

## 2023 Ontario cup - Ontario Team Trials (Day 1) Results

Updated May 28, 2023

| Time  | Race # | Event             | Distance | H/S/F |
|-------|--------|-------------------|----------|-------|
| 8:00  | 1      | Open Men's K1     | 1000m    | H1    |
| 8:07  | 2      |                   |          | H2    |
| 8:14  | 3      |                   |          | H3    |
| 8:21  | 4      |                   |          | H4    |
| 8:28  | 5      |                   |          | H5    |
| 8:35  | 6      |                   |          | H6    |
| 8:42  | 7      |                   |          | H7    |
| 8:49  | 8      |                   |          | H8    |
| 8:56  | 9      | Open Men's C1     | 1000m    | H1    |
| 9:03  | 10     |                   |          | H2    |
| 9:10  | 11     |                   |          | H3    |
| 9:17  | 12     |                   |          | H4    |
| 9:24  | 13     |                   |          | H5    |
| 9:35  | 14     | Open Women's K1   | 500m     | H1    |
| 9:40  | 15     |                   |          | H2    |
| 9:45  | 16     |                   |          | H3    |
| 9:50  | 17     |                   |          | H4    |
| 9:55  | 18     |                   |          | H5    |
| 10:05 | 19     | Open Women's C1   | 200m     | H1    |
| 10:10 | 20     |                   |          | H2    |
| 10:15 | 21     |                   |          | H3    |
| 10:20 | 22     |                   |          | H4    |
| 10:25 | 23     | Open Para Mixed   | 200m     | H1    |
|       |        | <b>Break</b>      |          |       |
| 11:00 | 24     | Open Men's K1     | 1000m    | S1    |
| 11:07 | 25     |                   |          | S2    |
| 11:14 | 26     |                   |          | S3    |
| 11:21 | 27     |                   |          | S4    |
| 11:28 | 28     | Open Men's C1     | 1000m    | S1    |
| 11:35 | 29     |                   |          | S2    |
| 11:42 | 30     |                   |          | S3    |
| 11:49 | 31     |                   |          | S4    |
|       |        | <b>Lunch</b>      |          |       |
| 13:00 | 32     | Open Women's K1   | 500m     | S1    |
| 13:05 | 33     |                   |          | S2    |
| 13:10 | 34     |                   |          | S3    |
| 13:15 | 35     |                   |          | S4    |
| 13:25 | 36     | Open Women's C1   | 200m     | S1    |
| 13:30 | 37     |                   |          | S2    |
| 13:35 | 38     |                   |          | S3    |
| 13:40 | 39     | Open Para Mixed A | 200m     | F1    |
| 13:45 | 40     | Open Para Mixed B | 200m     | F1    |
| 13:55 | 41     | Open Men's K1     | 1000m    | H     |
| 14:02 | 42     |                   |          | G     |
| 14:09 | 43     |                   |          | F     |
| 14:16 | 44     |                   |          | E     |
| 14:23 | 45     |                   |          | D     |

|       |    |                   |       |    |
|-------|----|-------------------|-------|----|
| 14:30 | 46 |                   |       | C  |
| 14:37 | 47 |                   |       | B  |
| 14:44 | 48 |                   |       | A  |
| 14:51 | 49 | Open Men's C1     | 1000m | E  |
| 14:58 | 50 |                   |       | D  |
| 15:05 | 51 |                   |       | C  |
| 15:12 | 52 |                   |       | B  |
| 15:19 | 53 |                   |       | A  |
| 15:30 | 54 | Open Women's K1   | 500m  | E  |
| 15:35 | 55 |                   |       | D  |
| 15:40 | 56 |                   |       | C  |
| 15:45 | 57 |                   |       | B  |
| 15:50 | 58 |                   |       | A  |
| 16:00 | 59 | Open Women's C1   | 200m  | D  |
| 16:05 | 60 |                   |       | C  |
| 16:10 | 61 |                   |       | B  |
| 16:15 | 62 |                   |       | A  |
| 16:20 | 63 | Open Para Mixed A | 200m  | F2 |
| 16:25 | 64 | Open Para Mixed B | 200m  | F2 |

## CKO Sprint's Ontario Cup - Ontario Team Trials

DAY 1 - SATURDAY, JUNE 3

|               |   |             |               |             |
|---------------|---|-------------|---------------|-------------|
| <b>Race 1</b> | <b>Open Men's K1 1000m Heat 1</b>   | <b>8:00</b> |               |             |
|               | <b>Advancement - 1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT to Final F; 9 next BT to Final G,</b> |             |               |             |
| <b>Lane</b>   | <b>Crew</b>   | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0             |   |             |               |             |
| 5             | Cameron Low U23   | Balmy Bea   | 1             | 4:03.68     |
| 6             | Henrik Neuspiel U16   | Rideau      | 2             | 4:05.68     |
| 4             | Andre Rocha U18   | Mississaug  | 3             | 4:23.88     |
| 7             | Mateo Volpini U18   | Sudbury     | 4             | 4:31.59     |
| 8             | Myles Melville U16  | Carleton P  | 5             | 4:41.99     |
| 9             | Haden Hastie U16  | Carleton P  | 6             | 4:42.80     |
| 2             | KRISH CHADHA U18  | Richmond    | 7             | 4:44.12     |
| 3             | Isaac Quesnel U14   | Pickering F | 8             | 4:50.27     |
| 1             | Sasha Vinogradov U18  | Rideau      | 9             | 4:56.23     |

|               |   |             |               |             |
|---------------|---|-------------|---------------|-------------|
| <b>Race 2</b> | <b>Open Men's K1 1000m Heat 2</b>   | <b>8:07</b> |               |             |
|               | <b>Advancement - 1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT to Final F; 9 next BT to Final G,</b> |             |               |             |
| <b>Lane</b>   | <b>Crew</b>   | <b>Club</b> | <b>Finish</b> | <b>Time</b> |

|   |                      |              |   |         |
|---|----------------------|--------------|---|---------|
| 0 |                      |              |   |         |
| 5 | Aidan Dumont U23     | Rideau       | 1 | 4:09.39 |
| 4 | Ryan Naroditsky U18  | Rideau       | 2 | 4:11.06 |
| 6 | Sam Paquette U23     | Carleton P   | 3 | 4:14.74 |
| 3 | Avery Duval U18      | Carleton P   | 4 | 4:17.12 |
| 8 | Ty Collver U16       | Burloak      | 5 | 4:22.92 |
| 7 | Jasper Douglass U16  | Pickering F  | 6 | 4:23.78 |
| 2 | Joseph Zwolinski U14 | Balmy Bea    | 7 | 4:31.07 |
| 9 | Daniel Farlinger U18 | Petrie Islan | 8 | 4:45.81 |
| 1 | Isaac Ford U16       | Collingwood  | 9 | 4:58.96 |

|               |   |             |               |             |
|---------------|---|-------------|---------------|-------------|
| <b>Race 3</b> | <b>Open Men's K1 1000m Heat 3</b>   | <b>8:14</b> |               |             |
|               | <b>Advancement - 1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT to Final F; 9 next BT to Final G,</b> |             |               |             |
|               |   |             |               |             |
| <b>Lane</b>   | <b>Crew</b>   | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0             |   |             |               |             |
| 5             | David Stewart Sr.   | Rideau      | 1             | 4:10.78     |
| 6             | Kyle Jackson U23  | Balmy Bea   | 2             | 4:12.08     |
| 4             | Tyler Chenette U23  | Rideau      | 3             | 4:17.09     |
| 2             | Jonah Quesnel U16   | Pickering F | 4             | 4:21.27     |
| 1             | Michael Chaban U16  | Mississaug  | 5             | 4:23.51     |
| 3             | William Bodley U18  | Balmy Bea   | 6             | 4:41.84     |
| 7             | Zachary Nicholson U18   | Carleton P  | 7             | 4:44.08     |
| 8             | Jonothan Barrett U16  | South Niag  | 8             | 4:44.67     |
| 9             | Ethan Zanna U16   | Rideau      | 9             | 5:08.46     |

|               |   |             |               |             |
|---------------|---|-------------|---------------|-------------|
| <b>Race 4</b> | <b>Open Men's K1 1000m Heat 4</b>   | <b>8:21</b> |               |             |
|               | <b>Advancement - 1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT to Final F; 9 next BT to Final G,</b> |             |               |             |
|               |   |             |               |             |
| <b>Lane</b>   | <b>Crew</b>   | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0             |   |             |               |             |
| 5             | Lucas Stein U23   | Balmy Bea   | 1             | 4:13.25     |
| 6             | Victor Savulescu U23  | Rideau      | 2             | 4:14.57     |
| 4             | Graeme Grant U18  | Mississaug  | 3             | 4:14.71     |
| 7             | Heitor Muhl U18   | Rideau      | 4             | 4:30.92     |
| 2             | Alessandro Pucci U16  | Rideau      | 5             | 4:31.29     |
| 3             | Oscar Graves U16  | North Bay   | 6             | 4:32.81     |
| 8             | Ruben Deme-Lindberg U16   | Rideau      | 7             | 4:37.64     |

|   |                       |        |   |         |
|---|-----------------------|--------|---|---------|
| 1 | Gavin Burke U16       | Rideau | 8 | 4:43.98 |
| 9 | George Farnsworth U16 | Rideau | 9 | 5:01.88 |

|               |   |             |               |             |
|---------------|---|-------------|---------------|-------------|
| <b>Race 5</b> | <b>Open Men's K1 1000m Heat 5</b>   | <b>8:28</b> |               |             |
|               | <b>Advancement - 1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT to Final F; 9 next BT to Final G,</b> |             |               |             |
| <b>Lane</b>   | <b>Crew</b>   | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0             |   |             |               |             |
| 5             | Jason Burkholder U23  | Burloak     | 1             | 4:03.19     |
| 6             | Dyllan Redwood-Wheeler U16  | Carleton P  | 2             | 4:03.83     |
| 4             | Benjamin Elder U18  | Rideau      | 3             | 4:15.93     |
| 3             | Wesley Hodgson-Pageau U18   | Rideau      | 4             | 4:16.20     |
| 8             | Tai Nguyen U18  | Rideau      | 5             | 4:41.87     |
| 7             | Kai Ullock U18  | Balmy Bea   | 6             | 4:47.89     |
| 9             | Alexander Shin U16  | Richmond H  | 7             | 4:49.74     |
| 2             | Alec Oberer U16   | Pickering F | 8             | 4:58.21     |
| 1             | Zachary Wells U16   | Rideau      | 9             | 5:14.96     |

|               |   |             |               |             |
|---------------|---|-------------|---------------|-------------|
| <b>Race 6</b> | <b>Open Men's K1 1000m Heat 6</b>   | <b>8:35</b> |               |             |
|               | <b>Advancement - 1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT to Final F; 9 next BT to Final G,</b> |             |               |             |
| <b>Lane</b>   | <b>Crew</b>   | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0             |   |             |               |             |
| 5             | Alexander Hoferek U23   | Rideau      | 1             | 4:03.04     |
| 6             | Owen MacLean U16  | Collingwood | 2             | 4:04.38     |
| 3             | Jack Bailey U16   | Burloak     | 3             | 4:06.15     |
| 4             | Spencer Robinson U23  | Rideau      | 4             | 4:11.48     |
| 2             | Aiden Kinnaird U16  | Burloak     | 5             | 4:12.50     |
| 1             | Jozsi Mckee U18   | Rideau      | 6             | 4:22.54     |
| 8             | Julien Turpin U16   | Sudbury     | 8             | 4:24.43     |
| 7             | Mason Lowry U14   | Carleton P  | 7             | 4:51.46     |
| 9             |   |             |               |             |

|               |   |             |               |             |
|---------------|---|-------------|---------------|-------------|
| <b>Race 7</b> | <b>Open Men's K1 1000m Heat 7</b>   | <b>8:42</b> |               |             |
|               | <b>Advancement - 1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT to Final F; 9 next BT to Final G,</b> |             |               |             |
| <b>Lane</b>   | <b>Crew</b>   | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0             |   |             |               |             |

|   |                          |             |   |         |
|---|--------------------------|-------------|---|---------|
| 6 | Carson Corey U18         | Burloak     | 1 | 4:10.05 |
| 5 | Hayden Kralik U23        | Mississauga | 2 | 4:10.97 |
| 4 | Nehal Dhillon U18        | Burloak     | 3 | 4:18.22 |
| 7 | Nicholas Robinson Sr.    | Exhibition  | 4 | 4:20.75 |
| 2 | Alexandros Gournakis U18 | Rideau      | 5 | 4:27.44 |
| 3 | Dax Morris U16           | Rideau      | 6 | 4:28.77 |
| 8 | Shea Kennedy U16         | Rideau      | 7 | 4:32.08 |
| 1 | Riley Taylor U16         | Rideau      | 8 | 4:41.29 |
| 9 | Simon Richardson U18     | Carleton P  | 9 | 4:43.94 |

|               |   |             |               |             |
|---------------|---|-------------|---------------|-------------|
| <b>Race 8</b> | <b>Open Men's K1 1000m Heat 8</b>   | <b>8:49</b> |               |             |
|               | <b>Advancement - 1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT to Final F; 9 next BT to Final G,</b> |             |               |             |
| <b>Lane</b>   | <b>Crew</b>   | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0             |   |             |               |             |
| 5             | Cormac Adams U23  | Burloak     | 1             | 4:00.03     |
| 4             | Thomas Beauregard U18   | Rideau      | 2             | 4:01.41     |
| 3             | Jackson Meikle U18  | Balmy Bea   | 3             | 4:17.67     |
| 7             | Ashton Teixeira U16   | Burloak     | 4             | 4:20.02     |
| 6             | Ryan Cordeau U18  | Mississauga | 5             | 4:26.24     |
| 2             | Oliver Sinclair U16   | Burloak     | 6             | 4:32.00     |
| 1             | Ethan Beeho U16   | Balmy Bea   | 7             | 4:58.80     |
| 8             | Josiah Clarke U23   | Rideau      | SCR           |             |
| 9             |   |             |               |             |

|               |   |             |               |             |
|---------------|---|-------------|---------------|-------------|
| <b>Race 9</b> | <b>Open Men's C1 1000m Heat 1</b>                         | <b>8:56</b> |               |             |
|               | <b>Advancement - 1/7 + next BT to SF; rest to Final E</b> |             |               |             |
| <b>Lane</b>   | <b>Crew</b>   | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0             |   |             |               |             |
| 4             | Ydris Hunter U23 (L)                                      | Rideau      | 1             | 4:35.89     |
| 5             | Peter Bradley U23 (L)                                     | Rideau      | 2             | 4:39.42     |
| 6             | Grayson Schrotter U18 (R.)                                | Mississauga | 3             | 4:45.42     |
| 7             | John Mollard U18 (R.)                                     | Mississauga | 4             | 4:58.99     |
| 3             | Nathaniel Provost U16 (R.)                                | Rideau      | 5             | 4:59.63     |
| 1             | Adam Schlosser U16 (R)                                    | Rideau      | 6             | 5:37.40     |
| 8             | Nathaniel Suppa U14 (L)                                   | North Bay   | 7             | 5:45.00     |
| 2             | Nathaniel Wernick U16 (R)                                 | Balmy Beach |               | DNF         |
| 9             |   |             |               |             |

| Race 10  | Open Men's C1 1000m Heat 2 | 9:03       |        |         |
|--|----------------------------|------------|--------|---------|
| Advancement - 1/7 + next BT to SF; rest to Final E |                            |            |        |         |
| Lane   | Crew                       | Club       | Finish | Time    |
| 0  |                            |            |        |         |
| 5  | Matthew O'Neil U23 (R.)    | Rideau     | 1      | 4:30.09 |
| 4  | Stuart Bradley U18 (R.)    | Rideau     | 2      | 4:31.73 |
| 6  | JACK CHAMBERS U18 (L)      | Mississaug | 3      | 4:39.71 |
| 7  | Thomas Bremermann U23 (R)  | Mississaug | 4      | 5:04.65 |
| 3  | Mark Vucina U18 (L)        | Mississaug | 5      | 5:04.81 |
| 8  | Noah Al Hashemi U16 (L)    | Mississaug | 6      | 5:37.33 |
| 1  | Riley Ribero U16 (L)       | Ottawa Riv | 7      | 5:42.50 |
| 2  | Max Gorelov U14 (L)        | Rideau     | 8      | 5:47.38 |
| 9  |                            |            |        |         |

| Race 11  | Open Men's C1 1000m Heat 3 | 9:10       |        |         |
|--|----------------------------|------------|--------|---------|
| Advancement - 1/7 + next BT to SF; rest to Final E |                            |            |        |         |
| Lane   | Crew                       | Club       | Finish | Time    |
| 0  |                            |            |        |         |
| 5  | Zachary KRALIK U23 (L)     | Mississaug | 1      | 4:34.10 |
| 4  | Nicholas Shirokov U18 (R.) | Mississaug | 2      | 4:35.43 |
| 6  | Konrad Morawski U18 (R.)   | Richmond   | 3      | 4:41.63 |
| 7  | Spencer McLeod U14 (R.)    | Mississaug | 4      | 5:05.50 |
| 3  | Cameron Stewart U18 (L)    | Mississaug | 5      | 5:12.22 |
| 8  |                            | Burloak    | 6      | 5:13.00 |
| 2  | Roenn Hodgins U14 (L)      | Carleton P | 7      | 5:49.21 |
| 1  | Hunter Mack U16 (R)        | Balmy Bea  | 8      | 6:11.10 |
| 9  |                            |            |        |         |

| Race 12  | Open Men's C1 1000m Heat 4 | 9:17       |        |         |
|--|----------------------------|------------|--------|---------|
| Advancement - 1/7 + next BT to SF; rest to Final E |                            |            |        |         |
| Lane   | Crew                       | Club       | Finish | Time    |
| 0  |                            |            |        |         |
| 1  |                            |            |        |         |
| 5  | Viktor Hardy U23 (R.)      | Exhibition | 1      | 4:31.48 |
| 6  | Austin Pigeon U23 (L)      | South Niag | 2      | 4:36.33 |
| 3  | Cole Norman U18 (L)        | Rideau     | 3      | 4:49.34 |
| 4  | Matthew Sampson U18 (R.)   | Mississaug | 4      | 4:54.49 |

|   |                         |         |   |         |
|---|-------------------------|---------|---|---------|
| 7 | Shawn Ge U16 (R.)       | Burloak | 5 | 5:03.23 |
| 8 | Wesley Bartlett U16 (L) | Rideau  | 6 | 5:29.63 |
| 2 | Liam Velicogna U16 (L)  | Rideau  | 7 | 5:50.32 |
| 9 |                         |         |   |         |

|   |                                   |             |               |             |
|---|-----------------------------------|-------------|---------------|-------------|
| <b>Race 13</b>  | <b>Open Men's C1 1000m Heat 5</b> | <b>9:24</b> |               |             |
| <b>Advancement - 1/7 + next BT to SF; rest to Final E</b> |                                   |             |               |             |
| <b>Lane</b>   | <b>Crew</b>                       | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0   |                                   |             |               |             |
| 1   |                                   |             |               |             |
| 4   | Dylan Schrotter U23 (L)           | Mississaug  | 1             | 4:40.07     |
| 5   | Kieran Graham U23 (L)             | Rideau      | 2             | 4:41.65     |
| 6   | Aidan Haines U18 (L)              | Carleton P  | 3             | 4:43.54     |
| 3   | Lucas Williams U23 (R.)           | Mississaug  | 4             | 4:45.78     |
| 7   | Joshua Sargant U14 (L)            | Burloak     | 5             | 5:13.28     |
| 2   | Wes Clouthier U14 (L)             | North Bay   | 6             | 5:52.90     |
| 8   | Eyob Reddin U16 (R)               | Rideau      | SCR           |             |
| 9   |                                   |             |               |             |

|   |                                    |             |               |             |
|---|------------------------------------|-------------|---------------|-------------|
| <b>Race 14</b>  | <b>Open Women's K1 500m Heat 1</b> | <b>9:35</b> |               |             |
| <b>Advancement - 1/7 + next BT to SF; rest to Final E</b> |                                    |             |               |             |
| <b>Lane</b>   | <b>Crew</b>                        | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0   |                                    |             |               |             |
| 5   | Sarah Nagy U23                     | Richmond    | 1             | 2:11.89     |
| 6   | Maea Knights U16                   | Burloak     | 2             | 2:14.49     |
| 7   | Elizabeth Fanok U14                | Pickering F | 3             | 2:16.92     |
| 4   | Kyla Drouin U23                    | Carleton P  | 4             | 2:19.24     |
| 1   | Kamilla Neuspiel U16               | Rideau      | 5             | 2:22.95     |
| 2   | Sarah Lowry U18                    | South Niag  | 6             | 2:24.74     |
| 8   | Paige MacKinnon U16                | Rideau      | 7             | 2:28.45     |
| 3   | Claire Nevins U18                  | Mississaug  | 8             | 2:40.55     |
| 9   | Julia Patchell U16                 | Carleton P  | 9             | 2:43.02     |

