; rest to Final E					
Lane	Crew	Club	Finish	Time	
0					
5	Maren Bradley	Rideau	1	48.767	
4	Olivia Pucci	Rideau	2	48.805	
6	Kyla Drouin	Rideau	3	52.442	
3	Avery Durocher	North Bay	4	55.252	
8	Gilliane Smith U16	Rideau	5	56.657	
1	Gabrielle Woods U16	Burloak	6	56.851	
2	Alexandra Gillan U16	Rideau	7	57.764	
7	Tegan Leverette U16	Carleton Place	8	1:03.420	
9	Emily Zhuang U16	Burloak	9	1:04.353	

Race 101			Open Women's K1 200m Heat 4		10:05
Advancement - 1/7 + next BT to SF; rest to Final E					
Lane	Crew	Club	Finish	Time	
0					
5	Eva Looper	Burloak	1	49.435	
6	Katy Stewart	Richmond Hill	2	49.883	
1	Gia Venter	Carleton Place	3	52.004	
4	Sydney Doidge	Balmy Beach	4	52.386	
3	Kate Osborne U16	Rideau	5	54.644	
7	Barbora Benada U16	Mississauga	6	56.229	
2	Maria Tierrafria	Rideau	7	59.966	
8	Sophie McLean U16	Burloak	8	1:01.108	
9					

Race 102			Open Women's K1 200m Heat 5		10:10
Advancement - 1/7 + next BT to SF; rest to Final E					
Lane	Crew	Club	Finish	Time	
0					
5	Brooklyn Wodehouse	Richmond Hill	1	48.093	
4	Erin Demopolis	Mississauga	2	49.142	
6	Bridget Wodehouse	Richmond Hill	3	50.214	
7	Sabrina Tyrrell U16	Burloak	4	58.134	
3	Lucy McMahon U16	Balmy Beach	5	58.179	
2	Cassie Kenny U16	Burloak	6	59.423	
1	Sydney Nielsen	Rideau	7	59.547	
8	Sarah Lowry U16	South Niagara	8	1:01.470	
9					

Race 103 Open Women's C1 200m Heat 1			10:15	
Advancement - 1st to Final A; 2-7 to SF; rest to Final C				
Lane	Crew	Club	Finish	Time
0				
6	Ruby Muhl U16 (R)	Rideau	1	55.497
5	Teagan Tyrrell (R)	Mississauga	2	57.588
3	Abby Wojtyk U16 (L)	Rideau	3	59.423
8	Claire Mollard U16 (R)	Mississauga	4	1:00.404
4	Aimee Pigeon	South Niagara	5	1:01.714
1	Emma Marshall U16 (R)	Balmy Beach	6	1:04.607
7	Zoe Bergeron (R)	Mississauga	7	1:05.483
2	Ada Jasinski	Mississauga		SCRATCH
9				

Race 104 Open Women's C1 200m Heat 2			10:20	
Advancement - 1st to Final A; 2-7 to SF; rest to Final C				
Lane	Crew	Club	Finish	Time
0				
5	Amelia Wojtyk (L)	Rideau	1	55.453
3	Zoe Wojtyk (R)	Rideau	2	56.214
2	Julia Price U16 (R)	Rideau	3	56.378
4	Mackenzie Haines (R)	Carleton Place	4	59.153
6	Anna Semeniuk (L)	Rideau	5	1:00.574
7	Izzy Lowry U16 (L)	Carleton Place	6	1:02.336
1	Mady Mackinnon U16 (R)	Rideau	7	1:05.430
8	Naomi Lozada (L)	Mississauga	8	1:17.710
9				

Race 105 Open Women's C1 200m Heat 3			10:25	
Advancement - 1st to Final A; 2-7 to SF; rest to Final C				
Lane	Crew	Club	Finish	Time
0				
4	Janina Winnicki (R)	Rideau	1	55.664
3	Mila Souilliere (L)	Rideau	2	58.509
8	Abbie Haines U16 (L)	Carleton Place	3	59.996
7	Sarah Rumscheidt U16 (R)	Rideau	4	1:00.610
6	Hayley Tutty (R)	Mississauga	5	1:00.753
2	Caroline Anderson U16 (R)	Rideau	6	1:02.186
9	Leia Stephenson U16 (L)	Mississauga	7	1:07.669
1	*	Burloak	8	1:26.741
5				

Race 106 Open Women's SO Pro K1 200m Final 1			10:30	
Lane	Crew	Club	Finish	Time
0				
1				
2				
3				
5	Annie Leonard	Burloak	1	1:35.934
4	Abigail Latourour	Pickering Rouge	2	1:37.335
6	Rachel Cohen	Pickering Rouge	3	1:41.377
7				
8				
9				

Race 107 Open Men's SO Pro K1 200m Final 1			10:35	
Lane	Crew	Club	Finish	Time
0				
1				
2				
3				
4	Nathan Gillen	Pickering Rouge	1	1:04.238
5	Quinn Martin	Pickering Rouge	2	1:12.982
6	Richard Freeland	Pickering Rouge	3	1:15.239
7				
8				
9				

Race 108 Open Men's K1 1000m Heat 1			10:45	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G				
Lane	Crew	Club	Finish	Time
0				
1	Heitor Muhl U16	Rideau	8	5:03.587
2	Lucas Gilpin	Sudbury	5	4:31.034
3	Thomas Beauregard	Rideau	2	4:23.106
4	Scott Bentley	Carleton Place	3	4:24.487
5	David Stewart	Richmond Hill	1	4:22.232
6	Carson Corey	Burloak	4	4:25.084
7	Dax Morris U16	Rideau	7	4:48.302
8	Jack Meikle U16	Balmy Beach	6	4:33.137
9	Xavier Silveira	Rideau	9	5:16.519

Race 109 Open Men's K1 1000m Heat 2			10:52	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G				
Lane	Crew	Club	Finish	Time
0				
1	Dominik Ramirez	Mississauga		DNS
2	Jonothan Barrett U16	South Niagara	7	5:29.606
3	Owen MacLean U16	Collingwood	5	4:37.872
4	Devon Kinnaird	Burloak	3	4:27.486
5	Lucas Stein	Balmy Beach	1	4:25.771
6	Cormac Adams	Burloak	2	4:26.523
7	Massimo Montanari	Burloak	4	4:29.847
8	Shea Kennedy U16	Rideau	6	4:57.797
9	Ty Collver U16	Burloak	8	5:31.450

Race 110 Open Men's K1 1000m Heat 3			10:59	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G				
Lane	Crew	Club	Finish	Time
0				
1	Jasper Douglass U16	Pickering Rouge	9	4:59.412
2	Jed Hill U16	Rideau	6	4:31.680
3	Tyler Chenette	Rideau	5	4:26.459
4	Evan Volpini	Sudbury	2	4:17.394
5	Alessandro Busa	Rideau	1	4:15.827
6	Hayden Kralik	Mississauga	3	4:17.607
7	Henrik Neuspiel U16	Rideau	4	4:26.414
8	Ashton Teixeira U16	Burloak	8	4:55.426
9	Oscar Graves U16	North Bay	7	4:44.829

Race 111		Open Men's K1 1000m Heat 4		11:06	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G					
Lane	Crew	Club	Finish	Time	
0					
1	Ryan Naroditsky	Rideau	5	4:29.146	
2	Alexandros Gournakis	Rideau	9	5:11.754	
3	Jack Bailey U16	Collingwood	7	4:42.271	
4	Adam Jonsson U16	Balmy Beach	3	4:21.826	
5	Cameron Low	Balmy Beach	1	4:19.590	
6	Spencer Robinson	Rideau	2	4:21.529	
7	Graeme Grant	Mississauga	4	4:22.867	
8	Mateo Volpini U16 U16	Sudbury	8	5:01.323	
9	Jozsi McKee	Rideau	6	4:37.040	

Race 112		Open Men's K1 1000m Heat 5		11:13	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G					
Lane	Crew	Club	Finish	Time	
0					
1	Avery Duval U16	Carleton Place	7	4:53.33	
2	Cole Macey	Sudbury	3	4:29.538	
3	Patrick Harrington	Rideau	2	4:27.561	
4	Andrew Fanok	Pickering Rouge		SCRATCH	
5	Aidan Dumont	Carleton Place	1	4:24.569	
6	Kyle Jackson	Balmy Beach	4	4:30.125	
7	Jonathan Bilewicz	Pickering Rouge	5	4:37.543	
8	Wesley Hodgson-Pageau	Rideau	6	4:44.839	
9	Kai Ullock	Balmy Beach	8	4:58.897	

Race 113		Open Men's K1 1000m Heat 6		11:20	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G					
Lane	Crew	Club	Finish	Time	
0					
1	Oliver Sinclair U16	Burloak	8	5:08.752	
2	Zach Nicholson	Carleton Place	7	5:01.812	
3	Dyllan Redwood-Wheeler U16	Carleton Place	2	4:27.495	
4	Walker Davis	South Niagara		SCRATCH	
5	Jason Burkholder	Burloak	3	4:32.253	
6	Alex Ivanov	Richmond Hill	1	4:25.302	
7	Nehal Dhillon	Burloak	5	4:40.361	
8	Andre Rocha	Mississauga	4	4:38.407	
9	Liam Bodley	Balmy Beach	6	4:52.687	