|   |                                    |             |               |             |
|---|------------------------------------|-------------|---------------|-------------|
| <b>Race 15</b>  | <b>Open Women's K1 500m Heat 2</b> | <b>9:40</b> |               |             |
| <b>Advancement - 1/7 + next BT to SF; rest to Final E</b> |                                    |             |               |             |
| <b>Lane</b>   | <b>Crew</b>                        | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0   |                                    |             |               |             |
| 5   | Brooklyn Wodehouse U23             | Richmond    | 1             | 2:08.16     |

|   |                    |            |   |         |
|---|--------------------|------------|---|---------|
| 6 | Kate Osborne U16   | Rideau     | 2 | 2:10.13 |
| 4 | Sydney Doidge U23  | Balmy Bea  | 3 | 2:13.31 |
| 8 | Sophie McLean U16  | Burloak    | 4 | 2:17.19 |
| 7 | Hilary Coolen U16  | Mississaug | 5 | 2:18.64 |
| 3 | Gia Venter U18     | Carleton P | 6 | 2:19.27 |
| 2 | Rachel Jou U16     | Richmond   | 7 | 2:21.59 |
| 1 | Audrey Jackson U16 | Balmy Bea  | 8 | 2:30.34 |
| 9 |                    |            |   |         |

|   |                                    |             |               |             |
|---|------------------------------------|-------------|---------------|-------------|
| <b>Race 16</b>  | <b>Open Women's K1 500m Heat 3</b> | <b>9:45</b> |               |             |
| <b>Advancement - 1/7 + next BT to SF; rest to Final E</b> |                                    |             |               |             |
| <b>Lane</b>   | <b>Crew</b>                        | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0   |                                    |             |               |             |
| 5   | Eva Looper U23                     | Burloak     | 1             | 2:06.96     |
| 6   | Emily Best U23                     | Rideau      | 2             | 2:07.38     |
| 4   | Avery Durocher U18                 | Mississaug  | 3             | 2:11.38     |
| 7   | Sabrina Tyrrell U16                | Burloak     | 4             | 2:13.63     |
| 2   | Emily Zhuang U16                   | Burloak     | 5             | 2:22.29     |
| 8   | Lilliana Sato U16                  | Richmond    | 6             | 2:24.55     |
| 1   | Adelaide Cumming U16               | Burloak     | 7             | 2:26.99     |
| 3   | Maria Tierrafria U23               | Rideau      | 8             | 2:34.42     |
| 9   | Josie Patchell U14                 | Carleton P  | 9             | 2:37.56     |

|   |                                    |             |               |             |
|---|------------------------------------|-------------|---------------|-------------|
| <b>Race 17</b>  | <b>Open Women's K1 500m Heat 4</b> | <b>9:50</b> |               |             |
| <b>Advancement - 1/7 + next BT to SF; rest to Final E</b> |                                    |             |               |             |
| <b>Lane</b>   | <b>Crew</b>                        | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0   |                                    |             |               |             |
| 4   | Chloe Bryer U18                    | Burloak     | 1             | 2:03.71     |
| 5   | Samantha Stein U23                 | Balmy Bea   | 2             | 2:07.15     |
| 6   | Barbora Benada U18                 | Mississaug  | 3             | 2:11.03     |
| 3   | Tyler Rennick U18                  | Rideau      | 4             | 2:17.06     |
| 8   | Taylor Hardie U16                  | Burloak     | 5             | 2:17.87     |
| 7   | Alexandra Gillan U18               | Rideau      | 6             | 2:18.18     |
| 2   | Alison Nguyen U14                  | Rideau      | 7             | 2:30.66     |
| 1   | Neve Metzler U16                   | Collingwod  | 8             | 2:38.94     |
| 9   | Jaina Arora U16                    | Rideau      | 9             | 2:39.21     |

|                |                                    |             |  |  |
|----------------|------------------------------------|-------------|--|--|
| <b>Race 18</b> | <b>Open Women's K1 500m Heat 5</b> | <b>9:55</b> |  |  |
|----------------|------------------------------------|-------------|--|--|



| <b>Advancement - 1/7 + next BT to SF; rest to Final E</b> |                        |             |               |             |
|---|------------------------|-------------|---------------|-------------|
| <b>Lane</b>   | <b>Crew</b>            | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0   |                        |             |               |             |
| 5   | Callie Loch U18        | Rideau      | 1             | 2:08.61     |
| 6   | Bridget Wodehouse U18  | Richmond    | 2             | 2:10.47     |
| 4   | Charlotte Brais U23    | Rideau      | 3             | 2:14.84     |
| 7   | Cassie Kenny U16       | Burloak     | 4             | 2:18.01     |
| 2   | Sydney Nielsen U23     | Rideau      | 5             | 2:28.22     |
| 3   | Gabrielle Woods U18    | Burloak     | 6             | 2:30.18     |
| 1   | Chloe Woods U18        | Burloak     | 7             | 2:31.09     |
| 8   | Sophia Sangiuliano U16 | Collingwood | 8             | 2:35.28     |
| 9   |                        |             |               |             |

| <b>Race 19</b>   | <b>Open Women's C1 200m Heat 1</b> | <b>10:05</b>   |               |             |
|--|------------------------------------|----------------|---------------|-------------|
| <b>Advancement - 1/6 + 3x7th BT to SF; rest to Final D</b> |                                    |                |               |             |
| <b>Lane</b>  | <b>Crew</b>                        | <b>Club</b>    | <b>Finish</b> | <b>Time</b> |
| 0  |                                    |                |               |             |
| 7  | Sarah Rumscheidt U18 (R.)          | Rideau         | 1             | 56.99       |
| 4  | Aimee Pigeon U18 (L)               | South Niagara  | 2             | 58.17       |
| 6  | Isabel Lowry U16 (L)               | Carleton Place | 3             | 58.55       |
| 3  | Zoe Bergeron U23 (R.)              | Mississauga    | 4             | 58.84       |
| 2  | Veronica Rumscheidt U16 (L)        | Rideau         | 5             | 1:02.89     |
| 1  | Naomi Lozada U18 (L)               | Mississauga    | 6             | 1:07.72     |
| 8  | Amalina Varo U16 (L)               | Rideau         |               | DNF         |
| 9  |                                    |                |               |             |

| <b>Race 20</b>   | <b>Open Women's C1 200m Heat 2</b> | <b>10:10</b> |               |             |
|--|------------------------------------|--------------|---------------|-------------|
| <b>Advancement - 1/6 + 3x7th BT to SF; rest to Final D</b> |                                    |              |               |             |
| <b>Lane</b>  | <b>Crew</b>                        | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0  |                                    |              |               |             |
| 5  | Zoe Wojtyk U18 (R.)                | Mississauga  | 1             | 49.38       |
| 6  | Abby Wojtyk U18 (L)                | Rideau       | 2             | 52.62       |
| 4  | Teagan Tyrrell U23 (R.)            | Mississauga  | 3             | 52.79       |
| 7  | Caroline Anderson U16 (R.)         | Rideau       | 4             | 53.93       |
| 2  | Madeleine Beauregard U16 (R)       | Rideau       | 5             | 54.11       |
| 8  | Haley Sebesta U14 (R)              | North Bay    | 6             | 1:01.25     |
| 3  | Adrianna Jasinski U18 (L)          | Mississauga  | 7             | 1:01.74     |

|   |                      |        |   |         |
|---|----------------------|--------|---|---------|
| 1 | Estelle Pike U16 (R) | Rideau | 8 | 1:02.83 |
| 9 |                      |        |   |         |

|  |                                    |              |               |             |
|--|------------------------------------|--------------|---------------|-------------|
| <b>Race 21</b>   | <b>Open Women's C1 200m Heat 3</b> | <b>10:15</b> |               |             |
| <b>Advancement - 1/6 + 3x7th BT to SF; rest to Final D</b> |                                    |              |               |             |
| <b>Lane</b>  | <b>Crew</b>                        | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0  |                                    |              |               |             |
| 1  |                                    |              |               |             |
| 5  | Janina Winnicki U23 (R.)           | Rideau       | 1             | 54.06       |
| 3  | Claire Mollard U16 (R.)            | Mississaug   | 2             | 54.68       |
| 4  | Mila Souilliere U23 (L)            | Rideau       | 3             | 55.48       |
| 6  | Abbie Haines U16 (L)               | Carleton P   | 4             | 56.52       |
| 7  | Madison (Mady) MacKinnon U18 (R)   | Rideau       | 5             | 1:00.63     |
| 8  | Mai-Lyn Nguyen U16 (L)             | Rideau       | 6             | 1:09.58     |
| 2  | Katherine Kerwin U14 (L)           | Burloak      | 7             | 1:11.96     |
| 9  |                                    |              |               |             |

|  |                                    |              |               |             |
|--|------------------------------------|--------------|---------------|-------------|
| <b>Race 22</b>   | <b>Open Women's C1 200m Heat 4</b> | <b>10:20</b> |               |             |
| <b>Advancement - 1/6 + 3x7th BT to SF; rest to Final D</b> |                                    |              |               |             |
| <b>Lane</b>  | <b>Crew</b>                        | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0  |                                    |              |               |             |
| 1  |                                    |              |               |             |
| 5  | Ruby Muhl U18 (R.)                 | Rideau       | 1             | 50.39       |
| 6  | Julia Price U16 (R.)               | Rideau       | 2             | 51.42       |
| 4  | Mackenzie Haines U23 (R.)          | Rideau       | 3             | 54.71       |
| 3  | Emma Marshall U16 (R.)             | Balmy Bea    | 4             | 56.29       |
| 2  | Naomi Langenbahn U16 (L)           | Rideau       | 5             | 57.5        |
| 7  | Leia Stephenson U16 (L)            | Mississaug   | 6             | 1:00.42     |
| 8  | Sunny Valdez U16 (R)               | Collingwood  | 7             | 1:01.68     |
| 9  |                                    |              |               |             |

|   |  |              |               |             |
|---|--|--------------|---------------|-------------|
| <b>Race 23</b>  | <b>Open Mixed Para KL/VL 200m Heat</b> | <b>10:25</b> |               |             |
| <b>Advancement - Top half to Final A, rest to Final B</b> |  |              |               |             |
| <b>Lane</b>   | <b>Crew</b>                            | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0   |  |              |               |             |
| 1   | Lindsay Davis WKL2                     | South Niag   | 1             | 1:20.00     |
| 2   | Marilyn Abbs WKL3                      | South Niag   | SCR           |             |
| 3   | Erica Scarff VL3                       | Mississaug   | 1             | 1:05.78     |

|   |                      |           |   |         |
|---|----------------------|-----------|---|---------|
| 4 |                      |           |   |         |
| 5 |                      |           |   |         |
| 6 | Stefan Samoila MKL2  | Balmy Bea | 1 | 1:04.24 |
| 7 | Gabriel Bouius MKL3  | Rideau    | 1 | 45.87   |
| 8 | Oliver Sinclair MKL3 | Burloak   | 2 | 57.03   |
| 9 |                      |           |   |         |

**Break**

|                |  |              |               |             |
|----------------|--|--------------|---------------|-------------|
| <b>Race 24</b> | <b>Open Men's K1 1000m Semi-Final 1</b>  | <b>11:00</b> |               |             |
|                | <b>Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B; 2x5th + 4x6th + 3 next</b> |              |               |             |
| <b>Lane</b>    | <b>Crew</b>  | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |  |              |               |             |
| 6              | Jason Burkholder U23   | Burloak      | 1             | 3:55.20     |
| 5              | Cameron Low U23  | Balmy Bea    | 2             | 3:55.74     |
| 3              | Thomas Beauregard U18  | Rideau       | 3             | 3:56.85     |
| 4              | Victor Savulescu U23   | Rideau       | 4             | 4:04.43     |
| 8              | Nehal Dhillon U18  | Burloak      | 5             | 4:04.79     |
| 2              | Avery Duval U18  | Carleton P   | 6             | 4:08.19     |
| 7              | Tyler Chenette U23   | Rideau       | 7             | 4:08.57     |
| 9              | Spencer Robinson U23   | Rideau       | 8             | 4:17.21     |
| 1              | Aiden Kinnaird U16   | Burloak      | 9             | 4:23.06     |

|                |  |              |               |             |
|----------------|--|--------------|---------------|-------------|
| <b>Race 25</b> | <b>Open Men's K1 1000m Semi-Final 2</b>  | <b>11:07</b> |               |             |
|                | <b>Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B; 2x5th + 4x6th + 3 next</b> |              |               |             |
| <b>Lane</b>    | <b>Crew</b>  | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 5              | Aidan Dumont U23   | Rideau       | 1             | 3:55.55     |
| 6              | Alexander Hoferek U23  | Rideau       | 2             | 3:56.48     |
| 4              | Henrik Neuspiel U16  | Rideau       | 3             | 3:58.25     |
| 3              | Dyllan Redwood-Wheeler U16   | Carleton P   | 4             | 3:59.08     |
| 8              | Jackson Meikle U18   | Balmy Bea    | 5             | 4:04.71     |
| 7              | Graeme Grant U18   | Mississaug   | 6             | 4:05.21     |
| 0              | Nicholas Robinson Sr.  | Exhibition   | 7             | 4:20.17     |
| 2              | Jonah Quesnel U16  | Pickering P  | 8             | 4:28.54     |
| 9              | Jozsi Mckee U18  | Rideau       | 9             | 4:30.82     |
| 1              | Alexandros Gournakis U18   | Rideau       | 10            | 4:36.70     |

|                |   |              |  |  |
|----------------|---|--------------|--|--|
| <b>Race 26</b> | <b>Open Men's K1 1000m Semi-Final 3</b> | <b>11:14</b> |  |  |
|----------------|---|--------------|--|--|

|             | <b>Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B; 2x5th + 4x6th + 3 next</b> |             |               |             |
|-------------|--|-------------|---------------|-------------|
| <b>Lane</b> | <b>Crew</b>  | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0           |  |             |               |             |
| 6           | Carson Corey U18   | Burloak     | 1             | 3:51.91     |
| 5           | David Stewart Sr.  | Rideau      | 2             | 3:53.05     |
| 4           | Ryan Naroditsky U18  | Rideau      | 3             | 3:55.13     |
| 7           | Andre Rocha U18  | Mississaug  | 4             | 4:06.39     |
| 8           | Benjamin Elder U18   | Rideau      | 5             | 4:06.84     |
| 3           | Owen MacLean U16   | Collingwood | 6             | 4:08.46     |
| 9           | Ashton Teixeira U16  | Burloak     | 7             | 4:12.84     |
| 1           | Ty Collver U16   | Burloak     | 8             | 4:26.33     |
| 2           | Heitor Muhl U18  | Rideau      | 9             | 4:32.44     |

| <b>Race 27</b> | <b>Open Men's K1 1000m Semi-Final 4</b>  | <b>11:21</b> |               |             |
|----------------|--|--------------|---------------|-------------|
|                | <b>Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B; 2x5th + 4x6th + 3 next</b> |              |               |             |
| <b>Lane</b>    | <b>Crew</b>  | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |  |              |               |             |
| 6              | Cormac Adams U23   | Burloak      | 1             | 3:58.20     |
| 5              | Lucas Stein U23  | Balmy Bea    | 2             | 3:58.46     |
| 4              | Hayden Kralik U23  | Mississaug   | 3             | 3:59.77     |
| 3              | Kyle Jackson U23   | Balmy Bea    | 4             | 4:03.60     |
| 2              | Jack Bailey U16  | Burloak      | 5             | 4:06.33     |
| 7              | Sam Paquette U23   | Carleton P   | 6             | 4:08.17     |
| 9              | Michael Chaban U16   | Mississaug   | 7             | 4:16.25     |
| 1              | Wesley Hodgson-Pageau U18  | Rideau       | 8             | 4:21.05     |
| 8              | Mateo Volpini U18  | Sudbury      | 9             | 4:26.42     |

| <b>Race 28</b> | <b>Open Men's C1 1000m Semi-Final 1</b>  | <b>11:28</b> |               |             |
|----------------|--|--------------|---------------|-------------|
|                | <b>Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B; 2x5th + 4x6th + 3 next</b> |              |               |             |
| <b>Lane</b>    | <b>Crew</b>  | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |  |              |               |             |
| 5              | Zachary KRALIK U23 (L)   | Mississaug   | 1             | 4:32.76     |
| 4              | Cole Norman U18 (L)  | Rideau       | 2             | 4:33.39     |
| 6              | JACK CHAMBERS U18 (L)  | Mississaug   | 3             | 4:34.01     |
| 7              | Matthew Sampson U18 (R.)   | Mississaug   | 4             | 4:56.28     |

|   |                        |            |   |         |
|---|------------------------|------------|---|---------|
| 3 | John Mollard U18 (R.)  | Mississaug | 5 | 5:06.49 |
| 2 | Joshua Sargant U14 (L) | Burloak    | 6 | 5:26.27 |
| 8 | Adam Schlosser U16 (R) | Rideau     | 7 | 5:26.52 |
| 9 | Riley Ribero U16 (L)   | Ottawa Riv | 8 | 5:33.52 |
| 1 | Roenn Hodgins U14 (L)  | Carleton P | 9 | 5:45.39 |

|                |  |              |               |             |
|----------------|--|--------------|---------------|-------------|
| <b>Race 29</b> | <b>Open Men's C1 1000m Semi-Final 2</b>  | <b>11:35</b> |               |             |
|                | <b>Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B; 2x5th + 4x6th + 3 next</b> |              |               |             |
| <b>Lane</b>    | <b>Crew</b>  | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |  |              |               |             |
| 7              | Konrad Morawski U18 (R.)   | Richmond     | 1             | no time     |
| 5              | Matthew O'Neil U23 (R.)  | Rideau       | 2             | no time     |
| 6              | Peter Bradley U23 (L)  | Rideau       | 3             | no time     |
| 3              | Lucas Williams U23 (R.)  | Mississaug   | 4             | no time     |
| 2              | Mark Vucina U18 (L)  | Mississaug   | 5             | no time     |
| 4              | Kieran Graham U23 (L)  | Rideau       | 6             | no time     |
| 8              | Wesley Bartlett U16 (L)  | Rideau       | 7             | no time     |
| 1              | Nathaniel Suppa U14 (L)  | North Bay    | 8             | no time     |
| 9              | Hunter Mack U16 (R)  | Balmy Bea    | 9             | no time     |

|                |  |              |               |             |
|----------------|--|--------------|---------------|-------------|
| <b>Race 30</b> | <b>Open Men's C1 1000m Semi-Final 3</b>  | <b>11:42</b> |               |             |
|                | <b>Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B; 2x5th + 4x6th + 3 next</b> |              |               |             |
| <b>Lane</b>    | <b>Crew</b>  | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |  |              |               |             |
| 5              | Viktor Hardy U23 (R.)  | Exhibition   | 1             | 4:37.25     |
| 7              | Nicholas Shirokov U18 (R.)   | Mississaug   | 2             | 4:37.49     |
| 4              | Austin Pigeon U23 (L)  | South Niag   | 3             | 4:40.52     |
| 8              | Thomas Bremermann U23 (R)  | Mississaug   | 4             | 4:58.90     |
| 3              | Aidan Haines U18 (L)   | Carleton P   | 5             | 5:07.22     |
| 6              | Ydris Hunter U23 (L)   | Rideau       | 6             | 5:17.31     |
| 2              | Nathaniel Provost U16 (R.)   | Rideau       | 7             | 5:19.46     |
| 1              | Sean Glynn U16 (R)   | Burloak      | 8             | 5:42.68     |
| 9              | Liam Velicogna U16 (L)   | Rideau       | 9             | 5:43.09     |

|                |   |              |  |  |
|----------------|---|--------------|--|--|
| <b>Race 31</b> | <b>Open Men's C1 1000m Semi-Final 4</b>                                 | <b>11:49</b> |  |  |
|                | <b>Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT</b> |              |  |  |

|      | to Final B; 2x5th + 4x6th + 3 next |             |        |         |
|------|------------------------------------|-------------|--------|---------|
| Lane | Crew                               | Club        | Finish | Time    |
| 0    |                                    |             |        |         |
| 6    | Stuart Bradley U18 (R.)            | Rideau      | 1      | 4:30.78 |
| 4    | Grayson Schrotter U18 (R.)         | Mississauga | 2      | 4:38.06 |
| 5    | Dylan Schrotter U23 (L)            | Mississauga | 3      | 4:52.09 |
| 7    | Shawn Ge U16 (R.)                  | Burloak     | 4      | 5:00.47 |
| 8    | Cameron Stewart U18 (L)            | Mississauga | 5      | 5:08.70 |
| 3    | Spencer McLeod U14 (R.)            | Mississauga | 6      | 5:11.93 |
| 2    | Noah Al Hashemi U16 (L)            | Mississauga | 7      | 5:43.27 |
| 9    | Wes Clouthier U14 (L)              | North Bay   | 8      | 5:44.83 |
| 1    | Max Gorelov U14 (L)                | Rideau      | 9      | 5:46.35 |