Race 114		Open Men's K1 1000m Heat 7		11:27	
Advancement - 1/5 + next BT to SF; 9 next BT to Final E; 9 next BT to Final F; rest to Final G					
Lane	Crew	Club	Finish	Time	
0					
1	Ryan Cordeau	Mississauga	7	4:53.151	
2	Myles Melville	Carleton Place	9	5:24.673	
3	Sam Paquette	Carleton Place	3	4:32.419	
4	Adam Baird	Rideau	4	4:33.608	
5	Alexander Hoferek	Rideau	1	4:27.854	
6	Victor Savulescu	Rideau	5	4:37.111	
7	Jonah Quesnel U16	Pickering Rouge	8	4:55.655	
8	Benjamin Elder U16	Rideau	2	4:30.930	
9	Finn Petit-Carruthers	Richmond Hill	6	4:37.520	

Race 115		Open Men's C1 1000m Heat 1		11:35	
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Advancement - 1-6 + 3x7th BT to SF; rest to Final D				
Lane	Crew	Club	Finish	Time
0				
5	Kieran Graham (L)	Rideau	1	4:54.33
4	Zachary Kralik (L)	Mississauga	2	4:56.993
6	Jack Chambers (L) (L)	Mississauga	3	4:58.964
7	Grayson Schrotter U16 (R)	Mississauga	4	5:33.210
3	Jake LaFontaine (L)	Mississauga	5	5:40.441
8	Spencer McLeod U16 (R)	Mississauga	6	5:47.415
2	Shawn Ge U16 (R)	Burloak	7	6:01.423
1	Aaron Leenaars U16 (L)	Collingwood		DQ
9				

Race 116 Open Men's C1 1000m Heat 2				
Advancement - 1-6 + 3x7th BT to SF; rest to Final D				
Lane	Crew	Club	Finish	Time
0				
6	Peter Bradley (L)	Rideau	1	4:51.417
4	Nick Shirokov (R)	Mississauga	2	4:57.886
5	Ydris Hunter (L)	Rideau	3	4:58.233
3	Stuart Bradley (R)	Rideau	4	5:05.258
1	Aidan Haines (L)	Carleton Place	5	5:17.896
7	Konrad Morawski (R)	Richmond Hill	6	5:18.959
2	Cole Norman U16 (L)	Rideau	7	5:29.289
8	Cameron Stewart U16 (L)	Mississauga	8	5:41.184
9				

Race 117 Open Men's C1 1000m Heat 3				
Advancement - 1-6 + 3x7th BT to SF; rest to Final D				
Lane	Crew	Club	Finish	Time
0				
1				
5	Matthew O'Neill (R)	Rideau	1	4:54.712
4	Dylan Schrotter (L)	Mississauga	2	5:01.711
7	Matthew Sampson (R)	Mississauga	3	5:24.696
6	Samuel Smith (L)	Rideau	4	5:27.433
2	Nate Provost U16 (R)	Rideau	5	5:27.549
3	Adam Nagy (L)	Richmond Hill	6	5:35.624
8	Noah Al Heshemi U16 (L) U16 (L)	Mississauga	7	6:56.796
9				

Race 118 Open Men's C1 1000m Heat 4				
Advancement - 1-6 + 3x7th BT to SF; rest to Final D				
Lane	Crew	Club	Finish	Time
0				
1				
5	Austin Pigeon (L)	South Niagara	1	4:54.091
6	Lucas Stringer (L)	Mississauga	2	4:57.516
3	Mark Vucina (L)	Mississauga	3	5:09.405
8	JT Mollard (R)	Mississauga	4	5:13.351
7	Lucas Williams (R)	Mississauga	5	5:27.737
4	Max Hong (R)	Carleton Place	6	5:28.041
2	John-Michael Humphreys U16 (R)	Mississauga	7	6:08.268
9				

Lunch

Race 119		Open Women's SO Pro K1 200m Final 2	13:00		
Lane	Crew	Club	Finish	Time	
0					
1					
2					
3					
5	Annie Leonard	Burloak	1	1:33.252	
4	Abigail Latour	Pickering Rouge	2	1:35.837	
6	Rachel Cohen	Pickering Rouge	3	1:39.766	
7					
8					
9					

Race 120		Open Men's SO Pro K1 200m Final 2	13:05		
Lane	Crew	Club	Finish	Time	
0					
1					
2					
3					
4	Nathan Gillen	Pickering Rouge	1	1:02.405	
5	Quinn Martin	Pickering Rouge	2	1:12.399	
6	Richard Freeland	Pickering Rouge	3	1:14.113	
7					
8					
9					

Race 121		Open Women's K1 200m Semi-Final 1	13:10		
Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B, 2x5th + 4x6th + 3 next BT to Final C; rest to Final D					
Lane	Crew	Club	Finish	Time	
0					
5	Maren Bradley	Rideau	1	46.972	
4	Katy Stewart	Richmond Hill	2	47.918	
6	Callie Loch U16	Rideau	3	49.495	
7	Gia Venter	Carleton Place	4	49.883	
3	Emma Burkholder	Burloak	5	51.281	
9	Hilary Coolen U16	Mississauga	6	55.392	
8	Chloe Woods U16	Burloak	7	55.822	
2	Lucy McMahon U16	Balmy Beach	8	55.993	
1	Alexandra Gillan U16	Rideau	9	56.713	

Race 122		Open Women's K1 200m Semi-Final 2	13:15		
Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B, 2x5th + 4x6th + 3 next BT to Final C; rest to Final D					
Lane	Crew	Club	Finish	Time	
0					
5	Sarah Nagy	Richmond Hill	1	47.629	
4	Erin Demopolis	Mississauga	2	49.411	
6	Emily Best	Rideau	3	51.017	
7	Kyla Drouin	Rideau	4	51.749	
8	Kate Osborne U16	Rideau	5	54.804	
2	Ina Zeng	Rideau	6	55.897	
9	Cassie Kenny U16	Burloak	7	57.894	
3	Sabrina Tyrrell U16	Burloak	8	59.493	
1	Claire Nevins U16	Mississauga	9	1:04.219	

Race 123		Open Women's K1 200m Semi-Final 3		13:20	
Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B, 2x5th + 4x6th + 3 next BT to Final C; rest to Final D					
Lane	Crew	Club	Finish	Time	
0					
5	Hayley Plante	Balmy Beach	1	45.871	
6	Olivia Pucci	Rideau	2	46.325	
4	Eva Looper	Burloak	3	47.226	
3	Bridget Wodehouse	Richmond Hill	4	47.384	
7	Leeya Nagpal	Rideau	5	51.011	
2	Maea Knights U16	Collingwood	6	52.482	
8	Barbora Benada U16	Mississauga	7	52.861	
1	Gabrielle Woods U16	Burloak	8	54.929	
9	Sydney Nielsen	Rideau	9	55.796	

Race 124		Open Women's K1 200m Semi-Final 4		13:25	
Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B, 2x5th + 4x6th + 3 next BT to Final C; rest to Final D					
Lane	Crew	Club	Finish	Time	
0					
5	Brooklyn Wodehouse	Richmond Hill	1	48.075	
6	Samantha Stein	Balmy Beach	2	48.983	
4	Chloe Bryer U16	Burloak	3	52.931	
7	Sydney Doidge	Balmy Beach	4	53.385	
3	Avery Durocher	North Bay	5	55.886	
9	Avery Conrad U16	Rideau	6	57.416	
2	Tyler Rennick U16	Rideau	7	57.670	
8	Gilliane Smith U16	Rideau	8	57.809	
1	Maria Tierrafría	Rideau	9	1:02.269	

Race 125		Open Women's C1 200m Semi-Final 1		13:30	
Advancement - 1-3 to Final A; 4-7 + next BT to Final B; rest to Final C					
Lane	Crew	Club	Finish	Time	
0					
4	Julia Price U16 (R)	Rideau	1	55.172	
5	Teagan Tyrrell (R)	Mississauga	2	57.210	
2	Anna Semeniuk (L)	Rideau	3	58.678	
7	Claire Mollard U16 (R)	Mississauga	4	59.528	
3	Sarah Rumscheidt U16 (R)	Rideau	5	59.883	
8	Caroline Anderson U16 (R)	Rideau	6	1:00.730	
1	Emma Marshall U16 (R)	Balmy Beach	7	1:01.930	
9	Mady Mackinnon U16 (R)	Rideau	8	1:02.805	
6	Abbie Haines U16 (L)	Carleton Place	9	1:03.727	

Race 126		Open Women's C1 200m Semi-Final 2		13:35	
Advancement - 1-3 to Final A; 4-7 + next BT to Final B; rest to Final C					
Lane	Crew	Club	Finish	Time	
0					
5	Zoe Wojtyk (R)	Rideau	1	54.025	
6	Abby Wojtyk U16 (L)	Rideau	2	55.601	
4	Mila Souilliere (L)	Rideau	3	55.632	
3	Mackenzie Haines (R)	Carleton Place	4	56.714	
8	Izzy Lowry U16 (L)	Carleton Place	5	58.250	
7	Aimee Pigeon	South Niagara	6	58.583	
2	Hayley Tutty (R)	Mississauga	7	59.444	
1	Zoe Bergeron (R)	Mississauga	8	1:02.039	
9	Leia Stephenson U16 (L)	Mississauga	9	1:06.763	