**Lunch**

| Race 32 | Open Women's K1 500m Semi-Final   | 13:00          |        |         |
|---------|---|----------------|--------|---------|
|         | Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B; 2x5th + 4x6th + 3 next |                |        |         |
| Lane    | Crew  | Club           | Finish | Time    |
| 0       |   |                |        |         |
| 5       | Eva Looper U23  | Burloak        | 1      | 2:06.50 |
| 6       | Maea Knights U16  | Burloak        | 2      | 2:09.94 |
| 4       | Sydney Doidge U23   | Balmy Beach    | 3      | 2:12.11 |
| 7       | Kyla Drouin U23   | Carleton Place | 4      | 2:14.50 |
| 3       | Tyler Rennick U18   | Rideau         | 5      | 2:14.99 |
| 8       | Hilary Coolen U16   | Mississauga    | 6      | 2:19.96 |
| 9       | Alison Nguyen U14   | Rideau         | 7      | 2:22.26 |
| 1       | Lilliana Sato U16   | Richmond Hill  | 8      | 2:23.21 |
| 2       | Sydney Nielsen U23  | Rideau         | 9      | 2:24.15 |

| Race 33 | Open Women's K1 500m Semi-Final   | 13:05         |        |         |
|---------|---|---------------|--------|---------|
|         | Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B; 2x5th + 4x6th + 3 next |               |        |         |
| Lane    | Crew  | Club          | Finish | Time    |
| 0       |   |               |        |         |
| 5       | Sarah Nagy U23  | Richmond Hill | 1      | 2:04.87 |
| 4       | Callie Loch U18   | Rideau        | 2      | 2:05.76 |
| 6       | Bridget Wodehouse U18   | Richmond Hill | 3      | 2:08.26 |
| 7       | Avery Durocher U18  | Mississauga   | 4      | 2:12.57 |
| 3       | Sophie McLean U16   | Burloak       | 5      | 2:17.13 |

|   |                      |           |   |         |
|---|----------------------|-----------|---|---------|
| 8 | Kamilla Neuspiel U16 | Rideau    | 6 | 2:21.18 |
| 1 | Rachel Jou U16       | Richmond  | 7 | 2:24.76 |
| 9 | Audrey Jackson U16   | Balmy Bea | 8 | 2:29.82 |
| 2 | Taylor Hardie U16    | Burloak   |   | DQ      |

|                |  |              |               |             |
|----------------|--|--------------|---------------|-------------|
| <b>Race 34</b> | <b>Open Women's K1 500m Semi-Final</b>   | <b>13:10</b> |               |             |
|                | <b>Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B; 2x5th + 4x6th + 3 next</b> |              |               |             |
| <b>Lane</b>    | <b>Crew</b>  | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |  |              |               |             |
| 5              | Brooklyn Wodehouse U23   | Richmond     | 1             | 2:06.20     |
| 4              | Emily Best U23   | Rideau       | 2             | 2:07.45     |
| 3              | Barbora Benada U18   | Mississauga  | 3             | 2:09.15     |
| 6              | Kate Osborne U16   | Rideau       | 4             | 2:11.19     |
| 7              | Sabrina Tyrrell U16  | Burloak      | 5             | 2:13.32     |
| 2              | Alexandra Gillan U18   | Rideau       | 6             | 2:14.95     |
| 9              | Gabrielle Woods U18  | Burloak      | 7             | 2:23.02     |
| 8              | Sarah Lowry U18  | South Niag   | 8             | 2:23.59     |
| 1              | Chloe Woods U18  | Burloak      | 9             | 2:27.46     |

|                |  |              |               |             |
|----------------|--|--------------|---------------|-------------|
| <b>Race 35</b> | <b>Open Women's K1 500m Semi-Final</b>   | <b>13:15</b> |               |             |
|                | <b>Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT to Final B; 2x5th + 4x6th + 3 next</b> |              |               |             |
| <b>Lane</b>    | <b>Crew</b>  | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |  |              |               |             |
| 5              | Chloe Bryer U18  | Burloak      | 1             | 2:08.79     |
| 6              | Samantha Stein U23   | Balmy Bea    | 2             | 2:12.54     |
| 7              | Charlotte Brais U23  | Rideau       | 3             | 2:12.97     |
| 3              | Cassie Kenny U16   | Burloak      | 4             | 2:21.29     |
| 4              | Elizabeth Fanok U14  | Pickering F  | 5             | 2:21.94     |
| 8              | Gia Venter U18   | Carleton P   | 6             | 2:23.69     |
| 2              | Emily Zhuang U16   | Burloak      | 7             | 2:30.09     |
| 9              | Paige MacKinnon U16  | Rideau       | 8             | 2:33.78     |
| 1              | Adelaide Cumming U16   | Burloak      | 9             | 2:40.11     |

|  |  |              |               |             |
|--|--|--------------|---------------|-------------|
| <b>Race 36</b>   | <b>Open Women's C1 200m Semi-Final</b> | <b>13:25</b> |               |             |
| <b>Advancement - 1/3 to Final A; 4/6 to Final B; rest to Final C</b> |  |              |               |             |
| <b>Lane</b>  | <b>Crew</b>                            | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |

|   |                                  |             |   |         |
|---|----------------------------------|-------------|---|---------|
| 0 |                                  |             |   |         |
| 6 | Claire Mollard U16 (R.)          | Mississauga | 1 | 55.16   |
| 4 | Abby Wojtyk U18 (L)              | Rideau      | 2 | 55.45   |
| 3 | Mackenzie Haines U23 (R.)        | Rideau      | 3 | 55.88   |
| 5 | Sarah Rumscheidt U18 (R.)        | Rideau      | 4 | 56.6    |
| 7 | Emma Marshall U16 (R.)           | Balmy Bea   | 5 | 57.39   |
| 2 | Madison (Mady) MacKinnon U18 (R) | Rideau      | 6 | 1:00.71 |
| 9 | Adrianna Jasinski U18 (L)        | Mississauga | 7 | 1:02.59 |
| 1 | Haley Sebesta U14 (R)            | North Bay   | 8 | 1:03.44 |
| 8 | Veronica Rumscheidt U16 (L)      | Rideau      | 9 | 1:04.17 |

|  |  |              |               |             |
|--|--|--------------|---------------|-------------|
| <b>Race 37</b>   | <b>Open Women's C1 200m Semi-Final</b> | <b>13:30</b> |               |             |
| <b>Advancement - 1/3 to Final A; 4/6 to Final B; rest to Final C</b> |  |              |               |             |
| <b>Lane</b>  | <b>Crew</b>                            | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0  |  |              |               |             |
| 5  | Zoe Wojtyk U18 (R.)                    | Mississauga  | 1             | 48.99       |
| 4  | Julia Price U16 (R.)                   | Rideau       | 2             | 50.39       |
| 3  | Mila Souilliere U23 (L)                | Rideau       | 3             | 53.36       |
| 7  | Abbie Haines U16 (L)                   | Carleton P   | 4             | 53.83       |
| 6  | Isabel Lowry U16 (L)                   | Carleton P   | 5             | 54.24       |
| 8  | Madeleine Beauregard U16 (R)           | Rideau       | 6             | 54.64       |
| 2  | Zoe Bergeron U23 (R.)                  | Mississauga  | 7             | 1:00.43     |
| 9  | Leia Stephenson U16 (L)                | Mississauga  | 8             | 1:01.87     |
| 1  | Katherine Kerwin U14 (L)               | Burloak      | 9             | 1:10.26     |

|  |  |              |               |             |
|--|--|--------------|---------------|-------------|
| <b>Race 38</b>   | <b>Open Women's C1 200m Semi-Final</b> | <b>13:35</b> |               |             |
| <b>Advancement - 1/3 to Final A; 4/6 to Final B; rest to Final C</b> |  |              |               |             |
| <b>Lane</b>  | <b>Crew</b>                            | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0  |  |              |               |             |
| 5  | Ruby Muhl U18 (R.)                     | Rideau       | 1             | 51.74       |
| 4  | Janina Winnicki U23 (R.)               | Rideau       | 2             | 53.37       |
| 7  | Caroline Anderson U16 (R.)             | Rideau       | 3             | 53.77       |
| 3  | Teagan Tyrrell U23 (R.)                | Mississauga  | 4             | 54.46       |
| 6  | Aimee Pigeon U18 (L)                   | South Niag   | 5             | 59.4        |
| 2  | Naomi Langenbahn U16 (L)               | Rideau       | 6             | 1:01.35     |
| 9  | Sunny Valdez U16 (R)                   | Collingwood  | 7             | 1:03.45     |
| 1  | Naomi Lozada U18 (L)                   | Mississauga  | 8             | 1:06.85     |
| 8  | Mai-Lyn Nguyen U16 (L)                 | Rideau       | 9             | 1:08.03     |



| <b>Race 39</b> |                      | <b>Open Mixed A Para KL/VL 200m Fina</b> |               | <b>13:40</b> |  |         |
|----------------|----------------------|--|---------------|--------------|--|---------|
| <b>Lane</b>    | <b>Crew</b>          | <b>Club</b>                              | <b>Finish</b> | <b>Time</b>  |  |         |
| 0              |                      |  |               |              |  |         |
| 1              |                      |  |               |              |  |         |
| 2              | Oliver Sinclair MKL3 | Burloak                                  | SCR           |              |  |         |
| 3              | Gabriel Bouius MKL3  | Rideau                                   | 1             |              |  | 46.36   |
| 4              | Stefan Samoila MKL2  | Balmy Bea                                | 1             |              |  | 1:15.46 |
| 5              | Erica Scarff VL3     | Mississaug                               | 1             |              |  | 1:06.97 |
| 6              | Lindsay Davis WKL2   | South Niag                               | 1             |              |  | 1:24.40 |
| 7              |                      |  |               |              |  |         |
| 8              |                      |  |               |              |  |         |
| 9              |                      |  |               |              |  |         |

| <b>Race 40</b> |             | <b>Open Mixed B Para KL/VL 200m Fina</b> |               | <b>13:45</b> |  |  |
|----------------|-------------|--|---------------|--------------|--|--|
| <b>Lane</b>    | <b>Crew</b> | <b>Club</b>                              | <b>Finish</b> | <b>Time</b>  |  |  |
| 0              |             |  |               |              |  |  |
| 1              |             |  |               |              |  |  |
| 2              |             |  |               |              |  |  |
| 3              |             |  |               |              |  |  |
| 4              |             |  |               |              |  |  |
| 5              | NO RACE     |  |               |              |  |  |
| 6              |             |  |               |              |  |  |
| 7              |             |  |               |              |  |  |
| 8              |             |  |               |              |  |  |
| 9              |             |  |               |              |  |  |

| <b>Race 41</b> |                   | <b>Open Men's K1 1000m Final H</b> |               | <b>13:55</b> |  |         |
|----------------|-------------------|------------------------------------|---------------|--------------|--|---------|
| <b>Lane</b>    | <b>Crew</b>       | <b>Club</b>                        | <b>Finish</b> | <b>Time</b>  |  |         |
| 0              |                   |                                    |               |              |  |         |
| 1              |                   |                                    |               |              |  |         |
| 2              |                   |                                    |               |              |  |         |
| 5              | Ethan Beeho U16   | Balmy Bea                          | 1             |              |  | 4:54.60 |
| 4              | Isaac Ford U16    | Collingwod                         | 2             |              |  | 4:56.30 |
| 7              | Zachary Wells U16 | Rideau                             | 3             |              |  | 5:03.60 |

|   |                       |        |   |         |
|---|-----------------------|--------|---|---------|
| 6 | George Farnsworth U16 | Rideau | 4 | 5:06.20 |
| 3 | Ethan Zanna U16       | Rideau | 5 | 5:15.06 |
| 8 |                       |        |   |         |
| 9 |                       |        |   |         |

|                |                                    |              |               |             |
|----------------|------------------------------------|--------------|---------------|-------------|
| <b>Race 42</b> | <b>Open Men's K1 1000m Final G</b> | <b>14:02</b> |               |             |
|                |                                    |              |               |             |
| <b>Lane</b>    | <b>Crew</b>                        | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |                                    |              |               |             |
| 5              | KRISH CHADHA U18                   | Richmond     | 1             | 4:42.89     |
| 4              | Jonothan Barrett U16               | South Niag   | 2             | 4:43.21     |
| 3              | Kai Ullock U18                     | Balmy Bea    | 3             | 4:45.23     |
| 6              | Daniel Farlinger U18               | Petrie Islan | 4             | 4:51.63     |
| 2              | Isaac Quesnel U14                  | Pickering F  | 5             | 4:52.14     |
| 8              | Mason Lowry                        | Carleton P   | 6             | 4:53.62     |
| 1              | Sasha Vinogradov U18               | Rideau       | 7             | 4:54.48     |
| 9              | Alec Oberer U16                    | Pickering F  | 8             | 4:55.01     |
| 7              | Alexander Shin U16                 | Richmond H   | 9             | 4:55.64     |

|                |                                    |              |               |             |
|----------------|------------------------------------|--------------|---------------|-------------|
| <b>Race 43</b> | <b>Open Men's K1 1000m Final F</b> | <b>14:09</b> |               |             |
|                |                                    |              |               |             |
| <b>Lane</b>    | <b>Crew</b>                        | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |                                    |              |               |             |
| 6              | William Bodley U18                 | Balmy Bea    | 1             | 4:35.98     |
| 3              | Tai Nguyen U18                     | Rideau       | 2             | 4:41.08     |
| 5              | Ruben Deme-Lindberg U16            | Rideau       | 3             | 4:42.07     |
| 9              | Zachary Nicholson U18              | Carleton P   | 4             | 4:47.34     |
| 4              | Riley Taylor U16                   | Rideau       | 5             | 4:48.14     |
| 8              | Simon Richardson U18               | Carleton P   | 6             | 4:48.48     |
| 1              | Gavin Burke U16                    | Rideau       | 7             | 4:54.76     |
| 7              | Myles Melville U16                 | Carleton P   | 8             | 4:56.01     |
| 2              | Haden Hastie U16                   | Carleton P   | 9             | 5:02.47     |

|                |                                    |              |               |             |
|----------------|------------------------------------|--------------|---------------|-------------|
| <b>Race 44</b> | <b>Open Men's K1 1000m Final E</b> | <b>14:16</b> |               |             |
|                |                                    |              |               |             |
| <b>Lane</b>    | <b>Crew</b>                        | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |                                    |              |               |             |
| 6              | Ryan Cordeau U18                   | Mississaug   | 1             | 4:16.27     |

|   |                      |             |   |         |
|---|----------------------|-------------|---|---------|
| 7 | Joseph Zwolinski U14 | Balmy Bea   | 2 | 4:22.10 |
| 3 | Dax Morris U16       | Rideau      | 3 | 4:23.96 |
| 9 | Oscar Graves U16     | North Bay   | 4 | 4:25.79 |
| 5 | Jasper Douglass U16  | Pickering F | 5 | 4:29.10 |
| 2 | Alessandro Pucci U16 | Rideau      | 6 | 4:29.31 |
| 4 | Julien Turpin U16    | Sudbury     | 7 | 4:29.59 |
| 8 | Oliver Sinclair U16  | Burloak     | 8 | 4:30.24 |
| 1 | Shea Kennedy U16     | Rideau      | 9 | 4:33.40 |

|                |                                    |              |               |             |
|----------------|------------------------------------|--------------|---------------|-------------|
| <b>Race 45</b> | <b>Open Men's K1 1000m Final D</b> | <b>14:23</b> |               |             |
|                |                                    |              |               |             |
| <b>Lane</b>    | <b>Crew</b>                        | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 5              | Spencer Robinson U23               | Rideau       | 1             | 4:15.10     |
| 8              | Wesley Hodgson-Pageau U18          | Rideau       | 2             | 4:18.54     |
| 1              | Nicholas Robinson Sr.              | Exhibition   | 3             | 4:19.50     |
| 3              | Aiden Kinnaird U16                 | Burloak      | 4             | 4:19.74     |
| 7              | Jozsi Mckee U18                    | Rideau       | 5             | 4:23.20     |
|                | Mateo Volpini U18                  | Sudbury      | 6             | 4:25.31     |
| 4              | Ty Collver U16                     | Burloak      | 7             | 4:28.13     |
| 6              | Jonah Quesnel U16                  | Pickering F  | 8             | 4:29.01     |
| 9              | Alexandros Gournakis U18           | Rideau       | 9             | 4:31.45     |
|                | 2 Heitor Muhl U18                  | Rideau       | 10            | 4:37.43     |

|                |                                    |              |               |             |
|----------------|------------------------------------|--------------|---------------|-------------|
| <b>Race 46</b> | <b>Open Men's K1 1000m Final C</b> | <b>14:30</b> |               |             |
|                |                                    |              |               |             |
| <b>Lane</b>    | <b>Crew</b>                        | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |                                    |              |               |             |
| 7              | Owen MacLean U16                   | Collingwood  | 1             | 4:01.59     |
| 5              | Jack Bailey U16                    | Burloak      | 2             | 4:02.41     |
| 3              | Sam Paquette U23                   | Carleton P   | 3             | 4:07.43     |
| 6              | Benjamin Elder U18                 | Rideau       | 4             | 4:07.96     |
| 2              | Avery Duval U18                    | Carleton P   | 5             | 4:08.32     |
| 8              | Tyler Chenette U23                 | Rideau       | 6             | 4:08.75     |
| 9              | Michael Chaban U16                 | Mississaug   | 7             | 4:13.13     |
| 1              | Ashton Teixeira U16                | Burloak      | 8             | 4:15.59     |
| 4              | Graeme Grant U18                   | Mississaug   | 9             | DNS         |

|                |                                    |              |  |  |
|----------------|------------------------------------|--------------|--|--|
| <b>Race 47</b> | <b>Open Men's K1 1000m Final B</b> | <b>14:37</b> |  |  |
|----------------|------------------------------------|--------------|--|--|

| Lane | Crew                       | Club       | Finish | Time    |
|------|----------------------------|------------|--------|---------|
| 0    |                            |            |        |         |
| 6    | Henrik Neuspiel U16        | Rideau     | 1      | 3:55.06 |
| 5    | Thomas Beauregard U18      | Rideau     | 2      | 3:56.60 |
| 3    | Dyllan Redwood-Wheeler U16 | Carleton P | 3      | 3:57.56 |
| 2    | Kyle Jackson U23           | Balmy Bea  | 4      | 4:03.68 |
| 4    | Hayden Kralik U23          | Mississaug | 5      | 4:05.41 |
| 9    | Nehal Dhillon U18          | Burloak    | 6      | 4:05.96 |
| 1    | Jackson Meikle U18         | Balmy Bea  | 7      | 4:06.28 |
| 8    | Andre Rocha U18            | Mississaug | 8      | 4:06.58 |
| 7    | Victor Savulescu U23       | Rideau     | 9      | 4:15.59 |

| Race 48 | Open Men's K1 1000m Final A | 14:44     |        |         |
|---------|-----------------------------|-----------|--------|---------|
| Lane    | Crew                        | Club      | Finish | Time    |
| 0       |                             |           |        |         |
| 8       | Cameron Low U23             | Balmy Bea | 1      | 3:48.37 |
| 5       | Jason Burkholder U23        | Burloak   | 2      | 3:49.46 |
| 6       | Carson Corey U18            | Burloak   | 3      | 3:50.95 |
| 4       | Aidan Dumont U23            | Rideau    | 4      | 3:51.34 |
| 7       | Alexander Hoferek U23       | Rideau    | 5      | 3:53.07 |
| 9       | Lucas Stein U23             | Balmy Bea | 6      | 3:53.32 |
| 3       | Cormac Adams U23            | Burloak   | 7      | 3:54.24 |
| 2       | David Stewart Sr.           | Rideau    | 8      | 3:57.92 |
| 1       | Ryan Naroditsky U18         | Rideau    | 9      | 3:58.21 |