Race 127		Open Men's K1 1000m Semi-Final 1		13:45	
Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B, 2x5th + 4x6th + 3 next BT to Final C; rest to Final D					
Lane	Crew	Club	Finish	Time	
0					
7	Jason Burkholder	Burloak	1	4:02.122	
5	David Stewart	Richmond Hill	2	4:02.428	
4	Aidan Dumont	Carleton Place	3	4:04.234	
6	Spencer Robinson	Rideau	4	4:17.519	
8	Massimo Montanari	Burloak	5	4:27.205	
2	Henrik Neuspiel U16	Rideau	6	4:28.94	
1	Lucas Gilpin	Sudbury	7	4:29.50	
9	Jed Hill U16	Rideau	8	4:35.928	
3	Benjamin Elder U16	Rideau	9	4:38.259	

Race 128		Open Men's K1 1000m Semi-Final 2		13:52	
Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B, 2x5th + 4x6th + 3 next BT to Final C; rest to Final D					
Lane	Crew	Club	Finish	Time	
0					
5	Lucas Stein	Balmy Beach	1	4:17.988	
7	Hayden Kralik	Mississauga	2	4:18.086	
4	Thomas Beauregard	Rideau	3	4:20.101	
6	Patrick Harrington	Rideau	4	4:23.885	
3	Adam Jonsson U16	Balmy Beach	5	4:27.300	
8	Andre Rocha	Mississauga	6	4:35.456	
2	Sam Paquette	Carleton Place	7	4:36.204	
9	Owen MacLean U16	Collingwood	8	4:40.881	
1	Nehal Dhillon	Burloak	9	4:48.296	

Race 129		Open Men's K1 1000m Semi-Final 3		13:59	
Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B, 2x5th + 4x6th + 3 next BT to Final C; rest to Final D					
Lane	Crew	Club	Finish	Time	
0					
4	Alex Ivanov	Richmond Hill	1	4:12.246	
5	Alessandro Busa	Rideau	2	4:13.291	
6	Evan Volpini	Sudbury	3	4:18.484	
3	Scott Bentley	Carleton Place	4	4:20.102	
7	Devon Kinnaird	Burloak	5	4:20.829	
8	Graeme Grant	Mississauga	6	4:21.684	
2	Kyle Jackson	Balmy Beach	7	4:27.078	
9	Jonathan Bilewicz	Pickering Rouge	8	4:27.872	
1	Victor Savulescu	Rideau	9	4:42.107	

Race 130		Open Men's K1 1000m Semi-Final 4		14:06	
Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B, 2x5th + 4x6th + 3 next BT to Final C; rest to Final D					
Lane	Crew	Club	Finish	Time	
0					
5	Cameron Low	Balmy Beach	1	4:08.531	
4	Alexander Hoferek	Rideau	2	4:10.091	
3	Cormac Adams	Burloak	3	4:10.354	
2	Carson Corey	Burloak	4	4:10.516	
6	Dyllan Redwood-Wheeler U16	Carleton Place	5	4:18.352	
9	Ryan Naroditsky	Rideau	6	4:19.484	
8	Adam Baird	Rideau	7	4:31.818	
7	Cole Macey	Sudbury	8	4:32.391	
1	Tyler Chenette	Rideau	9	4:38.947	

Race 131 Open Men's C1 1000m Semi-Final 1			14:13	
Advancement - 1-3 to Final A; 4-6 to Final B; rest to Final C				
Lane	Crew	Club	Finish	Time
0				
6	Dylan Schrotter (L)	Mississauga	1	4:47.124
4	Nick Shirokov (R)	Mississauga	2	4:49.043
5	Kieran Graham (L)	Rideau	3	4:49.047
3	Mark Vucina (L)	Mississauga	4	4:51.555
1	Konrad Morawski (R)	Richmond Hill	5	4:59.321
9	Cole Norman U16 (L)	Rideau	6	4:59.458
8	Jake LaFontaine (L)	Mississauga	7	5:04.964
7	JT Mollard (R)	Mississauga	8	5:08.424
2	Nate Provost U16 (R)	Rideau	9	5:19.573