| Race 49 | Open Men's C1 1000m Final E | 14:51 |        |      |
|---------|-----------------------------|-------|--------|------|
| Lane    | Crew                        | Club  | Finish | Time |
| 0       |                             |       |        |      |
| 1       | NO RACE                     |       |        |      |
| 2       |                             |       |        |      |
| 3       |                             |       |        |      |
| 4       |                             |       |        |      |
| 5       |                             |       |        |      |
| 6       |                             |       |        |      |
| 7       |                             |       |        |      |

|   |  |  |  |  |
|---|--|--|--|--|
| 8 |  |  |  |  |
| 9 |  |  |  |  |

| <b>Race 50</b> | <b>Open Men's C1 1000m Final D</b> | <b>14:58</b> |               |             |
|----------------|------------------------------------|--------------|---------------|-------------|
| <b>Lane</b>    | <b>Crew</b>                        | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |                                    |              |               |             |
| 3              | Liam Velicogna U16 (L)             | Rideau       | 1             | 5:07.61     |
| 4              | Roenn Hodgins U14 (L)              | Carleton P   | 2             | 5:10.67     |
| 7              | Max Gorelov U14 (L)                | Rideau       | 3             | 5:17.97     |
| 8              | Nathaniel Wernick U16 (R)          | Balmy Bea    | 4             | 5:21.50     |
| 5              | Riley Ribero U16 (L)               | Ottawa Riv   | 5             | 5:22.79     |
| 2              | Nathaniel Suppa U14 (L)            | North Bay    | 6             | 5:31.55     |
| 6              | Hunter Mack U16 (R)                | Balmy Bea    | 7             | 5:57.75     |
| 1              | Wes Clouthier U14 (L)              | North Bay    |               | DNF         |
| 9              |                                    |              |               |             |

| <b>Race 51</b> | <b>Open Men's C1 1000m Final C</b> | <b>15:05</b> |               |             |
|----------------|------------------------------------|--------------|---------------|-------------|
| <b>Lane</b>    | <b>Crew</b>                        | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |                                    |              |               |             |
| 5              | Ydris Hunter U23 (L)               | Rideau       | 1             | 4:27.78     |
| 6              | Kieran Graham U23 (L)              | Rideau       | 2             | 4:41.00     |
| 3              | Nathaniel Provost U16 (R.)         | Rideau       | 3             | 4:52.48     |
| 4              | Spencer McLeod U14 (R.)            | Mississaug   | 4             | 5:02.33     |
| 7              | Wesley Bartlett U16 (L)            | Rideau       | 5             | 5:08.96     |
| 2              | Joshua Sargant U14 (L)             | Burloak      | 6             | 5:18.94     |
| 9              | Noah Al Hashemi U16 (L)            | Mississaug   | 7             | 5:19.38     |
| 1              | Sean Glynn U16 (R)                 | Burloak      | 8             | 5:21.27     |
| 8              | Adam Schlosser U16 (R)             | Rideau       | 9             | 5:28.84     |

| <b>Race 52</b> | <b>Open Men's C1 1000m Final B</b> | <b>15:12</b> |               |             |
|----------------|------------------------------------|--------------|---------------|-------------|
| <b>Lane</b>    | <b>Crew</b>                        | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |                                    |              |               |             |
| 7              | Lucas Williams U23 (R.)            | Mississaug   | 1             | 4:27.58     |
| 5              | Dylan Schrotter U23 (L)            | Mississaug   | 2             | 4:29.76     |
| 2              | Aidan Haines U18 (L)               | Carleton P   | 3             | 4:33.76     |

|   |                           |             |   |         |
|---|---------------------------|-------------|---|---------|
| 8 | Mark Vucina U18 (L)       | Mississauga | 4 | 4:34.51 |
| 4 | Matthew Sampson U18 (R.)  | Mississauga | 5 | 4:39.16 |
| 6 | Thomas Bremermann U23 (R) | Mississauga | 6 | 4:48.85 |
| 1 | John Mollard U18 (R.)     | Mississauga | 7 | 4:53.92 |
| 3 | Shawn Ge U16 (R.)         | Burloak     | 8 | 4:57.34 |
| 9 | Cameron Stewart U18 (L)   | Mississauga | 9 | 5:01.73 |

|                |                                    |              |               |             |
|----------------|------------------------------------|--------------|---------------|-------------|
| <b>Race 53</b> | <b>Open Men's C1 1000m Final A</b> | <b>15:19</b> |               |             |
|                |                                    |              |               |             |
| <b>Lane</b>    | <b>Crew</b>                        | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              | Peter Bradley U23 (L)              | Rideau       | 1             | 4:14.69     |
| 6              | Nicholas Shirokov U18 (R.)         | Mississauga  | 2             | 4:17.09     |
| 5              | Zachary KRALIK U23 (L)             | Mississauga  | 3             | 4:18.58     |
| 2              | Austin Pigeon U23 (L)              | South Niag   | 4             | 4:18.85     |
| 4              | Konrad Morawski U18 (R.)           | Richmond     | 5             | 4:19.10     |
| 3              | Stuart Bradley U18 (R.)            | Rideau       | 6             | 4:19.33     |
| 7              | Matthew O'Neil U23 (R.)            | Rideau       | 7             | 4:20.57     |
| 9              | Grayson Schrotter U18 (R.)         | Mississauga  | 8             | 4:20.83     |
| 8              | Cole Norman U18 (L)                | Rideau       | 9             | 4:28.26     |
| 1              | JACK CHAMBERS U18 (L)              | Mississauga  | 10            | 4:31.48     |

|                |                                     |              |               |             |
|----------------|-------------------------------------|--------------|---------------|-------------|
| <b>Race 54</b> | <b>Open Women's K1 500m Final E</b> | <b>15:30</b> |               |             |
|                |                                     |              |               |             |
| <b>Lane</b>    | <b>Crew</b>                         | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |                                     |              |               |             |
| 1              |                                     |              |               |             |
| 4              | Sophia Sangiuliano U16              | Collingwood  | 1             | 2:29.26     |
| 2              | Claire Nevins U18                   | Mississauga  | 2             | 2:30.55     |
| 3              | Neve Metzler U16                    | Collingwood  | 3             | 2:31.70     |
| 5              | Maria Tierrafria U23                | Rideau       | 4             | 2:34.39     |
| 6              | Josie Patchell U14                  | Carleton P   | 5             | 2:38.86     |
| 7              | Jaina Arora U16                     | Rideau       | 6             | 2:39.04     |
| 8              | Julia Patchell U16                  | Carleton P   | 7             | 2:43.13     |
| 9              |                                     |              |               |             |

|                |                                     |              |               |             |
|----------------|-------------------------------------|--------------|---------------|-------------|
| <b>Race 55</b> | <b>Open Women's K1 500m Final D</b> | <b>15:35</b> |               |             |
|                |                                     |              |               |             |
| <b>Lane</b>    | <b>Crew</b>                         | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |

|   |                      |            |   |         |
|---|----------------------|------------|---|---------|
| 0 |                      |            |   |         |
| 8 | Taylor Hardie U16    | Burloak    | 1 | 2:12.69 |
| 4 | Emily Zhuang U16     | Burloak    | 2 | 2:15.39 |
| 5 | Rachel Jou U16       | Richmond   | 3 | 2:17.09 |
| 2 | Sydney Nielsen U23   | Rideau     | 4 | 2:19.97 |
| 1 | Chloe Woods U18      | Burloak    | 5 | 2:20.56 |
| 3 | Sarah Lowry U18      | South Niag | 6 | 2:21.37 |
| 9 | Adelaide Cumming U16 | Burloak    | 7 | 2:21.84 |
| 6 | Audrey Jackson U16   | Balmy Bea  | 8 | 2:23.24 |
| 7 | Paige MacKinnon U16  | Rideau     | 9 | 2:24.80 |

|                |                                     |                |               |             |
|----------------|-------------------------------------|----------------|---------------|-------------|
| <b>Race 56</b> | <b>Open Women's K1 500m Final C</b> | <b>15:40</b>   |               |             |
|                |                                     |                |               |             |
| <b>Lane</b>    | <b>Crew</b>                         | <b>Club</b>    | <b>Finish</b> | <b>Time</b> |
| 0              |                                     |                |               |             |
| 6              | Elizabeth Fanok U14                 | Pickering P    | 1             | 2:11.74     |
| 4              | Alexandra Gillan U18                | Rideau         | 2             | 2:12.22     |
| 5              | Sophie McLean U16                   | Burloak        | 3             | 2:13.45     |
| 2              | Kamilla Neuspiel U16                | Rideau         | 4             | 2:17.97     |
| 1              | Gabrielle Woods U18                 | Burloak        | 5             | 2:19.81     |
| 3              | Hilary Coolen U16                   | Mississaug     | 6             | 2:20.14     |
| 9              | Lilliana Sato U16                   | Richmond       | 7             | 2:20.56     |
| 8              | Alison Nguyen U14                   | Rideau         | 8             | 2:23.60     |
| 7              | Gia Venter U18                      | Carleton Place |               | SCR         |

|                |                                     |              |               |             |
|----------------|-------------------------------------|--------------|---------------|-------------|
| <b>Race 57</b> | <b>Open Women's K1 500m Final B</b> | <b>15:45</b> |               |             |
|                |                                     |              |               |             |
| <b>Lane</b>    | <b>Crew</b>                         | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |                                     |              |               |             |
| 5              | Barbora Benada U18                  | Mississaug   | 1             | 2:04.39     |
| 4              | Charlotte Brais U23                 | Rideau       | 2             | 2:04.75     |
| 3              | Kate Osborne U16                    | Rideau       | 3             | 2:06.31     |
| 2              | Avery Durocher U18                  | Mississaug   | 4             | 2:06.49     |
| 1              | Sabrina Tyrrell U16                 | Burloak      | 5             | 2:08.18     |
| 6              | Sydney Doidge U23                   | Balmy Bea    | 6             | 2:10.43     |
| 8              | Cassie Kenny U16                    | Burloak      | 7             | 2:11.00     |
| 9              | Tyler Rennick U18                   | Rideau       | 8             | 2:12.05     |
| 7              | Kyla Drouin U23                     | Carleton P   | 9             | 2:15.85     |

| <b>Race 58</b> | <b>Open Women's K1 500m Final A</b> | <b>15:50</b> |               |             |
|----------------|-------------------------------------|--------------|---------------|-------------|
| <b>Lane</b>    | <b>Crew</b>                         | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |                                     |              |               |             |
| 3              | Chloe Bryer U18                     | Burloak      | 1             | 2:00.23     |
| 4              | Sarah Nagy U23                      | Richmond     | 2             | 2:01.50     |
| 5              | Eva Looper U23                      | Burloak      | 3             | 2:01.78     |
| 7              | Callie Loch U18                     | Rideau       | 4             | 2:02.13     |
| 6              | Brooklyn Wodehouse U23              | Richmond     | 5             | 2:03.06     |
| 2              | Emily Best U23                      | Rideau       | 6             | 2:05.73     |
| 1              | Bridget Wodehouse U18               | Richmond     | 7             | 2:05.95     |
| 9              | Samantha Stein U23                  | Balmy Bea    | 8             | 2:06.20     |
| 8              | Maea Knights U16                    | Burloak      | 9             | 2:10.66     |

| <b>Race 59</b> | <b>Open Women's C1 200m Final D</b> | <b>16:00</b> |               |             |
|----------------|-------------------------------------|--------------|---------------|-------------|
| <b>Lane</b>    | <b>Crew</b>                         | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |                                     |              |               |             |
| 1              |                                     |              |               |             |
| 2              |                                     |              |               |             |
| 3              |                                     |              |               |             |
| 5              | Estelle Pike U16 (R)                | Rideau       |               | 59.95       |
| 4              | Amalina Varo U16 (L)                | Rideau       |               | 1:03.53     |
| 6              |                                     |              |               |             |
| 7              |                                     |              |               |             |
| 8              |                                     |              |               |             |
| 9              |                                     |              |               |             |

| <b>Race 60</b> | <b>Open Women's C1 200m Final C</b> | <b>16:05</b> |               |             |
|----------------|-------------------------------------|--------------|---------------|-------------|
| <b>Lane</b>    | <b>Crew</b>                         | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |                                     |              |               |             |
| 4              | Zoe Bergeron U23 (R.)               | Mississaug   | 1             | 54.63       |
| 8              | Veronica Rumscheidt U16 (L)         | Rideau       | 2             | 57.57       |
| 5              | Adrianna Jasinski U18 (L)           | Mississaug   | 3             | 57.81       |
| 9              | Mai-Lyn Nguyen U16 (L)              | Rideau       | 4             | 58.5        |
| 7              | Leia Stephenson U16 (L)             | Mississaug   | 5             | 58.74       |



|   |                          |            |   |         |
|---|--------------------------|------------|---|---------|
| 3 | Haley Sebesta U14 (R)    | North Bay  | 6 | 59.48   |
| 2 | Naomi Lozada U18 (L)     | Mississaug | 7 | 59.69   |
| 6 | Sunny Valdez U16 (R)     | Collingwod | 8 | 59.94   |
| 1 | Katherine Kerwin U14 (L) | Burloak    | 9 | 1:02.06 |

| Race 61 | Open Women's C1 200m Final B     | 16:10      |        |       |
|---------|----------------------------------|------------|--------|-------|
| Lane    | Crew                             | Club       | Finish | Time  |
| 0       |                                  |            |        |       |
| 6       | Abbie Haines U16 (L)             | Carleton P | 1      | 52.28 |
| 4       | Teagan Tyrrell U23 (R.)          | Mississaug | 2      | 52.83 |
| 3       | Isabel Lowry U16 (L)             | Carleton P | 3      | 54.72 |
| 1       | Madeleine Beauregard U16 (R)     | Rideau     | 4      | 55.12 |
| 5       | Sarah Rumscheidt U18 (R.)        | Rideau     | 5      | 55.71 |
| 8       | Aimee Pigeon U18 (L)             | South Niag | 6      | 56.14 |
| 7       | Emma Marshall U16 (R.)           | Balmy Bea  | 7      | 56.58 |
| 9       | Naomi Langenbahn U16 (L)         | Rideau     | 8      | 57.2  |
| 2       | Madison (Mady) MacKinnon U18 (R) | Rideau     | 9      | 58.39 |

| Race 62 | Open Women's C1 200m Final A | 16:15      |        |       |
|---------|------------------------------|------------|--------|-------|
| Lane    | Crew                         | Club       | Finish | Time  |
| 0       |                              |            |        |       |
| 4       | Zoe Wojtyk U18 (R.)          | Rideau     | 1      | 47.36 |
| 6       | Ruby Muhl U18 (R.)           | Rideau     | 2      | 49.12 |
| 7       | Julia Price U16 (R.)         | Rideau     | 3      | 50.09 |
| 2       | Janina Winnicki U23 (R.)     | Rideau     | 4      | 50.66 |
| 3       | Abby Wojtyk U18 (L)          | Rideau     | 5      | 51.13 |
| 1       | Mila Souilliere U23 (L)      | Rideau     | 6      | 51.9  |
| 9       | Caroline Anderson U16 (R.)   | Rideau     | 7      | 52.54 |
| 5       | Claire Mollard U16 (R.)      | Mississaug | 8      | 53.07 |
| 8       | Mackenzie Haines U23 (R.)    | Rideau     | 9      | 53.63 |

| Race 63 | Open Mixed A Para KL/VL 200m Fina | 16:20      |        |         |
|---------|-----------------------------------|------------|--------|---------|
| Lane    | Crew                              | Club       | Finish | Time    |
| 0       |                                   |            |        |         |
| 1       |                                   |            |        |         |
| 3       | Gabriel Bouius MKL3               | Rideau     | 1      | 43.28   |
| 2       | Oliver Sinclair MKL3              | Burloak    | 2      | 46.95   |
| 4       | Stefan Samoila MKL2               | Balmy Bea  | 1      | 1:03.62 |
| 5       | Erica Scarff VL3                  | Mississaug | 1      | 1:00.74 |
| 6       | Lindsay Davis WKL2                | South Niag | 1      | 1:18.33 |
| 7       |                                   |            |        |         |
| 8       |                                   |            |        |         |
| 9       |                                   |            |        |         |

| Race 64 | Open Mixed B Para KL/VL 200m Fina | 16:25 |  |  |
|---------|-----------------------------------|-------|--|--|
|---------|-----------------------------------|-------|--|--|

| Lane | Crew    | Club | Finish | Time |
|------|---------|------|--------|------|
| 0    |         |      |        |      |
| 1    |         |      |        |      |
| 2    |         |      |        |      |
| 3    |         |      |        |      |
| 4    | NO RACE |      |        |      |
| 5    |         |      |        |      |
| 6    |         |      |        |      |
| 7    |         |      |        |      |
| 8    |         |      |        |      |
| 9    |         |      |        |      |

## 2023 Ontario cup - Ontario Team Trials (Day 2)

Updated May 28, 2023

| Time  | Race # | Event             | Distance | H/S/F |
|-------|--------|-------------------|----------|-------|
| 8:00  | 65     | Open Men's K1     | 500m     | H1    |
| 8:05  | 66     |                   |          | H2    |
| 8:10  | 67     |                   |          | H3    |
| 8:15  | 68     |                   |          | H4    |
| 8:20  | 69     |                   |          | H5    |
| 8:25  | 70     |                   |          | H6    |
| 8:30  | 71     |                   |          | H7    |
| 8:35  | 72     |                   |          | H8    |
| 8:40  | 73     | Open Men's C1     | 500m     | H1    |
| 8:45  | 74     |                   |          | H2    |
| 8:50  | 75     |                   |          | H3    |
| 8:55  | 76     |                   |          | H4    |
| 9:00  | 77     |                   |          | H5    |
| 9:10  | 78     | Open Women's K1   | 200m     | H1    |
| 9:15  | 79     |                   |          | H2    |
| 9:20  | 80     |                   |          | H3    |
| 9:25  | 81     |                   |          | H4    |
| 9:30  | 82     |                   |          | H5    |
| 9:40  | 83     | Open Women's C1   | 500m     | H1    |
| 9:45  | 84     |                   |          | H2    |
| 9:50  | 85     |                   |          | H3    |
| 9:55  | 86     |                   |          | H4    |
| 10:05 | 87A    | Open SO Pro Mixed | 200m     | H1    |
| 10:10 | 87B    | Open SO Pro Mixed | 200m     | H2    |
|       |        | <b>Break</b>      |          |       |
| 10:35 | 88     | Open Men's K1     | 500m     | S1    |
| 10:40 | 89     |                   |          | S2    |
| 10:45 | 90     |                   |          | S3    |
| 10:50 | 91     |                   |          | S4    |
| 10:55 | 92     | Open Men's C1     | 500m     | S1    |
| 11:00 | 93     |                   |          | S2    |
| 11:05 | 94     |                   |          | S3    |
| 11:10 | 95     |                   |          | S4    |
| 11:20 | 96     | Open Women's K1   | 200m     | S1    |
| 11:25 | 97     |                   |          | S2    |
| 11:30 | 98     |                   |          | S3    |
| 11:35 | 99     |                   |          | S4    |
| 11:45 | 100    | Open Women's C1   | 500m     | S1    |

|       |      |                               |      |     |
|-------|------|-------------------------------|------|-----|
| 11:50 | 101  |                               |      | S2  |
| 11:55 | 102  |                               |      | S3  |
| 12:05 | 103A | Open SO Pro Mixed             | 200m | F1A |
| 12:10 | 103B | Open SO Pro Mixed             | 200m | F1B |
|       |      | <b>Lunch</b>                  |      |     |
| 13:20 | 104  | Open Men's K1                 | 500m | H   |
| 13:25 | 105  |                               |      | G   |
| 13:30 | 106  |                               |      | F   |
| 13:35 | 107  |                               |      | E   |
| 13:40 | 108  |                               |      | D   |
| 13:45 | 109  |                               |      | C   |
| 13:50 | 110  |                               |      | B   |
| 13:55 | 111  |                               |      | A   |
| 14:00 | 112  | Open Men's C1                 | 500m | E   |
| 14:05 | 113  |                               |      | D   |
| 14:10 | 114  |                               |      | C   |
| 14:15 | 115  |                               |      | B   |
| 14:20 | 116  |                               |      | A   |
| 14:30 | 117  | Open Women's K1               | 200m | E   |
| 14:35 | 118  |                               |      | D   |
| 14:40 | 119  |                               |      | C   |
| 14:45 | 120  |                               |      | B   |
| 14:50 | 121  |                               |      | A   |
| 15:00 | 122  | Open Women's C1               | 500m | D   |
| 15:05 | 123  |                               |      | C   |
| 15:10 | 124  |                               |      | B   |
| 15:15 | 125  |                               |      | A   |
| 15:25 | 126A | Open SO Pro Mixed             | 200m | F2A |
| 15:30 | 126B | Open SO Pro Mixed             | 200m | F2B |
|       |      |                               |      |     |
| 15:40 | 127  | Open Men's K2                 | 500m | F1  |
| 15:50 | 128  | Open Men's C2                 | 500m | F1  |
| 16:00 | 129  | Open Women's K2               | 500m | F1  |
| 16:10 | 130  | Open Women's C2               | 500m | F1  |
| 16:20 | 131  | Open Men's K2                 | 500m | F2  |
| 16:30 | 132  | Open Men's C2/Open Women's K2 |      | F2  |

## CKO Sprint's Ontario Cup - Ontario Team Trials

DAY 2 - SUNDAY, JUNE 4

| Race 65 | Open Men's K1 500m Heat 1  | 8:00       |        |         |
|---------|--|------------|--------|---------|
|         | Advancement - 1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT |            |        |         |
| Lane    | Crew   | Club       | Finish | Time    |
| 0       |  |            |        |         |
| 5       | Cameron Low U23  | Balmy Bea  | 1      | 1:59.49 |
| 4       | Victor Savulescu U23   | Rideau     | 2      | 2:01.32 |
| 6       | Andre Rocha U18  | Mississaug | 3      | 2:02.99 |
| 3       | Mateo Volpini U18  | Sudbury    | 4      | 2:04.96 |
| 7       | Michael Chaban U16   | Mississaug | 5      | 2:08.53 |
| 9       | Simon Richardson U18   | Carleton P | 6      | 2:10.45 |
| 1       | Ruben Deme-Lindberg U16  | Rideau     | 7      | 2:13.92 |
| 8       | Ethan Beeho U16  | Balmy Bea  | 8      | 2:16.02 |
| 2       | Ethan Zanna U16  | Rideau     | 9      | 2:33.52 |

| Race 66 | Open Men's K1 500m Heat 2   | 8:05        |        |         |
|---------|---|-------------|--------|---------|
|         | <b>Advancement - 1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT</b> |             |        |         |
| Lane    | Crew  | Club        | Finish | Time    |
| 0       |   |             |        |         |
| 5       | Jason Burkholder U23  | Burloak     | 1      | 1:57.96 |
| 4       | Ryan Naroditsky U18   | Rideau      | 2      | 1:59.94 |
| 6       | Kyle Jackson U23  | Balmy Bea   | 3      | 2:03.41 |
| 7       | Dax Morris U16  | Rideau      | 4      | 2:06.43 |
| 3       | William Bodley U18  | Balmy Bea   | 5      | 2:08.85 |
| 2       | Mason Lowry U14   | Carleton P  | 6      | 2:20.83 |
| 1       | Gavin Burke U16   | Rideau      | 7      | 2:21.06 |
| 9       | Alec Oberer U16   | Pickering P | 8      | 2:22.52 |
| 8       | Josiah Clarke U23   | Rideau      |        | SCR     |

| Race 67 | Open Men's K1 500m Heat 3   | 8:10        |        |         |
|---------|---|-------------|--------|---------|
|         | <b>Advancement - 1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT</b> |             |        |         |
| Lane    | Crew  | Club        | Finish | Time    |
| 0       |   |             |        |         |
| 5       | David Stewart Sr.   | Rideau      | 1      | 1:58.35 |
| 4       | Henrik Neuspiel U16   | Rideau      | 2      | 1:59.64 |
| 6       | Avery Duval U18   | Carleton P  | 3      | 2:04.29 |
| 7       | Jonah Quesnel U16   | Pickering P | 4      | 2:06.28 |
| 9       | Riley Taylor U16  | Rideau      | 5      | 2:11.70 |
| 3       | Kai Ullock U18  | Balmy Bea   | 6      | 2:13.87 |
| 2       | KRISH CHADHA U18  | Richmond    | 7      | 2:17.48 |
| 1       | Isaac Ford U16  | Collingwood | 8      | 2:20.75 |
| 8       | Haden Hastie U16  | Carleton P  | 9      | 2:21.24 |

| Race 68 | Open Men's K1 500m Heat 4   | 8:15       |        |         |
|---------|---|------------|--------|---------|
|         | <b>Advancement - 1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT</b> |            |        |         |
| Lane    | Crew  | Club       | Finish | Time    |
| 0       |   |            |        |         |
| 5       | Alexander Hoferek U23   | Rideau     | 1      | 1:56.30 |
| 6       | Dyllan Redwood-Wheeler U16  | Carleton P | 2      | 1:57.53 |
| 4       | Jack Bailey U16   | Burloak    | 3      | 2:00.87 |
| 3       | Jozsi Mckee U18   | Rideau     | 4      | 2:05.92 |
| 7       | Heitor Muhl U18   | Rideau     | 5      | 2:06.33 |
| 8       | Alessandro Pucci U16  | Rideau     | 6      | 2:07.63 |
| 1       | Gabriel Bouius U23  | Rideau     | 7      | 2:09.41 |
| 9       | Tai Nguyen U18  | Rideau     | 8      | 2:11.09 |
| 2       | Myles Melville U16  | Carleton P | 9      | 2:15.75 |

| Race 69 | Open Men's K1 500m Heat 5   | 8:20        |        |         |
|---------|---|-------------|--------|---------|
|         | <b>Advancement - 1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT</b> |             |        |         |
| Lane    | Crew  | Club        | Finish | Time    |
| 0       |   |             |        |         |
| 5       | Aidan Dumont U23  | Rideau      | 1      | 1:59.74 |
| 4       | Graeme Grant U18  | Mississauga | 2      | 2:00.55 |
| 6       | Nehal Dhillon U18   | Burloak     | 3      | 2:01.77 |

|   |                       |              |   |         |
|---|-----------------------|--------------|---|---------|
| 8 | Aiden Kinnaird U16    | Burloak      | 4 | 2:02.66 |
| 3 | Ryan Cordeau U18      | Mississaug   | 5 | 2:07.53 |
| 2 | Ty Collver U16        | Burloak      | 6 | 2:07.93 |
| 1 | Julien Turpin U16     | Sudbury      | 7 | 2:12.61 |
| 7 | Zachary Nicholson U18 | Carleton P   | 8 | 2:15.72 |
| 9 | Daniel Farlinger U18  | Petrie Islar | 9 | 2:20.11 |

|                |   |             |               |             |
|----------------|---|-------------|---------------|-------------|
| <b>Race 70</b> | <b>Open Men's K1 500m Heat 6</b>  | <b>8:25</b> |               |             |
|                | <b>Advancement - 1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT</b> |             |               |             |
| <b>Lane</b>    | <b>Crew</b>   | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0              |   |             |               |             |
| 5              | Lucas Stein U23   | Balmy Bea   | 1             | 1:55.82     |
| 6              | Thomas Beauregard U18   | Rideau      | 2             | 1:56.63     |
| 4              | Owen MacLean U16  | Collingwod  | 3             | 2:00.20     |
| 3              | Wesley Hodgson-Pageau U18   | Rideau      | 4             | 2:02.36     |
| 7              | Ashton Teixeira U16   | Burloak     | 5             | 2:03.54     |
| 2              | Joseph Zwolinski U14  | Balmy Bea   | 6             | 2:07.82     |
| 9              | Alexander Shin U16  | Richmond    | 7             | 2:15.98     |
| 1              | Isaac Quesnel U14   | Pickering F | 8             | 2:19.42     |
| 8              | George Farnsworth U16   | Rideau      | 9             | 2:26.94     |

|                |   |             |               |             |
|----------------|---|-------------|---------------|-------------|
| <b>Race 71</b> | <b>Open Men's K1 500m Heat 7</b>  | <b>8:30</b> |               |             |
|                | <b>Advancement - 1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT</b> |             |               |             |
| <b>Lane</b>    | <b>Crew</b>   | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0              |   |             |               |             |
| 5              | Cormac Adams U23  | Burloak     | 1             | 1:54.38     |
| 4              | Hayden Kralik U23   | Mississaug  | 2             | 1:56.10     |
| 6              | Sam Paquette U23  | Carleton P  | 3             | 1:58.58     |
| 3              | Benjamin Elder U18  | Rideau      | 4             | 2:01.64     |
| 7              | Nicholas Robinson Sr.   | Exhibition  | 5             | 2:01.88     |
| 8              | Jasper Douglass U16   | Pickering F | 6             | 2:06.31     |
| 1              | Alexandros Gournakis U18  | Rideau      | 7             | 2:09.50     |
| 2              | Jonothan Barrett U16  | South Niag  | 8             | 2:18.73     |
| 9              | Zachary Wells U16   | Rideau      | 9             | 2:26.53     |

|                |   |             |               |             |
|----------------|---|-------------|---------------|-------------|
| <b>Race 72</b> | <b>Open Men's K1 500m Heat 8</b>  | <b>8:35</b> |               |             |
|                | <b>Advancement - 1/4 + 4 next BT to SF; 9 next BT to Final E; 9 next BT</b> |             |               |             |
| <b>Lane</b>    | <b>Crew</b>   | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0              |   |             |               |             |
| 5              | Carson Corey U18  | Burloak     | 1             | 2:00.56     |
| 6              | Spencer Robinson U23  | Rideau      | 2             | 2:01.63     |
| 4              | Tyler Chenette U23  | Rideau      | 3             | 2:02.13     |
| 3              | Jackson Meikle U18  | Balmy Bea   | 4             | 2:03.16     |
| 7              | Oscar Graves U16  | North Bay   | 5             | 2:06.34     |
| 8              | Oliver Sinclair U16   | Burloak     | 6             | 2:08.93     |
| 2              | Shea Kennedy U16  | Rideau      | 7             | 2:10.51     |
| 1              | Sasha Vinogradov U18  | Rideau      | 8             | 2:15.42     |
| 9              |   |             |               |             |

|                |   |             |  |  |
|----------------|---|-------------|--|--|
| <b>Race 73</b> | <b>Open Men's C1 500m Heat 1</b>                          | <b>8:40</b> |  |  |
|                | <b>Advancement - 1/7 + next BT to SF; rest to Final E</b> |             |  |  |

| Lane | Crew                       | Club       | Finish | Time    |
|------|----------------------------|------------|--------|---------|
| 0    |                            |            |        |         |
| 5    | Ydris Hunter U23 (L)       | Rideau     | 1      | 2:06.95 |
| 6    | Nicholas Shirokov U18 (R.) | Mississaug | 2      | 2:08.09 |
| 7    | Cole Norman U18 (L)        | Rideau     | 3      | 2:11.24 |
| 4    | Grayson Schrotter U18 (R.) | Mississaug | 4      | 2:11.83 |
| 3    | Cameron Stewart U18 (L)    | Mississaug | 5      | 2:29.18 |
| 2    | Roenn Hodgins U14 (L)      | Carleton P | 6      | 2:41.49 |
| 8    | Nathaniel Suppa U14 (L)    | North Bay  | 7      | 2:46.05 |
| 1    | Hunter Mack U16 (R)        | Balmy Bea  | 8      | 3:00.31 |
| 9    |                            |            |        |         |

| Race 74  | Open Men's C1 500m Heat 2  | 8:45       |        |         |
|--|----------------------------|------------|--------|---------|
| Advancement - 1/7 + next BT to SF; rest to Final E |                            |            |        |         |
| Lane   | Crew                       | Club       | Finish | Time    |
| 0  |                            |            |        |         |
| 5  | Matthew O'Neil U23 (R.)    | Rideau     | 1      | 2:07.97 |
| 4  | Kieran Graham U23 (L)      | Rideau     | 2      | 2:08.98 |
| 6  | Mark Vucina U18 (L)        | Mississaug | 3      | 2:09.22 |
| 3  | Thomas Bremermann U23 (R)  | Mississaug | 4      | 2:19.43 |
| 7  | Nathaniel Provost U16 (R.) | Rideau     | 5      | 2:23.16 |
| 8  | Adam Schlosser U16 (R)     | Rideau     | 6      | 2:33.98 |
| 2  | Liam Velicogna U16 (L)     | Rideau     | 7      | 2:37.82 |
| 1  | Eyob Reddin U16 (R)        | Rideau     | SCR    |         |
| 9  |                            |            |        |         |

| Race 75  | Open Men's C1 500m Heat 3 | 8:50       |        |         |
|--|---------------------------|------------|--------|---------|
| Advancement - 1/7 + next BT to SF; rest to Final E |                           |            |        |         |
| Lane   | Crew                      | Club       | Finish | Time    |
| 0  |                           |            |        |         |
| 5  | Viktor Hardy U23 (R.)     | Exhibition | 1      | 2:04.65 |
| 6  | JACK CHAMBERS U18 (L)     | Mississaug | 2      | 2:05.26 |
| 4  | Stuart Bradley U18 (R.)   | Rideau     | 3      | 2:11.46 |
| 7  | Shawn Ge U16 (R.)         | Burloak    | 4      | 2:18.31 |
| 3  | John Mollard U18 (R.)     | Mississaug | 5      | 2:23.62 |
| 1  | Sean Glynn U16 (R)        | Burloak    | 6      | 2:36.13 |
| 2  | Riley Ribero U16 (L)      | Ottawa Riv | 7      | 2:36.70 |
| 8  | Nathaniel Wernick U16 (R) | Balmy Bea  | 8      | 2:42.82 |
| 9  |                           |            |        |         |

| Race 76  | Open Men's C1 500m Heat 4 | 8:55       |        |         |
|--|---------------------------|------------|--------|---------|
| Advancement - 1/7 + next BT to SF; rest to Final E |                           |            |        |         |
| Lane   | Crew                      | Club       | Finish | Time    |
| 0  |                           |            |        |         |
| 1  |                           |            |        |         |
| 5  | Zachary KRALIK U23 (L)    | Mississaug | 1      | 2:09.03 |
| 4  | Austin Pigeon U23 (L)     | South Niag | 2      | 2:15.84 |
| 3  | Lucas Williams U23 (R.)   | Mississaug | 3      | 2:18.00 |
| 7  | Spencer McLeod U14 (R.)   | Mississaug | 4      | 2:24.59 |
| 6  | Konrad Morawski U18 (R.)  | Richmond   | 5      | 2:26.41 |
| 8  | Noah Al Hashemi U16 (L)   | Mississaug | 6      | 2:37.29 |
| 2  | Max Gorelov U14 (L)       | Rideau     | 7      | 2:42.68 |
| 9  |                           |            |        |         |

| Race 77  | Open Men's C1 500m Heat 5 | 9:00        |        |         |
|--|---------------------------|-------------|--------|---------|
| Advancement - 1/7 + next BT to SF; rest to Final E |                           |             |        |         |
| Lane   | Crew                      | Club        | Finish | Time    |
| 0  |                           |             |        |         |
| 1  |                           |             |        |         |
| 5  | Dylan Schrotter U23 (L)   | Mississauga | 1      | 2:09.77 |
| 6  | Peter Bradley U23 (L)     | Rideau      | 2      | 2:11.87 |
| 4  | Matthew Sampson U18 (R.)  | Mississauga | 3      | 2:19.67 |
| 3  | Aidan Haines U18 (L)      | Carleton P  | 4      | 2:23.87 |
| 7  | Joshua Sargant U14 (L)    | Burloak     | 5      | 2:30.33 |
| 2  | Wesley Bartlett U16 (L)   | Rideau      | 6      | 2:32.56 |
| 8  | Wes Clouthier U14 (L)     | North Bay   | 7      | 2:45.99 |
| 9  |                           |             |        |         |

| Race 78  | Open Women's K1 200m Heat 1 | 9:10           |        |         |
|--|-----------------------------|----------------|--------|---------|
| Advancement - 1/7 + next BT to SF; rest to Final E |                             |                |        |         |
| Lane   | Crew                        | Club           | Finish | Time    |
| 0  |                             |                |        |         |
| 5  | Sarah Nagy U23              | Richmond       | 1      | 48.4    |
| 6  | Sydney Doidge U23           | Balmy Bea      | 2      | 51.95   |
| 7  | Sabrina Tyrrell U16         | Burloak        | 3      | 52.18   |
| 3  | Tyler Rennick U18           | Rideau         | 4      | 52.4    |
| 2  | Emily Zhuang U16            | Burloak        | 5      | 56.31   |
| 1  | Neve Metzler U16            | Collingwood    | 6      | 57.19   |
| 9  | Paige MacKinnon U16         | Rideau         | 7      | 57.47   |
| 8  | Julia Patchell U16          | Carleton P     | 8      | 1:03.99 |
| 4  | Gia Venter U18              | Carleton Place |        | SCR     |

| Race 79  | Open Women's K1 200m Heat 2 | 9:15       |        |       |
|--|-----------------------------|------------|--------|-------|
| Advancement - 1/7 + next BT to SF; rest to Final E |                             |            |        |       |
| Lane   | Crew                        | Club       | Finish | Time  |
| 0  |                             |            |        |       |
| 5  | Brooklyn Wodehouse U23      | Richmond   | 1      | 48.07 |
| 4  | Charlotte Brais U23         | Rideau     | 2      | 49.69 |
| 6  | Kate Osborne U16            | Rideau     | 3      | 50.91 |
| 3  | Kyla Drouin U23             | Carleton P | 4      | 53.13 |
| 2  | Sydney Nielsen U23          | Rideau     | 5      | 54.01 |
| 9  | Alison Nguyen U14           | Rideau     | 6      | 54.67 |
| 1  | Sophie McLean U16           | Burloak    | 7      | 55.42 |
| 7  | Chloe Woods U18             | Burloak    | 8      | 55.81 |
|  |                             |            |        |       |

| Race 80  | Open Women's K1 200m Heat 3 | 9:20        |        |       |
|--|-----------------------------|-------------|--------|-------|
| Advancement - 1/7 + next BT to SF; rest to Final E |                             |             |        |       |
| Lane   | Crew                        | Club        | Finish | Time  |
| 0  |                             |             |        |       |
| 5  | Eva Looper U23              | Burloak     | 1      | 48.07 |
| 6  | Emily Best U23              | Rideau      | 2      | 48.4  |
| 4  | Maea Knights U16            | Burloak     | 3      | 50.96 |
| 2  | Taylor Hardie U16           | Burloak     | 4      | 52.52 |
| 7  | Cassie Kenny U16            | Burloak     | 5      | 52.69 |
| 3  | Hilary Coolen U16           | Mississauga | 6      | 53.76 |
| 1  | Rachel Jou U16              | Richmond    | 7      | 54.75 |
| 9  | Audrey Jackson U16          | Balmy Bea   | 8      | 57.13 |

|   |                    |            |   |         |
|---|--------------------|------------|---|---------|
| 8 | Josie Patchell U14 | Carleton P | 9 | 1:01.13 |
|---|--------------------|------------|---|---------|

| Race 81  | Open Women's K1 200m Heat 4 | 9:25       |        |         |
|--|-----------------------------|------------|--------|---------|
| Advancement - 1/7 + next BT to SF; rest to Final E |                             |            |        |         |
| Lane   | Crew                        | Club       | Finish | Time    |
| 0  |                             |            |        |         |
| 4  | Chloe Bryer U18             | Burloak    | 1      | 46.64   |
| 5  | Samantha Stein U23          | Balmy Bea  | 2      | 48.94   |
| 6  | Barbora Benada U18          | Mississaug | 3      | 50.46   |
| 3  | Gabrielle Woods U18         | Burloak    | 4      | 53.5    |
| 9  | Kamilla Neuspiel U16        | Rideau     | 5      | 54.93   |
| 2  | Sarah Lowry U18             | South Niag | 6      | 56.68   |
| 1  | Adelaide Cumming U16        | Burloak    | 7      | 58.61   |
| 8  | Sophia Sangiuliano U16      | Collingwod | 8      | 59.45   |
| 7  | Maria Tierrafria U23        | Rideau     | 9      | 1:00.82 |