Race 132 Open Men's C1 1000m Semi-Final 2			14:20	
Advancement - 1-3 to Final A; 4-6 to Final B; rest to Final C				
Lane	Crew	Club	Finish	Time
0				
5	Peter Bradley (L)	Rideau	1	4:37.473
4	Lucas Stringer (L)	Mississauga	2	4:38.931
6	Jack Chambers (L) (L)	Mississauga	3	4:39.270
8	Aidan Haines (L)	Carleton Place	4	4:52.364
3	Matthew Sampson (R)	Mississauga	5	4:55.505
2	Grayson Schrotter U16 (R)	Mississauga	6	5:02.226
7	Samuel Smith (L)	Rideau	7	5:04.257
9	Max Hong (R)	Carleton Place	8	5:10.395
1	Cameron Stewart U16 (L)	Mississauga	9	5:27.167

Race 133 Open Men's C1 1000m Semi-Final 3			14:27	
Advancement - 1-3 to Final A; 4-6 to Final B; rest to Final C				
Lane	Crew	Club	Finish	Time
0				
4	Matthew O'Neill (R)	Rideau	1	4:24.964
5	Austin Pigeon (L)	South Niagara	2	4:28.754
6	Zachary Kralik (L)	Mississauga	3	4:29.803
3	Ydris Hunter (L)	Rideau	4	4:35.044
7	Stuart Bradley (R)	Rideau	5	4:45.119
2	Lucas Williams (R)	Mississauga	6	5:07.182
8	Adam Nagy (L)	Richmond Hill	7	5:07.299
9	Shawn Ge U16 (R)	Burloak	8	5:26.158
1	Spencer McLeod U16 (R)	Mississauga	9	5:34.996

Break

Race 134 Open Women's K1 200m Final E			15:00	
Lane	Crew	Club	Finish	Time
0				
1				
2				
4	Sarah Lowry U16	South Niagara	1	58.288
7	Taylor Hardie U16	Burloak	2	58.964
5	Sophie McLean U16	Burloak	3	1:00.184
6	Tegan Leverette U16	Carleton Place	4	1:01.292
3	Emily Zhuang U16	Burloak	5	1:05.255
8				
9				

Race 135 Open Women's K1 200m Final D			15:05	
Lane	Crew	Club	Finish	Time
0				
3	Tyler Rennick U16	Rideau	1	54.465
4	Lucy McMahon U16	Balmy Beach	2	54.666
7	Gilliane Smith U16	Rideau	3	55.030
8	Sabrina Tyrrell U16	Burloak	4	55.651
5	Chloe Woods U16	Burloak	5	56.730
6	Cassie Kenny U16	Burloak	6	57.100
1	Maria Tierrafria	Rideau	7	59.331
2	Alexandra Gillan U16	Rideau		DNF
9	Claire Nevins U16	Mississauga		DNS

Race 136 Open Women's K1 200m Final C			15:10	
Lane	Crew	Club	Finish	Time
0				
5	Kate Osborne U16	Rideau	1	51.597
7	Maea Knights U16	Collingwood	2	52.332
8	Barbora Benada U16	Mississauga	3	53.040
3	Ina Zeng	Rideau	4	53.041
4	Avery Durocher	North Bay	5	53.243
1	Gabrielle Woods U16	Burloak	6	54.968
6	Hilary Coolen U16	Mississauga	7	56.231
9	Sydney Nielsen	Rideau	8	56.345
2	Avery Conrad U16	Rideau	9	57.847

Race 137 Open Women's K1 200m Final B			15:15	
Lane	Crew	Club	Finish	Time
0				
2	Bridget Wodehouse	Richmond Hill	1	47.688
6	Callie Loch U16	Rideau	2	48.438
5	Emily Best	Rideau	3	49.229
7	Kyla Drouin	Rideau	4	50.332
3	Gia Venter	Carleton Place	5	50.538
9	Emma Burkholder	Burloak	6	50.796
4	Chloe Bryer U16	Burloak	7	51.158
8	Sydney Doidge	Balmy Beach	8	51.189
1	Leeya Nagpal	Rideau	9	53.346

Race 138 Open Women's K1 200m Final A			15:20	
Lane	Crew	Club	Finish	Time
0				
4	Sarah Nagy	Richmond Hill	1	45.055
3	Brooklyn Wodehouse	Richmond Hill	2	45.236
6	Hayley Plante	Balmy Beach	3	45.244
5	Maren Bradley	Rideau	4	45.687
8	Olivia Pucci	Rideau	5	46.223
9	Eva Looper	Burloak	6	46.272
2	Erin Demopolis	Mississauga	7	46.840
1	Samantha Stein	Balmy Beach	8	48.122
7	Katy Stewart	Richmond Hill	9	48.354