| Race 82  | Open Women's K1 200m Heat 5 | 9:30        |        |         |
|--|-----------------------------|-------------|--------|---------|
| Advancement - 1/7 + next BT to SF; rest to Final E |                             |             |        |         |
| Lane   | Crew                        | Club        | Finish | Time    |
| 0  |                             |             |        |         |
| 6  | Callie Loch U18             | Rideau      | 1      | 46.73   |
| 5  | Bridget Wodehouse U18       | Richmond    | 2      | 47.43   |
| 4  | Avery Durocher U18          | Mississaug  | 3      | 50.05   |
| 7  | Alexandra Gillan U18        | Rideau      | 4      | 51.58   |
| 3  | Elizabeth Fanok U14         | Pickering P | 5      | 52.14   |
| 1  | Lilliana Sato U16           | Richmond    | 6      | 54.82   |
| 2  | Claire Nevins U18           | Mississaug  | 7      | 58.72   |
| 8  | Jaina Arora U16             | Rideau      | 8      | 1:01.75 |
| 9  |                             |             |        |         |

| Race 83   | Open Women's C1 500m Heat 1  | 9:40       |        |         |
|---|------------------------------|------------|--------|---------|
| Advancement - 1/6 + 3x7th BT to SF; rest to Final D |                              |            |        |         |
| Lane  | Crew                         | Club       | Finish | Time    |
| 0   |                              |            |        |         |
| 6   | Ruby Muhl U18 (R.)           | Rideau     | 1      | 2:20.66 |
| 3   | Caroline Anderson U16 (R.)   | Rideau     | 2      | 2:27.90 |
| 7   | Isabel Lowry U16 (L)         | Carleton P | 3      | 2:28.15 |
| 4   | Teagan Tyrrell U23 (R.)      | Mississaug | 4      | 2:30.43 |
| 2   | Madeleine Beauregard U16 (R) | Rideau     | 5      | 2:30.64 |
| 8   | Sunny Valdez U16 (R)         | Collingwod | 6      | 2:46.77 |
| 1   | Veronica Rumscheidt U16 (L)  | Rideau     | 7      | 2:51.34 |
| 5   |                              |            |        |         |
| 9   |                              |            |        |         |

| Race 84   | Open Women's C1 500m Heat 2      | 9:45       |        |         |
|---|----------------------------------|------------|--------|---------|
| Advancement - 1/6 + 3x7th BT to SF; rest to Final D |                                  |            |        |         |
| Lane  | Crew                             | Club       | Finish | Time    |
| 0   |                                  |            |        |         |
| 5   | Zoe Wojtyk U18 (R.)              | Rideau     | 1      | 2:28.26 |
| 3   | Claire Mollard U16 (R.)          | Mississaug | 2      | 2:35.51 |
| 6   | Mackenzie Haines U18 (R.)        | Rideau     | 3      | 2:39.75 |
| 4   | Aimee Pigeon U18 (L)             | South Niag | 4      | 2:40.02 |
| 7   | Madison (Mady) MacKinnon U18 (R) | Rideau     | 5      | 2:46.13 |
| 2   | Adrianna Jasinski U18 (L)        | Mississaug | 6      | 2:53.95 |



|   |                        |        |   |         |
|---|------------------------|--------|---|---------|
| 8 | Estelle Pike U16 (R)   | Rideau | 7 | 2:58.80 |
| 1 | Mai-Lyn Nguyen U16 (L) | Rideau | 8 | 3:02.40 |
| 9 |                        |        |   |         |

|  |                                    |             |               |             |
|--|------------------------------------|-------------|---------------|-------------|
| <b>Race 85</b>   | <b>Open Women's C1 500m Heat 3</b> | <b>9:50</b> |               |             |
| <b>Advancement - 1/6 + 3x7th BT to SF; rest to Final D</b> |                                    |             |               |             |
| <b>Lane</b>  | <b>Crew</b>                        | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0  |                                    |             |               |             |
| 1  |                                    |             |               |             |
| 5  | Janina Winnicki U23 (R.)           | Rideau      | 1             | 2:25.67     |
| 4  | Abby Wojtyk U18 (L)                | Rideau      | 2             | 2:26.20     |
| 3  | Emma Marshall U16 (R.)             | Balmy Bea   | 3             | 2:26.84     |
| 6  | Abbie Haines U16 (L)               | Carleton P  | 4             | 2:40.08     |
| 8  | Haley Sebesta U14 (R)              | North Bay   | 5             | 2:45.85     |
| 7  | Leia Stephenson U16 (L)            | Mississaug  | 6             | 2:48.79     |
| 2  | Katherine Kerwin U14 (L)           | Burloak     | 7             | 3:01.29     |
| 9  |                                    |             |               |             |

|  |                                    |             |               |             |
|--|------------------------------------|-------------|---------------|-------------|
| <b>Race 86</b>   | <b>Open Women's C1 500m Heat 4</b> | <b>9:55</b> |               |             |
| <b>Advancement - 1/6 + 3x7th BT to SF; rest to Final D</b> |                                    |             |               |             |
| <b>Lane</b>  | <b>Crew</b>                        | <b>Club</b> | <b>Finish</b> | <b>Time</b> |
| 0  |                                    |             |               |             |
| 1  |                                    |             |               |             |
| 5  | Mila Souilliere U23 (L)            | Rideau      | 1             | 2:28.53     |
| 6  | Julia Price U16 (R.)               | Rideau      | 2             | 2:32.05     |
| 4  | Sarah Rumscheidt U18 (R.)          | Rideau      | 3             | 2:34.33     |
| 3  | Zoe Bergeron U23 (R.)              | Mississaug  | 4             | 2:37.00     |
| 7  | Naomi Langenbahn U16 (L)           | Rideau      | 5             | 2:40.83     |
| 2  | Naomi Lozada U18 (L)               | Mississaug  | 6             | 2:51.83     |
| 8  | Amalina Varo U16 (L)               | Rideau      | 7             | 3:12.68     |
| 9  |                                    |             |               |             |

|   |   |              |               |             |
|---|---|--------------|---------------|-------------|
| <b>Race 87A</b>   | <b>Open Mixed SO Pro K1 200m Heat 3</b> | <b>10:05</b> |               |             |
| <b>Advancement - Top half to Final A, rest to Final B</b> |   |              |               |             |
| <b>Lane</b>   | <b>Crew</b>                             | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0   |   |              |               |             |
| 1   |   |              |               |             |
| 5   | Darryl Clark                            | Carleton P   | 1             |             |
| 4   | Cooper Sloan                            | Rideau       | 2             |             |
| 2   | Jeffrey Campbell                        | Balmy Bea    | 5             |             |
| 3   | Benjamin Caplan                         | Balmy Beach  |               | DNF         |
| 6   |   |              |               |             |
| 7   | Rachel Cohen                            | Balmy Bea    | 3             |             |
| 8   | Abigial Latour                          | Pickering R  | 4             |             |
| 9   |   |              |               |             |

|   |   |              |               |             |
|---|---|--------------|---------------|-------------|
| <b>Race 87B</b>   | <b>Open Mixed SO Pro K1 200m Heat 4</b> | <b>10:10</b> |               |             |
| <b>Advancement - Top half to Final A, rest to Final B</b> |   |              |               |             |
| <b>Lane</b>   | <b>Crew</b>                             | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0   |   |              |               |             |
| 1   |   |              |               |             |
| 5   | Quinn Martin                            | Pickering R  | 1             |             |
| 4   | Fletcher Sloan                          | Rideau       | 2             |             |
| 3   | Samuel Galazka                          | Rideau       | 3             |             |

|   |                    |            |   |
|---|--------------------|------------|---|
| 6 | Stone Shearer      | Peterborou | 4 |
| 7 | Gohulan Rajalingam | Balmy Bea  | 5 |
| 2 | Ewan MacMillan     | Rideau     | 6 |
| 8 |                    |            |   |
| 9 |                    |            |   |

**Break**

|                |  |              |               |             |
|----------------|--|--------------|---------------|-------------|
| <b>Race 88</b> | <b>Open Men's K1 500m Semi-Final 1</b>   | <b>10:35</b> |               |             |
|                | <b>Advancement - 1/2 + next BT to</b>    |              |               |             |
|                | <b>Final A; 3x3rd + 4x4th + 2x5th BT</b> |              |               |             |
| <b>Lane</b>    | <b>Crew</b>                              | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 5              | Jason Burkholder U23                     | Burloak      | 1             | 1:51.34     |
| 4              | Aidan Dumont U23                         | Rideau       | 2             | 1:51.90     |
| 6              | Henrik Neuspiel U16                      | Rideau       | 3             | 1:52.81     |
| 3              | Thomas Beauregard U18                    | Rideau       | 4             | 1:53.75     |
| 2              | Sam Paquette U23                         | Carleton P   | 5             | 1:58.09     |
| 7              | Jack Bailey U16                          | Burloak      | 6             | 1:59.37     |
| 1              | Jackson Meikle U18                       | Balmy Bea    | 7             | 1:59.55     |
| 0              | Nicholas Robinson Sr.                    | Exhibition   | 8             | 2:00.96     |
| 9              | Ashton Teixeira U16                      | Burloak      | 9             | 2:03.00     |
| 8              | Mateo Volpini U18                        | Sudbury      | 10            | 2:03.21     |

|                |  |              |               |             |
|----------------|--|--------------|---------------|-------------|
| <b>Race 89</b> | <b>Open Men's K1 500m Semi-Final 2</b>   | <b>10:40</b> |               |             |
|                | <b>Advancement - 1/2 + next BT to</b>    |              |               |             |
|                | <b>Final A; 3x3rd + 4x4th + 2x5th BT</b> |              |               |             |
| <b>Lane</b>    | <b>Crew</b>                              | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |  |              |               |             |
| 5              | Cameron Low U23                          | Balmy Bea    | 1             | 1:48.69     |
| 4              | Carson Corey U18                         | Burloak      | 2             | 1:49.32     |
| 6              | Ryan Naroditsky U18                      | Rideau       | 3             | 1:50.11     |
| 3              | Graeme Grant U18                         | Mississaug   | 4             | 1:54.91     |
| 7              | Avery Duval U18                          | Carleton P   | 5             | 1:57.57     |
| 2              | Owen MacLean U16                         | Collingwo    | 6             | 1:58.12     |
| 9              | Benjamin Elder U18                       | Rideau       | 7             | 2:00.00     |
| 8              | Jozsi Mckee U18                          | Rideau       | 8             | 2:06.23     |
| 1              | Jasper Douglass U16                      | Pickering F  | 9             | 2:07.57     |

|                |  |              |               |             |
|----------------|--|--------------|---------------|-------------|
| <b>Race 90</b> | <b>Open Men's K1 500m Semi-Final 3</b>   | <b>10:45</b> |               |             |
|                | <b>Advancement - 1/2 + next BT to</b>    |              |               |             |
|                | <b>Final A; 3x3rd + 4x4th + 2x5th BT</b> |              |               |             |
| <b>Lane</b>    | <b>Crew</b>                              | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |  |              |               |             |
| 5              | Alexander Hoferek U23                    | Rideau       | 1             | 1:51.06     |
| 4              | Cormac Adams U23                         | Burloak      | 2             | 1:51.29     |
| 6              | Victor Savulescu U23                     | Rideau       | 3             | 1:55.30     |
| 2              | Nehal Dhillon U18                        | Burloak      | 4             | 1:56.74     |
| 7              | Kyle Jackson U23                         | Balmy Bea    | 5             | 2:00.01     |
| 8              | Jonah Quesnel U16                        | Pickering F  | 6             | 2:01.60     |
| 1              | Wesley Hodgson-Pageau U18                | Rideau       | 7             | 2:03.65     |
| 3              | Spencer Robinson U23                     | Rideau       | 8             | 2:04.37     |
| 9              | Heitor Muhl U18                          | Rideau       | 9             | 2:05.16     |

|                |  |              |  |  |
|----------------|--|--------------|--|--|
| <b>Race 91</b> | <b>Open Men's K1 500m Semi-Final 4</b>   | <b>10:50</b> |  |  |
|                | <b>Advancement - 1/2 + next BT to</b>    |              |  |  |
|                | <b>Final A; 3x3rd + 4x4th + 2x5th BT</b> |              |  |  |

| Lane | Crew                       | Club       | Finish | Time    |
|------|----------------------------|------------|--------|---------|
| 0    |                            |            |        |         |
| 4    | Lucas Stein U23            | Balmy Bea  | 1      | 1:51.81 |
| 5    | David Stewart Sr.          | Rideau     | 2      | 1:52.81 |
| 6    | Dyllan Redwood-Wheeler U16 | Carleton P | 3      | 1:54.35 |
| 3    | Hayden Kralik U23          | Mississaug | 4      | 1:55.37 |
| 7    | Andre Rocha U18            | Mississaug | 5      | 2:00.14 |
| 9    | Aiden Kinnaird U16         | Burloak    | 6      | 2:01.94 |
| 2    | Tyler Chenette U23         | Rideau     | 7      | 2:02.76 |
| 8    | Dax Morris U16             | Rideau     | 8      | 2:04.30 |
| 1    | Oscar Graves U16           | North Bay  | 9      | 2:06.20 |

| Race 92 | Open Men's C1 500m Semi-Final 1   | 10:55      |        |         |
|---------|---|------------|--------|---------|
|         | <b>Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT</b> |            |        |         |
| Lane    | Crew  | Club       | Finish | Time    |
| 0       |   |            |        |         |
| 5       | JACK CHAMBERS U18 (L)   | Mississaug | 1      | 2:03.05 |
| 6       | Nicholas Shirokov U18 (R.)  | Mississaug | 2      | 2:04.15 |
| 7       | Grayson Schrotter U18 (R.)  | Mississaug | 3      | 2:09.57 |
| 4       | Mark Vucina U18 (L)   | Mississaug | 4      | 2:12.73 |
| 8       | Nathaniel Provost U16 (R.)  | Rideau     | 5      | 2:19.74 |
| 3       | Spencer McLeod U14 (R.)   | Mississaug | 6      | 2:23.40 |
| 2       | Joshua Sargant U14 (L)  | Burloak    | 7      | 2:24.44 |
| 1       | Riley Ribero U16 (L)  | Ottawa Riv | 8      | 2:35.92 |
| 9       | Max Gorelov U14 (L)   | Rideau     |        | DNF     |

| Race 93 | Open Men's C1 500m Semi-Final 2   | 11:00      |        |         |
|---------|---|------------|--------|---------|
|         | <b>Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT</b> |            |        |         |
| Lane    | Crew  | Club       | Finish | Time    |
| 0       |   |            |        |         |
| 5       | Ydris Hunter U23 (L)  | Rideau     | 1      | 2:02.22 |
| 6       | Peter Bradley U23 (L)   | Rideau     | 2      | 2:03.29 |
| 4       | Dylan Schrotter U23 (L)   | Mississaug | 3      | 2:04.54 |
| 2       | Konrad Morawski U18 (R.)  | Richmond   | 4      | 2:09.23 |
| 3       | Thomas Bremermann U23 (R)   | Mississaug | 5      | 2:14.30 |
| 8       | Cameron Stewart U18 (L)   | Mississaug | 6      | 2:16.27 |
| 7       | Shawn Ge U16 (R.)   | Burloak    | 7      | 2:17.23 |
| 1       | Liam Velicogna U16 (L)  | Rideau     | 8      | 2:35.53 |
| 9       | Hunter Mack U16 (R)   | Balmy Bea  | 9      | 2:57.41 |

| Race 94 | Open Men's C1 500m Semi-Final 3   | 11:05      |        |         |
|---------|---|------------|--------|---------|
|         | <b>Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT</b> |            |        |         |
| Lane    | Crew  | Club       | Finish | Time    |
| 0       |   |            |        |         |
| 5       | Matthew O'Neil U23 (R.)   | Rideau     | 1      | 2:02.66 |
| 4       | Stuart Bradley U18 (R.)   | Rideau     | 2      | 2:03.18 |
| 6       | Kieran Graham U23 (L)   | Rideau     | 3      | 2:03.83 |
| 3       | Lucas Williams U23 (R.)   | Mississaug | 4      | 2:04.33 |
| 7       | John Mollard U18 (R.)   | Mississaug | 5      | 2:21.50 |
| 9       | Wesley Bartlett U16 (L)   | Rideau     | 6      | 2:25.30 |
| 8       | Roenn Hodgins U14 (L)   | Carleton P | 7      | 2:36.39 |

|   |                         |             |   |         |
|---|-------------------------|-------------|---|---------|
| 2 | Noah Al Hashemi U16 (L) | Mississauga | 8 | 2:37.30 |
| 1 | Wes Clouthier U14 (L)   | North Bay   | 9 | 2:41.91 |

|                |  |              |               |             |
|----------------|--|--------------|---------------|-------------|
| <b>Race 95</b> | <b>Open Men's C1 500m Semi-Final 4</b>   | <b>11:10</b> |               |             |
|                | <b>Advancement - 1/2 + next BT to</b>    |              |               |             |
|                | <b>Final A; 3x3rd + 4x4th + 2x5th BT</b> |              |               |             |
| <b>Lane</b>    | <b>Crew</b>                              | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              | Viktor Hardy U23 (R.)                    | Exhibition   | 1             | 2:03.29     |
| 5              | Zachary KRALIK U23 (L)                   | Mississauga  | 2             | 2:03.60     |
| 6              | Austin Pigeon U23 (L)                    | South Niag   | 3             | 2:03.89     |
| 4              | Cole Norman U18 (L)                      | Rideau       | 4             | 2:08.34     |
| 3              | Aidan Haines U18 (L)                     | Carleton P   | 5             | 2:11.13     |
| 7              | Matthew Sampson U18 (R.)                 | Mississauga  | 6             | 2:11.74     |
| 2              | Sean Glynn U16 (R)                       | Burloak      | 7             | 2:36.99     |
| 8              | Adam Schlosser U16 (R)                   | Rideau       | 8             | 2:39.72     |
| 1              | Nathaniel Wernick U16 (R)                | Balmy Bea    | 9             | 2:41.15     |
| 9              | Nathaniel Suppa U14 (L)                  | North Bay    | 10            | 2:44.54     |

|                |  |              |               |             |
|----------------|--|--------------|---------------|-------------|
| <b>Race 96</b> | <b>Open Women's K1 200m Semi-Final</b>   | <b>11:20</b> |               |             |
|                | <b>Advancement - 1/2 + next BT to</b>    |              |               |             |
|                | <b>Final A; 3x3rd + 4x4th + 2x5th BT</b> |              |               |             |
| <b>Lane</b>    | <b>Crew</b>                              | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |  |              |               |             |
| 5              | Eva Looper U23                           | Burloak      | 1             | 48.03       |
| 4              | Samantha Stein U23                       | Balmy Bea    | 2             | 48.71       |
| 7              | Barbora Benada U18                       | Mississauga  | 3             | 49.5        |
| 6              | Kate Osborne U16                         | Rideau       | 4             | 49.96       |
| 3              | Tyler Rennick U18                        | Rideau       | 5             | 51.23       |
| 9              | Sophie McLean U16                        | Burloak      | 6             | 53.02       |
| 2              | Elizabeth Fanok U14                      | Pickering F  | 7             | 53.31       |
| 1              | Rachel Jou U16                           | Richmond     | 8             | 55.64       |
| 8              | Neve Metzler U16                         | Collingwod   | 9             | 56.99       |

|                |  |              |               |             |
|----------------|--|--------------|---------------|-------------|
| <b>Race 97</b> | <b>Open Women's K1 200m Semi-Final</b>   | <b>11:25</b> |               |             |
|                | <b>Advancement - 1/2 + next BT to</b>    |              |               |             |
|                | <b>Final A; 3x3rd + 4x4th + 2x5th BT</b> |              |               |             |
| <b>Lane</b>    | <b>Crew</b>                              | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |  |              |               |             |
| 5              | Brooklyn Wodehouse U23                   | Richmond     | 1             | 45.75       |
| 4              | Bridget Wodehouse U18                    | Richmond     | 2             | 45.98       |
| 3              | Alexandra Gillan U18                     | Rideau       | 3             | 49.21       |
| 6              | Sydney Doidge U23                        | Balmy Bea    | 4             | 49.83       |
| 7              | Maea Knights U16                         | Burloak      | 5             | 50.43       |
| 2              | Sydney Nielsen U23                       | Rideau       | 6             | 52.28       |
| 8              | Kamilla Neuspiel U16                     | Rideau       | 7             | 52.59       |
| 9              | Chloe Woods U18                          | Burloak      | 8             | 53.18       |
| 1              | Paige MacKinnon U16                      | Rideau       | 9             | 55.08       |

|                |  |              |               |             |
|----------------|--|--------------|---------------|-------------|
| <b>Race 98</b> | <b>Open Women's K1 200m Semi-Final</b>   | <b>11:30</b> |               |             |
|                | <b>Advancement - 1/2 + next BT to</b>    |              |               |             |
|                | <b>Final A; 3x3rd + 4x4th + 2x5th BT</b> |              |               |             |
| <b>Lane</b>    | <b>Crew</b>                              | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |  |              |               |             |
| 4              | Chloe Bryer U18                          | Burloak      | 1             | 47.77       |

|   |                    |             |   |         |
|---|--------------------|-------------|---|---------|
| 5 | Sarah Nagy U23     | Richmond    | 2 | 48.01   |
| 6 | Emily Best U23     | Rideau      | 3 | 49.98   |
| 3 | Avery Durocher U18 | Mississauga | 4 | 50.48   |
| 7 | Kyla Drouin U23    | Carleton P  | 5 | 51.97   |
| 1 | Hilary Coolen U16  | Mississauga | 6 | 55.06   |
| 8 | Sarah Lowry U18    | South Niag  | 7 | 56.72   |
| 2 | Emily Zhuang U16   | Burloak     | 8 | 57.07   |
| 9 | Claire Nevins U18  | Mississauga | 9 | 1:00.39 |

|                |   |              |               |             |
|----------------|---|--------------|---------------|-------------|
| <b>Race 99</b> | <b>Open Women's K1 200m Semi-Final</b>                                  | <b>11:35</b> |               |             |
|                | <b>Advancement - 1/2 + next BT to Final A; 3x3rd + 4x4th + 2x5th BT</b> |              |               |             |
| <b>Lane</b>    | <b>Crew</b>   | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0              |   |              |               |             |
| 5              | Callie Loch U18   | Rideau       | 1             | 48.72       |
| 6              | Charlotte Brais U23   | Rideau       | 2             | 49.81       |
| 4              | Sabrina Tyrrell U16   | Burloak      | 3             | 51.13       |
| 7              | Gabrielle Woods U18   | Burloak      | 4             | 52.52       |
| 8              | Cassie Kenny U16  | Burloak      | 5             | 53.41       |
| 3              | Taylor Hardie U16   | Burloak      | 6             | 53.98       |
| 9              | Lilliana Sato U16   | Richmond     | 7             | 54.95       |
| 2              | Alison Nguyen U14   | Rideau       | 8             | 56.44       |
| 1              | Adelaide Cumming U16  | Burloak      | 9             | 58.91       |

|                 |  |              |               |             |
|-----------------|--|--------------|---------------|-------------|
| <b>Race 100</b> | <b>Open Women's C1 500m Semi-Final</b>                               | <b>11:45</b> |               |             |
|                 | <b>Advancement - 1/3 to Final A; 4/6 to Final B; rest to Final C</b> |              |               |             |
| <b>Lane</b>     | <b>Crew</b>  | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0               |  |              |               |             |
| 6               | Zoe Wojtyk U18 (R.)  | Rideau       | 1             | 2:25.53     |
| 5               | Mila Souilliere U23 (L)  | Rideau       | 2             | 2:30.16     |
| 7               | Abbie Haines U16 (L)   | Carleton P   | 3             | 2:31.11     |
| 3               | Emma Marshall U16 (R.)   | Balmy Bea    | 4             | 2:32.52     |
| 4               | Caroline Anderson U16 (R.)   | Rideau       | 5             | 2:33.00     |
| 2               | Naomi Langenbahn U16 (L)   | Rideau       | 6             | 2:42.53     |
| 9               | Adrianna Jasinski U18 (L)  | Mississauga  | 7             | 2:43.64     |
| 8               | Sunny Valdez U16 (R)   | Collingwood  | 8             | 2:49.01     |
| 1               | Veronica Rumscheidt U16 (L)  | Rideau       | 9             | 2:59.69     |

|                 |  |              |               |             |
|-----------------|--|--------------|---------------|-------------|
| <b>Race 101</b> | <b>Open Women's C1 500m Semi-Final</b>                               | <b>11:50</b> |               |             |
|                 | <b>Advancement - 1/3 to Final A; 4/6 to Final B; rest to Final C</b> |              |               |             |
| <b>Lane</b>     | <b>Crew</b>  | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0               |  |              |               |             |
| 5               | Janina Winnicki U23 (R.)   | Rideau       | 1             | 2:25.92     |
| 4               | Julia Price U16 (R.)   | Rideau       | 2             | 2:26.86     |
| 3               | Mackenzie Haines U18 (R.)  | Rideau       | 3             | 2:28.21     |
| 6               | Isabel Lowry U16 (L)   | Carleton P   | 4             | 2:30.32     |
| 8               | Madeleine Beauregard U16 (R)   | Rideau       | 5             | 2:30.59     |
| 7               | Aimee Pigeon U18 (L)   | South Niag   | 6             | 2:39.58     |
| 2               | Zoe Bergeron U23 (R.)  | Mississauga  | 7             | 2:39.98     |
| 1               | Leia Stephenson U16 (L)  | Mississauga  | 8             | 2:48.88     |
| 9               | Estelle Pike U16 (R)   | Rideau       | 9             | 2:54.22     |

|                 |  |              |  |  |
|-----------------|--|--------------|--|--|
| <b>Race 102</b> | <b>Open Women's C1 500m Semi-Final</b>                               | <b>11:55</b> |  |  |
|                 | <b>Advancement - 1/3 to Final A; 4/6 to Final B; rest to Final C</b> |              |  |  |

| Lane | Crew                             | Club        | Finish | Time    |
|------|----------------------------------|-------------|--------|---------|
| 0    |                                  |             |        |         |
| 5    | Ruby Muhl U18 (R.)               | Rideau      | 1      | 2:29.49 |
| 4    | Abby Wojtyk U18 (L)              | Rideau      | 2      | 2:30.47 |
| 7    | Teagan Tyrrell U23 (R.)          | Mississauga | 3      | 2:35.04 |
| 3    | Sarah Rumscheidt U18 (R.)        | Rideau      | 4      | 2:36.23 |
| 6    | Claire Mollard U16 (R.)          | Mississauga | 5      | 2:45.88 |
| 8    | Haley Sebesta U14 (R)            | North Bay   | 6      | 2:48.45 |
| 2    | Madison (Mady) MacKinnon U18 (R) | Rideau      | 7      | 2:49.19 |
| 9    | Naomi Lozada U18 (L)             | Mississauga | 8      | 2:51.01 |
| 1    | Katherine Kerwin U14 (L)         | Burloak     | 9      | 2:58.04 |

| Race 103A Open Mixed SO Pro K1 200m Final 1 |                | 12:05       |        |         |
|---|----------------|-------------|--------|---------|
| Lane  | Crew           | Club        | Finish | Time    |
| 0   |                |             |        |         |
| 1   |                |             |        |         |
| 4   | Quinn Martin   | Pickering P | 1      | 57.89   |
| 6   | Samuel Galazka | Rideau      | 2      | 58.71   |
| 5   | Fletcher Sloan | Rideau      | 3      | 59.57   |
| 2   | Darryl Clark   | Carleton P  | 4      | 1:08.63 |
| 3   | Cooper Sloan   | Rideau      | 5      | 1:19.04 |
| 8   | Rachel Cohen   | Balmy Bea   | 1      | 1:22.40 |
| 7   |                |             |        |         |
| 9   |                |             |        |         |

| Race 103B Open Mixed SO Pro K1 200m Final 1 |                    | 12:10       |        |         |
|---|--------------------|-------------|--------|---------|
| Lane  | Crew               | Club        | Finish | Time    |
| 0   |                    |             |        |         |
| 1   |                    |             |        |         |
| 4   | Stone Shearer      | Peterborou  | 1      | 1:01.90 |
| 5   | Gohulan Rajalingam | Balmy Bea   | 2      | 1:13.96 |
| 6   | Ewan MacMillan     | Rideau      | 3      | 1:23.94 |
| 2   | Jeffrey Campbell   | Balmy Bea   | 4      | 1:24.56 |
| 8   | Abigial Latour     | Pickering R | 1      | 1:25.27 |
| 3   | Benjamin Caplan    | Balmy Beach |        | DNF     |
| 7   |                    |             |        |         |
| 9   |                    |             |        |         |

**Lunch**

| Race 104 Open Men's K1 500m Final H |                       | 13:20       |        |         |
|-------------------------------------|-----------------------|-------------|--------|---------|
| Lane                                | Crew                  | Club        | Finish | Time    |
| 0                                   |                       |             |        |         |
| 1                                   |                       |             |        |         |
| 4                                   | Haden Hastie U16      | Carleton P  | 1      | 2:13.17 |
| 5                                   | Gavin Burke U16       | Rideau      | 2      | 2:13.65 |
| 6                                   | Alec Oberer U16       | Pickering P | 3      | 2:14.45 |
| 7                                   | George Farnsworth U16 | Rideau      | 4      | 2:21.80 |
| 3                                   | Zachary Wells U16     | Rideau      | 5      | 2:22.23 |
| 2                                   | Ethan Zanna U16       | Rideau      | 6      | 2:27.42 |
| 8                                   |                       |             |        |         |
| 9                                   |                       |             |        |         |

| Race 105 | Open Men's K1 500m Final G | 13:25         |        |         |
|----------|----------------------------|---------------|--------|---------|
| Lane     | Crew                       | Club          | Finish | Time    |
| 0        |                            |               |        |         |
| 6        | Ethan Beeho U16            | Balmy Bea     | 1      | 2:09.27 |
| 7        | Jonothan Barrett U16       | South Niag    | 2      | 2:10.64 |
| 5        | Myles Melville U16         | Carleton P    | 3      | 2:11.23 |
| 9        | Mason Lowry U14            | Carleton P    | 4      | 2:11.83 |
| 8        | Daniel Farlinger U18       | Petrie Islar  | 5      | 2:12.74 |
| 1        | Isaac Ford U16             | Collingwo     | 6      | 2:13.74 |
| 4        | Alexander Shin U16         | Richmond      | 7      | 2:14.34 |
| 2        | Isaac Quesnel U14          | Pickering F   | 8      | 2:16.54 |
| 3        | KRISH CHADHA U18           | Richmond Hill |        | DNF     |

| Race 106 | Open Men's K1 500m Final F | 13:30      |        |         |
|----------|----------------------------|------------|--------|---------|
| Lane     | Crew                       | Club       | Finish | Time    |
| 0        |                            |            |        |         |
| 4        | Shea Kennedy U16           | Rideau     | 1      | 2:02.52 |
| 6        | Tai Nguyen U18             | Rideau     | 2      | 2:04.60 |
| 5        | Simon Richardson U18       | Carleton P | 3      | 2:05.04 |
| 7        | Julien Turpin U16          | Sudbury    | 4      | 2:05.47 |
| 8        | Ruben Deme-Lindberg U16    | Rideau     | 5      | 2:06.67 |
| 3        | Riley Taylor U16           | Rideau     | 6      | 2:08.94 |
| 9        | Zachary Nicholson U18      | Carleton P | 7      | 2:09.41 |
| 2        | Kai Ullock U18             | Balmy Bea  | 8      | 2:10.05 |
| 1        | Sasha Vinogradov U18       | Rideau     | 9      | 2:11.20 |

| Race 107 | Open Men's K1 500m Final E | 13:35      |        |         |
|----------|----------------------------|------------|--------|---------|
| Lane     | Crew                       | Club       | Finish | Time    |
| 0        |                            |            |        |         |
| 5        | Ryan Cordeau U18           | Mississaug | 1      | 2:00.89 |
| 7        | Michael Chaban U16         | Mississaug | 2      | 2:05.07 |
| 9        | Alexandros Gournakis U18   | Rideau     | 3      | 2:05.61 |
| 2        | William Bodley U18         | Balmy Bea  | 4      | 2:06.08 |
| 8        | Oliver Sinclair U16        | Burloak    | 5      | 2:07.37 |
| 4        | Alessandro Pucci U16       | Rideau     | 6      | 2:07.87 |
| 6        | Joseph Zwolinski U14       | Balmy Bea  | 7      | 2:08.42 |
| 1        | Gabriel Bouius U23         | Rideau     | 8      | 2:08.98 |
| 3        | Ty Collver U16             | Burloak    | 9      | 2:09.47 |

| Race 108 | Open Men's K1 500m Final D | 13:40       |        |         |
|----------|----------------------------|-------------|--------|---------|
| Lane     | Crew                       | Club        | Finish | Time    |
| 0        | Nicholas Robinson Sr.      | Exhibition  | 1      | 2:00.04 |
| 3        | Spencer Robinson U23       | Rideau      | 2      | 2:00.52 |
| 6        | Jozsi Mckee U18            | Rideau      | 3      | 2:02.21 |
| 2        | Mateo Volpini U18          | Sudbury     | 4      | 2:02.91 |
| 7        | Dax Morris U16             | Rideau      | 5      | 2:03.33 |
| 9        | Oscar Graves U16           | North Bay   | 6      | 2:03.69 |
| 5        | Wesley Hodgson-Pageau U18  | Rideau      | 7      | 2:04.23 |
| 4        | Ashton Teixeira U16        | Burloak     | 8      | 2:04.65 |
| 8        | Jasper Douglass U16        | Pickering F | 9      | 2:07.07 |

|   |                 |        |    |         |
|---|-----------------|--------|----|---------|
| 1 | Heitor Muhl U18 | Rideau | 10 | 2:10.05 |
|---|-----------------|--------|----|---------|

| Race 109 | Open Men's K1 500m Final C | 13:45       |        |         |
|----------|----------------------------|-------------|--------|---------|
| Lane     | Crew                       | Club        | Finish | Time    |
| 0        |                            |             |        |         |
| 8        | Jackson Meikle U18         | Balmy Bea   | 1      | 1:56.82 |
| 5        | Kyle Jackson U23           | Balmy Bea   | 2      | 1:57.46 |
| 1        | Benjamin Elder U18         | Rideau      | 3      | 1:58.89 |
| 6        | Andre Rocha U18            | Mississaug  | 4      | 1:59.32 |
| 4        | Owen MacLean U16           | Collingwoo  | 5      | 1:59.77 |
| 3        | Jack Bailey U16            | Burloak     | 6      | 2:00.26 |
| 9        | Tyler Chenette U23         | Rideau      | 7      | 2:00.99 |
| 7        | Aiden Kinnaird U16         | Burloak     | 8      | 2:01.52 |
| 2        | Jonah Quesnel U16          | Pickering P | 9      | 2:05.76 |

| Race 110 | Open Men's K1 500m Final B | 13:50          |        |         |
|----------|----------------------------|----------------|--------|---------|
| Lane     | Crew                       | Club           | Finish | Time    |
| 0        |                            |                |        |         |
| 5        | Henrik Neuspiel U16        | Rideau         |        | 1:53.16 |
| 6        | Dyllan Redwood-Wheeler U16 | Carleton Place |        | 1:54.51 |
| 2        | Graeme Grant U18           | Mississauga    |        | 1:55.13 |
| 3        | Thomas Beauregard U18      | Rideau         |        | 1:55.72 |
| 7        | Hayden Kralik U23          | Mississauga    |        | 1:56.32 |
| 4        | Victor Savulescu U23       | Rideau         |        | 1:58.14 |
| 9        | Sam Paquette U23           | Carleton Place |        | 1:59.94 |
| 8        | Nehal Dhillon U18          | Burloak        |        | 2:00.51 |
| 1        | Avery Duval U18            | Carleton Place |        | 2:03.23 |

| Race 111 | Open Men's K1 500m Final A | 13:55     |        |         |
|----------|----------------------------|-----------|--------|---------|
| Lane     | Crew                       | Club      | Finish | Time    |
| 0        |                            |           |        |         |
| 4        | Cameron Low U23            | Balmy Bea | 1      | 1:45.71 |
| 5        | Jason Burkholder U23       | Burloak   | 2      | 1:46.45 |
| 6        | Alexander Hoferek U23      | Rideau    | 3      | 1:46.98 |
| 7        | Carson Corey U18           | Burloak   | 4      | 1:47.47 |
| 2        | Cormac Adams U23           | Burloak   | 5      | 1:48.06 |
| 9        | David Stewart Sr.          | Rideau    | 6      | 1:48.61 |
| 3        | Lucas Stein U23            | Balmy Bea | 7      | 1:49.15 |
| 8        | Aidan Dumont U23           | Rideau    | 8      | 1:49.68 |
| 1        | Ryan Naroditsky U18        | Rideau    | 9      | 1:50.39 |

| Race 112 | Open Men's C1 500m Final E | 14:00 |        |      |
|----------|----------------------------|-------|--------|------|
| Lane     | Crew                       | Club  | Finish | Time |
| 0        |                            |       |        |      |
| 1        |                            |       |        |      |
| 2        |                            |       |        |      |
| 3        |                            |       |        |      |
| 4        | NO RACE                    |       |        |      |
| 5        |                            |       |        |      |
| 6        |                            |       |        |      |



|   |  |  |  |  |
|---|--|--|--|--|
| 7 |  |  |  |  |
| 8 |  |  |  |  |
| 9 |  |  |  |  |

| Race 113 | Open Men's C1 500m Final D | 14:05       |        |         |
|----------|----------------------------|-------------|--------|---------|
| Lane     | Crew                       | Club        | Finish | Time    |
| 0        |                            |             |        |         |
| 6        | Adam Schlosser U16 (R)     | Rideau      | 1      | 2:36.60 |
| 3        | Noah Al Hashemi U16 (L)    | Mississauga | 2      | 2:38.32 |
| 7        | Nathaniel Wernick U16 (R)  | Balmy Bea   | 3      | 2:39.91 |
| 5        | Roenn Hodgins U14 (L)      | Carleton P  | 4      | 2:40.52 |
| 2        | Max Gorelov U14 (L)        | Rideau      | 5      | 2:40.96 |
| 4        | Riley Ribero U16 (L)       | Ottawa Riv  | 6      | 2:41.38 |
| 1        | Wes Clouthier U14 (L)      | North Bay   | 7      | 2:42.77 |
| 9        | Nathaniel Suppa U14 (L)    | North Bay   | 8      | 2:43.17 |
| 8        | Hunter Mack U16 (R)        | Balmy Bea   | 9      | 2:43.63 |

| Race 114 | Open Men's C1 500m Final C | 14:10       |        |         |
|----------|----------------------------|-------------|--------|---------|
| Lane     | Crew                       | Club        | Finish | Time    |
| 0        |                            |             |        |         |
| 5        | Nathaniel Provost U16 (R.) | Rideau      | 1      | No Time |
| 8        | Shawn Ge U16 (R.)          | Burloak     | 2      | No Time |
| 3        | Spencer McLeod U14 (R.)    | Mississauga | 3      | No Time |
| 6        | John Mollard U18 (R.)      | Mississauga | 4      | No Time |
| 2        | Wesley Bartlett U16 (L)    | Rideau      | 5      | No Time |
| 1        | Joshua Sargant U14 (L)     | Burloak     | 6      | No Time |
| 4        | Cameron Stewart U18 (L)    | Mississauga | 7      | No Time |
| 9        | Liam Velicogna U16 (L)     | Rideau      | 8      | No Time |
| 7        | Sean Glynn U16 (R)         | Burloak     | 9      | No Time |

| Race 115 | Open Men's C1 500m Final B | 14:15       |        |         |
|----------|----------------------------|-------------|--------|---------|
| Lane     | Crew                       | Club        | Finish | Time    |
| 0        |                            |             |        |         |
| 5        | Dylan Schrotter U23 (L)    | Mississauga | 1      | 2:05.35 |
| 3        | Lucas Williams U23 (R.)    | Mississauga | 2      | 2:06.41 |
| 4        | Grayson Schrotter U18 (R.) | Mississauga | 3      | 2:07.04 |
| 2        | Konrad Morawski U18 (R.)   | Richmond    | 4      | 2:07.52 |
| 6        | Cole Norman U18 (L)        | Rideau      | 5      | 2:08.07 |
| 8        | Mark Vucina U18 (L)        | Mississauga | 6      | 2:09.83 |
| 7        | Aidan Haines U18 (L)       | Carleton P  | 7      | 2:10.29 |
| 1        | Matthew Sampson U18 (R.)   | Mississauga | 8      | 2:10.71 |
| 9        | Thomas Bremermann U23 (R)  | Mississauga | 9      | 2:13.45 |