Race 139 Open Women's C1 200m Final C			15:25	
Lane	Crew	Club	Finish	Time
0				
1				
2				
3	Abbie Haines U16 (L)	Carleton Place	1	56.709
6	Mady Mackinnon U16 (R)	Rideau	2	1:03.038
7	Leia Stephenson U16 (L)	Mississauga	3	1:08.064
5	Naomi Lozada (L)	Mississauga	4	1:13.694
4	Katherine Kerwin U16 (L)	Burloak	5	1:19.780
8				
9				

Race 140 Open Women's C1 200m Final B			15:30	
Lane	Crew	Club	Finish	Time
0				
4	Mackenzie Haines (R)	Carleton Place	1	57.327
5	Claire Mollard U16 (R)	Mississauga	2	58.075
9	Zoe Bergeron (R)	Mississauga	3	58.865
6	Sarah Rumscheidt U16 (R)	Rideau	4	59.113
1	Hayley Tutty (R)	Mississauga	5	59.354
7	Caroline Anderson U16 (R)	Rideau	6	59.524
8	Emma Marshall U16 (R)	Balmy Beach	7	1:00.582
2	Aimee Pigeon	South Niagara	8	1:01.752
3	Izzy Lowry U16 (L)	Carleton Place	9	1:02.528

Race 141 Open Women's C1 200m Final A			15:35	
Lane	Crew	Club	Finish	Time
0				
7	Zoe Wojtyk (R)	Rideau	1	52.886
4	Amelia Wojtyk (L)	Rideau	2	52.888
6	Janina Winnicki (R)	Rideau	3	53.023
5	Ruby Muhl U16 (R)	Rideau	4	53.976
3	Julia Price U16 (R)	Rideau	5	54.030
9	Mila Souilliere (L)	Rideau	6	54.544
8	Abby Wojtyk U16 (L)	Rideau	7	55.400
2	Teagan Tyrrell (R)	Mississauga	8	55.542
1	Anna Semeniuk (L)	Rideau	9	58.934

Race 142 Open Men's K1 1000m Final G			15:45	
Lane	Crew	Club	Finish	Time
0				
1				
5	Oliver Sinclair U16	Burloak	1	4:48.747
4	Alexandros Gournakis	Rideau	2	4:58.516
6	Xavier Silveira	Rideau	3	5:02.004
3	Myles Melville	Carleton Place	4	5:06.076
7	Jonothan Barrett U16	South Niagara	5	5:16.486
2	Ty Collver U16	Burloak	6	5:38.451
8				
9				

Race 143			Open Men's K1 1000m Final F		15:52	
Lane	Crew	Club	Finish	Time		
0						
5	Avery Duval U16	Carleton Place	1	4:37.184		
2	Mateo Volpini U16 U16	Sudbury	2	4:43.847		
4	Jonah Quesnel U16	Pickering Rouge	3	4:45.287		
8	Jasper Douglass U16	Pickering Rouge	4	4:49.249		
9	Zach Nicholson	Carleton Place	5	4:49.380		
1	Heitor Muhl U16	Rideau	6	4:49.579		
3	Kai Ullock	Balmy Beach	7	4:51.361		
7	Shea Kennedy U16	Rideau	8	4:53.424		
6	Ashton Teixeira U16	Burloak	9	4:57.052		

Race 144			Open Men's K1 1000m Final E		15:59	
Lane	Crew	Club	Finish	Time		
0						
9	Ryan Cordeau	Mississauga	1	4:29.166		
5	Jack Meikle U16	Balmy Beach	2	4:31.079		
6	Finn Petit-Carruthers	Richmond Hill	3	4:34.134		
4	Jozsi McKee	Rideau	4	4:35.215		
8	Dax Morris U16	Rideau	5	4:38.688		
3	Jack Bailey U16	Collingwood	6	4:38.908		
2	Wesley Hodgson-Pageau	Rideau	7	4:41.757		
7	Oscar Graves U16	North Bay	8	4:44.459		
1	Liam Bodley	Balmy Beach	9	4:47.466		

Race 145			Open Men's K1 1000m Final D		16:06	
Lane	Crew	Club	Finish	Time		
0						
3	Sam Paquette	Carleton Place	1	4:20.783		
4	Cole Macey	Sudbury	2	4:21.292		
5	Adam Baird	Rideau	3	4:30.610		
7	Tyler Chenette	Rideau	4	4:32.399		
6	Jed Hill U16	Rideau	5	4:33.960		
9	Victor Savulescu	Rideau	6	4:35.278		
2	Benjamin Elder U16	Rideau	7	4:35.404		
8	Owen MacLean U16	Collingwood	8	4:38.790		
1	Nehal Dhillon	Burloak	9	4:43.898		

Race 146			Open Men's K1 1000m Final C		16:13	
Lane	Crew	Club	Finish	Time		
0						
7	Graeme Grant	Mississauga	1	4:15.509		
4	Adam Jonsson U16	Balmy Beach	2	4:17.383		
8	Kyle Jackson	Balmy Beach	3	4:17.639		
9	Lucas Gilpin	Sudbury	4	4:19.283		
5	Massimo Montanari	Burloak	5	4:20.672		
2	Ryan Naroditsky	Rideau	6	4:21.609		
6	Henrik Neuspiel U16	Rideau	9	4:21.992		
3	Andre Rocha	Mississauga	7	4:23.136		
1	Jonathan Bilewicz	Pickering Rouge	8	4:35.663		

Race 147			Open Men's K1 1000m Final B		16:20
Lane	Crew	Club	Finish	Time	
0					
6	Cormac Adams	Burloak	1	4:04.543	
8	Carson Corey	Burloak	2	4:04.701	
5	Thomas Beauregard	Rideau	3	4:12.201	
4	Evan Volpini	Sudbury	4	4:13.421	
3	Spencer Robinson	Rideau	9	4:14.624	
7	Patrick Harrington	Rideau	5	4:15.273	
9	Devon Kinnaird	Burloak	6	4:15.907	
1	Dyllan Redwood-Wheeler U16	Carleton Place	7	4:22.497	
2	Scott Bentley	Carleton Place	8	4:23.466	

Race 148			Open Men's K1 1000m Final A		16:27
Lane	Crew	Club	Finish	Time	
0					
3	Cameron Low	Balmy Beach	1	3:55.770	
9	Aidan Dumont	Carleton Place	2	3:56.752	
7	David Stewart	Richmond Hill	3	3:58.658	
4	Lucas Stein	Balmy Beach	4	3:59.359	
5	Jason Burkholder	Burloak	5	4:00.328	
8	Alessandro Busa	Rideau	6	4:04.221	
1	Alexander Hoferek	Rideau	7	4:07.287	
6	Alex Ivanov	Richmond Hill	8	4:08.153	
2	Hayden Kralik	Mississauga	9	4:13.008	

Race 149			Open Men's C1 1000m Final D		16:34
Lane	Crew	Club	Finish	Time	
0					
1					
2					
3					
5	John-Michael Humphreys U16 (R)	Mississauga	1	5:49.849	
4	Noah Al Heshemi U16 (L) U16 (L)	Mississauga	2	6:30.047	
6					
7					
8					
9					

Race 150			Open Men's C1 1000m Final C		16:41
Lane	Crew	Club	Finish	Time	
0					
6	Adam Nagy (L)	Richmond Hill	1	4:49.627	
5	Jake LaFontaine (L)	Mississauga	2	4:52.826	
8	Nate Provost U16 (R)	Rideau	3	4:53.844	
3	JT Mollard (R)	Mississauga	4	4:55.990	
4	Samuel Smith (L)	Rideau	5	4:59.827	
7	Max Hong (R)	Carleton Place	6	5:02.302	
1	Cameron Stewart U16 (L)	Mississauga	7	5:04.708	
9	Spencer McLeod U16 (R)	Mississauga	8	5:19.846	
2	Shawn Ge U16 (R)	Burloak	9	5:25.885	

Race 151		Open Men's C1 1000m Final B		16:48	
Lane	Crew	Club	Finish	Time	
0					
6	Ydris Hunter (L)	Rideau	1	4:34.036	
2	Stuart Bradley (R)	Rideau	2	4:37.025	
3	Konrad Morawski (R)	Richmond Hill	3	4:41.210	
7	Matthew Sampson (R)	Mississauga	4	4:43.515	
4	Aidan Haines (L)	Carleton Place	5	4:50.010	
5	Mark Vucina (L)	Mississauga	6	4:53.077	
1	Grayson Schrotter U16 (R)	Mississauga	7	4:53.471	
9	Lucas Williams (R)	Mississauga	8	4:54.930	
8	Cole Norman U16 (L)	Rideau	9	4:57.223	

Race 152		Open Men's C1 1000m Final A		16:55	
Lane	Crew	Club	Finish	Time	
0					
4	Peter Bradley (L)	Rideau	1	4:13.628	
6	Matthew O'Neill (R)	Rideau	2	4:13.857	
9	Zachary Kralik (L)	Mississauga	3	4:18.422	
8	Kieran Graham (L)	Rideau	4	4:21.756	
5	Dylan Schrotter (L)	Mississauga	5	4:22.928	
2	Austin Pigeon (L)	South Niagara	6	4:28.584	
3	Nick Shirokov (R)	Mississauga	7	4:28.704	
1	Jack Chambers (L) (L)	Mississauga	8	4:29.012	
7	Lucas Stringer (L)	Mississauga	9	4:45.644	