| Race 116 | Open Men's C1 500m Final A | 14:20       |        |         |
|----------|----------------------------|-------------|--------|---------|
| Lane     | Crew                       | Club        | Finish | Time    |
| 3        | Ydris Hunter U23 (L)       | Rideau      | 1      | 1:55.98 |
| 5        | Viktor Hardy U23 (R.)      | Exhibition  |        | 1:57.59 |
| 2        | Zachary KRALIK U23 (L)     | Mississauga | 2      | 1:58.13 |
| 4        | JACK CHAMBERS U18 (L)      | Mississauga | 3      | 1:58.84 |
| 8        | Nicholas Shirokov U18 (R.) | Mississauga | 4      | 1:59.76 |

|   |                         |            |   |         |
|---|-------------------------|------------|---|---------|
| 6 | Matthew O'Neil U23 (R.) | Rideau     | 5 | 2:01.35 |
| 9 | Austin Pigeon U23 (L)   | South Niag | 6 | 2:03.03 |
| 7 | Peter Bradley U23 (L)   | Rideau     | 7 | 2:03.43 |
| 0 | Kieran Graham U23 (L)   | Rideau     | 8 | 2:04.24 |
| 1 | Stuart Bradley U18 (R.) | Rideau     | 9 | 2:05.03 |

| Race 117 |                        | Open Women's K1 200m Final E |        | 14:30   |  |
|----------|------------------------|------------------------------|--------|---------|--|
| Lane     | Crew                   | Club                         | Finish | Time    |  |
| 0        |                        |                              |        |         |  |
| 1        |                        |                              |        |         |  |
| 4        | Sophia Sangiuliano U16 | Collingwood                  | 1      | 55.57   |  |
| 5        | Audrey Jackson U16     | Balmy Beach                  | 2      | 56.07   |  |
| 6        | Maria Tierrafria U23   | Rideau                       | 3      | 57.78   |  |
| 3        | Josie Patchell U14     | Carleton Place               | 4      | 59.24   |  |
| 2        | Julia Patchell U16     | Carleton Place               | 5      | 1:00.18 |  |
| 7        | Jaina Arora U16        | Rideau                       | 6      | 1:00.80 |  |
| 8        |                        |                              |        |         |  |
| 9        |                        |                              |        |         |  |

| Race 118 |                      | Open Women's K1 200m Final D |        | 14:35 |  |
|----------|----------------------|------------------------------|--------|-------|--|
| Lane     | Crew                 | Club                         | Finish | Time  |  |
| 0        |                      |                              |        |       |  |
| 6        | Chloe Woods U18      | Burloak                      | 1      | 52.01 |  |
| 4        | Rachel Jou U16       | Richmond Hill                | 2      | 52.48 |  |
| 3        | Emily Zhuang U16     | Burloak                      | 3      | 52.95 |  |
| 7        | Alison Nguyen U14    | Rideau                       | 4      | 53.42 |  |
| 5        | Sarah Lowry U18      | South Niagara                | 5      | 53.89 |  |
| 8        | Paige MacKinnon U16  | Rideau                       | 6      | 55.01 |  |
| 9        | Adelaide Cumming U16 | Burloak                      | 7      | 55.43 |  |
| 2        | Neve Metzler U16     | Collingwood                  | 8      | 56.09 |  |
| 1        | Claire Nevins U18    | Mississauga                  | 9      | 56.67 |  |

| Race 119 |                      | Open Women's K1 200m Final C |        | 14:40 |  |
|----------|----------------------|------------------------------|--------|-------|--|
| Lane     | Crew                 | Club                         | Finish | Time  |  |
| 0        |                      |                              |        |       |  |
| 5        | Kyla Drouin U23      | Carleton Place               | 1      | 50.21 |  |
| 1        | Elizabeth Fanok U14  | Pickering Place              | 2      | 50.66 |  |
| 2        | Taylor Hardie U16    | Burloak                      | 3      | 51.14 |  |
| 6        | Cassie Kenny U16     | Burloak                      | 4      | 51.63 |  |
| 7        | Hilary Coolen U16    | Mississauga                  | 5      | 52.24 |  |
| 3        | Sophie McLean U16    | Burloak                      | 6      | 52.83 |  |
| 4        | Sydney Nielsen U23   | Rideau                       | 7      | 53.4  |  |
| 8        | Kamilla Neuspiel U16 | Rideau                       | 8      | 53.94 |  |
| 9        | Lilliana Sato U16    | Richmond Hill                | 9      | 54.5  |  |

| Race 120 |                    | Open Women's K1 200m Final B |        | 14:45 |  |
|----------|--------------------|------------------------------|--------|-------|--|
| Lane     | Crew               | Club                         | Finish | Time  |  |
| 0        |                    |                              |        |       |  |
| 6        | Emily Best U23     | Rideau                       | 1      | 46.3  |  |
| 5        | Barbora Benada U18 | Mississauga                  | 2      | 47    |  |

|   |                     |            |   |       |
|---|---------------------|------------|---|-------|
| 7 | Avery Durocher U18  | Mississaug | 3 | 47.48 |
| 2 | Kate Osborne U16    | Rideau     | 4 | 47.98 |
| 4 | Sabrina Tyrrell U16 | Burloak    | 5 | 48.51 |
| 1 | Maea Knights U16    | Burloak    | 6 | 49.07 |
| 3 | Sydney Doidge U23   | Balmy Bea  | 7 | 49.61 |
| 9 | Tyler Rennick U18   | Rideau     | 8 | 50.17 |
| 8 | Gabrielle Woods U18 | Burloak    | 9 | 50.76 |

| Race 121 | Open Women's K1 200m Final A | 14:50     |        |       |
|----------|------------------------------|-----------|--------|-------|
| Lane     | Crew                         | Club      | Finish | Time  |
| 0        |                              |           |        |       |
| 3        | Callie Loch U18              | Rideau    | 1      | 43.89 |
| 4        | Brooklyn Wodehouse U23       | Richmond  | 2      | 44.52 |
| 6        | Chloe Bryer U18              | Burloak   | 3      | 45.18 |
| 2        | Sarah Nagy U23               | Richmond  | 4      | 45.74 |
| 7        | Bridget Wodehouse U18        | Richmond  | 5      | 46.44 |
| 9        | Charlotte Brais U23          | Rideau    | 6      | 46.96 |
| 8        | Samantha Stein U23           | Balmy Bea | 7      | 47.54 |
| 5        | Eva Looper U23               | Burloak   | 8      | 48.17 |
| 1        | Alexandra Gillan U18         | Rideau    | 9      | 49.4  |

| Race 122 | Open Women's C1 500m Final D | 15:00  |        |         |
|----------|------------------------------|--------|--------|---------|
| Lane     | Crew                         | Club   | Finish | Time    |
| 0        |                              |        |        |         |
| 1        |                              |        |        |         |
| 2        |                              |        |        |         |
| 3        |                              |        |        |         |
| 4        |                              |        |        |         |
| 5        | Mai-Lyn Nguyen U16 (L)       | Rideau | 1      | 2:53.34 |
| 6        | Amalina Varo U16 (L)         | Rideau |        | DQ      |
| 7        |                              |        |        |         |
| 8        |                              |        |        |         |
| 9        |                              |        |        |         |

| Race 123 | Open Women's C1 500m Final C     | 15:05      |        |         |
|----------|----------------------------------|------------|--------|---------|
| Lane     | Crew                             | Club       | Finish | Time    |
| 0        |                                  |            |        |         |
| 4        | Zoe Bergeron U23 (R.)            | Mississaug | 1      | 2:34.84 |
| 6        | Madison (Mady) MacKinnon U18 (R) | Rideau     | 2      | 2:38.29 |
| 5        | Adrianna Jasinski U18 (L)        | Mississaug | 3      | 2:42.15 |
| 7        | Leia Stephenson U16 (L)          | Mississaug | 4      | 2:42.87 |
| 2        | Naomi Lozada U18 (L)             | Mississaug | 5      | 2:44.15 |
| 3        | Sunny Valdez U16 (R)             | Collingwod | 6      | 2:44.82 |
| 8        | Veronica Rumscheidt U16 (L)      | Rideau     | 7      | 2:46.30 |
| 1        | Estelle Pike U16 (R)             | Rideau     | 8      | 2:54.13 |
| 9        | Katherine Kerwin U14 (L)         | Burloak    | 9      | 2:54.70 |

| Race 124 | Open Women's C1 500m Final B | 15:10 |        |      |
|----------|------------------------------|-------|--------|------|
| Lane     | Crew                         | Club  | Finish | Time |
| 0        |                              |       |        |      |

|   |                              |               |   |         |
|---|------------------------------|---------------|---|---------|
| 5 | Emma Marshall U16 (R.)       | Balmy Bea     | 1 | 2:27.27 |
| 6 | Isabel Lowry U16 (L)         | Carleton P    | 2 | 2:27.95 |
| 7 | Caroline Anderson U16 (R.)   | Rideau        | 3 | 2:29.13 |
| 3 | Madeleine Beauregard U16 (R) | Rideau        | 4 | 2:30.51 |
| 8 | Claire Mollard U16 (R.)      | Mississaug    | 5 | 2:34.15 |
| 2 | Naomi Langenbahn U16 (L)     | Rideau        | 6 | 2:36.04 |
| 9 | Haley Sebesta U14 (R)        | North Bay     | 7 | 2:40.74 |
| 4 | Sarah Rumscheidt U18 (R.)    | Rideau        | 8 | 2:46.03 |
| 1 | Aimee Pigeon U18 (L)         | South Niagara |   | SCR     |

|                 |                                     |              |               |             |
|-----------------|-------------------------------------|--------------|---------------|-------------|
| <b>Race 125</b> | <b>Open Women's C1 500m Final A</b> | <b>15:15</b> |               |             |
|                 |                                     |              |               |             |
| <b>Lane</b>     | <b>Crew</b>                         | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0               |                                     |              |               |             |
| 5               | Zoe Wojtyk U18 (R.)                 | Rideau       | 1             | 2:16.53     |
| 6               | Ruby Muhl U18 (R.)                  | Rideau       | 2             | 2:19.09     |
| 7               | Julia Price U16 (R.)                | Rideau       | 3             | 2:20.21     |
| 2               | Abby Wojtyk U18 (L)                 | Rideau       | 4             | 2:24.83     |
| 9               | Teagan Tyrrell U23 (R.)             | Mississaug   | 5             | 2:26.17     |
| 3               | Mila Souilliere U23 (L)             | Rideau       | 6             | 2:29.79     |
| 1               | Mackenzie Haines U18 (R.)           | Rideau       | 7             | 2:30.42     |
| 4               | Janina Winnicki U23 (R.)            | Rideau       | 8             | 2:35.00     |
| 8               | Abbie Haines U16 (L)                | Carleton P   | 9             | 2:35.57     |

|                  |  |              |               |             |
|------------------|--|--------------|---------------|-------------|
| <b>Race 126A</b> | <b>Open Mixed SO Pro K1 200m Final 2</b> | <b>15:25</b> |               |             |
|                  |  |              |               |             |
| <b>Lane</b>      | <b>Crew</b>                              | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0                |  |              |               |             |
| 1                |  |              |               |             |
| 4                | Quinn Martin                             | Pickering F  | 1             | 59.65       |
| 2                | Darryl Clark                             | Carleton P   | 2             | 1:08.17     |
| 3                | Cooper Sloan                             | Rideau       |               | SCR         |
| 5                | Fletcher Sloan                           | Rideau       |               | SCR         |
| 6                | Samuel Galazka                           | Rideau       |               | SCR         |
| 7                |  |              |               |             |
| 8                | Rachel Cohen                             | Balmy Bea    | 1             | 1:17.51     |
| 9                |  |              |               |             |

|                  |  |              |               |             |
|------------------|--|--------------|---------------|-------------|
| <b>Race 126B</b> | <b>Open Mixed SO Pro K1 200m Final 2</b> | <b>15:30</b> |               |             |
|                  |  |              |               |             |
| <b>Lane</b>      | <b>Crew</b>                              | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0                |  |              |               |             |
| 1                |  |              |               |             |
| 3                | Gohulan Rajalingam                       | Balmy Bea    | 1             | 1:11.70     |
| 5                | Benjamin Caplan                          | Balmy Bea    | 2             | 1:12.03     |
| 2                | Jeffrey Campbell                         | Balmy Bea    | 3             | 1:26.16     |
| 4                | Stone Shearer                            | Peterborough |               | SCR         |
| 6                | Ewan MacMillan                           | Rideau       |               | SCR         |
| 7                |  |              |               |             |
| 8                | Abigial Latour                           | Pickering R  | 1             | 1:19.71     |
| 9                |  |              |               |             |

**Break**

|                 |                                   |              |  |  |
|-----------------|-----------------------------------|--------------|--|--|
| <b>Race 127</b> | <b>Open Men's K2 500m Final 1</b> | <b>15:40</b> |  |  |
|                 |                                   |              |  |  |

| Lane | Crew                              | Club       | Finish | Time    |
|------|-----------------------------------|------------|--------|---------|
| 0    |                                   |            |        |         |
| 1    |                                   |            |        |         |
| 5    | Lucas Stein, Cameron Low U23      | Balmy Bea  | 1      | 1:37.83 |
| 2    | Henrik Neuspiel, Dyllan Redwood-V | Inter-club | 2      | 1:39.68 |
| 4    | Aidan Dumont, David Stewart Sr.   | Rideau     | 3      | 1:40.18 |
| 6    | Thomas Beauregard, Ryan Narodit   | Rideau     | 4      | 1:40.83 |
| 3    | Carson Corey, Nehal Dhillon U18   | Burloak    | 5      | 1:43.65 |
| 7    | Graeme Grant, Andre Rocha U18     | Mississaug | 6      | 1:44.29 |
| 8    | Avery Duval, Simon Richardson U1  | Carleton P | 7      | 1:57.42 |
| 9    |                                   |            |        |         |

| Race 128 | Open Men's C2 500m Final 1        | 15:50      |        |         |
|----------|-----------------------------------|------------|--------|---------|
| Lane     | Crew                              | Club       | Finish | Time    |
| 0        |                                   |            |        |         |
| 4        | Viktor Hardy, Zachary KRALIK U23  | Inter-club | 1      | 1:45.89 |
| 5        | Matthew O'Neil, Ydris Hunter U23  | Rideau     | 2      | 1:47.29 |
| 6        | Lucas Williams, Austin Pigeon U23 | Inter-club | 3      | 1:50.07 |
| 3        | JACK CHAMBERS, Matthew Samp       | Mississaug | 4      | 1:50.67 |
| 7        | Dylan Schrotter, Thomas Bremerm   | Mississaug | 5      | 1:54.48 |
| 2        | Cameron Stewart, Grayson Schrott  | Mississaug | 6      | 1:55.25 |
| 8        | Nicholas Shirokov, Mark Vucina U1 | Mississaug | 7      | 1:55.85 |
| 9        | Stuart Bradley, Cole Norman U18   | Rideau     | 8      | 1:59.16 |
| 1        | John Mollard, Konrad Morawski U1  | Inter-club | 9      | 2:00.80 |

| Race 129 | Open Women's K2 500m Final 1        | 16:00          |        |         |
|----------|-------------------------------------|----------------|--------|---------|
| Lane     | Crew                                | Club           | Finish | Time    |
| 0        |                                     |                |        |         |
| 1        |                                     |                |        |         |
| 5        | Callie Loch, Chloe Bryer U18        | Inter-club     | 1      | 1:50.16 |
| 4        | Sarah Nagy, Brooklyn Wodehouse      | Richmond       | 2      | 1:52.11 |
| 6        | Charlotte Brais, Emily Best U23     | Rideau         | 3      | 1:57.69 |
| 3        | Tyler Rennick, Kate Osborne U18     | Rideau         | 4      | 2:00.70 |
| 2        | Kamilla Neuspiel, Alexandra Gillan  | Rideau         | 5      | 2:05.79 |
| 8        | Maria Tierrafria, Sydney Nielsen U2 | Rideau         | 6      | 2:16.25 |
| 7        | Gia Venter, Kyla Drouin U23         | Carleton Place |        | SCR     |
| 9        |                                     |                |        |         |

| Race 130 | Open Women's C2 500m Final 1         | 16:10      |        |         |
|----------|--------------------------------------|------------|--------|---------|
| Lane     | Crew                                 | Club       | Finish | Time    |
| 0        |                                      |            |        |         |
| 5        | Zoe Wojtyk, Abby Wojtyk U18          | Rideau     | 1      | 2:04.44 |
| 4        | Ruby Muhl, Julia Price U18           | Rideau     | 2      | 2:09.43 |
| 2        | Naomi Langenbahn, Caroline Ande      | Rideau     | 3      | 2:13.71 |
| 1        | Mackenzie Haines, Teagan Tyrrell U23 | Inter-club | 4      | 2:14.62 |
| 7        | Abbie Haines, Isabel Lowry U16       | Carleton P | 5      | 2:20.46 |
| 8        | Madeleine Beauregard, Veronica R     | Rideau     | 6      | 2:21.53 |
| 3        | Aimee Pigeon, Emma Marshall U18      | Inter-club |        | SCR     |
| 6        | Janina Winnicki, Mila Souilliere U23 | Rideau     |        | SCR     |
| 9        |                                      |            |        |         |

| <b>Race 131</b> | <b>Open Men's K2 500m Final 2</b>     | <b>16:20</b> |               |             |
|-----------------|---------------------------------------|--------------|---------------|-------------|
| <b>Lane</b>     | <b>Crew</b>                           | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0               |                                       |              |               |             |
| 6               | Michael Chaban, Owen MacLean U16      | Inter-club   | 1             | 1:45.26     |
| 5               | Jack Bailey, Aiden Kinnaird U16       | Burloak      | 2             | 1:47.23     |
| 3               | Wesley Hodgson-Pageau, Jozsi M        | Rideau       | 3             | 1:48.03     |
| 8               | Dax Morris, Shea Kennedy U16          | Rideau       | 4             | 1:48.83     |
| 2               | Ashton Teixeira, Oliver Sinclair U16  | Burloak      | 5             | 1:49.59     |
| 4               | Myles Melville, Zachary Nicholson U16 | Carleton P   | 6             | 2:01.33     |
| 1               | Jonothan Barrett, Evan Landry Sr.     | South Niag   | 7             | 2:02.38     |
| 9               | KRISH CHADHA, Alexander Shin U16      | Richmond     | 8             | 2:03.41     |
| 7               | Mason Lowry, Haden Hastie U16         | Carleton P   | 9             | 2:06.65     |

| <b>Race 132</b> | <b>K2 500m Final 2/Open Women's K2</b> | <b>16:30</b> |               |             |
|-----------------|--|--------------|---------------|-------------|
| <b>Lane</b>     | <b>Crew</b>                            | <b>Club</b>  | <b>Finish</b> | <b>Time</b> |
| 0               |  |              |               |             |
| 4               | Joshua Sargant, Shawn Ge U16 C         | Burloak      | 1             | 2:10.56     |
| 5               | Wesley Bartlett, Nathaniel Provost     | Rideau       | 2             | 2:13.36     |
| 1               | Adam Schlosser, Max Gorelov U16        | Rideau       | 3             | 2:18.62     |
| 2               | Roenn Hodgins, Liam Velicogna U16      | Rideau       | 4             | 2:19.37     |
| 3               | Wes Clouthier, Nathaniel Suppa U16     | North Bay    | 5             | 2:26.57     |
| 6               |  |              |               |             |
| 7               | Lilliana Sato, Rachel Jou U16 K2       | Richmond     | 1             | 2:12.44     |
| 8               | Paige MacKinnon, Jaina Arora U16       | Rideau       | 2             | 2:17.39     |
| 9               | Josie Patchell, Julia Patchell U16 K2  | Carleton P   | 3             | 2:22.00     |

### Club Points

|                 | SATURDAY | SUNDAY | TOTAL      |
|-----------------|----------|--------|------------|
| Rideau          | 115      | 247    | <b>362</b> |
| Balmy Beach     | 49       | 111    | <b>160</b> |
| Burloak         | 46       | 66     | <b>112</b> |
| Miisissauga     | 48       | 45     | <b>93</b>  |
| Richmond Hill   | 18       | 51     | <b>69</b>  |
| Pickering Rouge | 0        | 64     | <b>64</b>  |
| South Niagara   | 37       | 6      | <b>43</b>  |
| Carleton Place  | 0        | 32     | <b>32</b>  |
| Peterborough    | 0        | 16     | <b>16</b>  |
| North Bay       | 0        | 4      | <b>4</b>   |
| Collingwood     | 0        | 0      | <b>0</b>   |
| Ottawa River    | 0        | 0      | <b>0</b>   |
| Petrie Island   | 0        | 0      | <b>0</b>   |
| Sudbury         | 0        | 0      | <b>0</b>   |