

## Canoe Kayak Ontario (CKO) Sprint's CTL Professional Development Funding

CKO Sprint's Coach & Technical Leader (CTL) Professional Development funding is provided through the support of the Canadian Sport Institute Ontario's (CSIO's) Ontario High Performance Sport Initiative (OHPSI).

As part of CKO Sprint's high-performance plan to increase the number of Ontario coaches and technical leaders achieving international success, the CTL Professional Development funding's objective is to support lifelong learning and sharing for coaches and technical leaders working with LTAD Training to Train - Training to Win stage athletes by providing financial support to participate in targeted professional development opportunities.

## Professional development target areas include:

- Registration fees and expenses related to targeted CTL educational opportunities (certification, conferences, workshops, etc.).
- Mentoring opportunities with subject matter experts.
- National Team training camp or international competition observation.
- CAO approved <u>Human Kinetics</u> courses and self-directed learning opportunities. Human Kinetics (HK) provides learning opportunities related to sport & physical activity, including strength & conditioning, stretching & flexibility, injury prevention, nutrition, youth movement skills, sport management, and more.
- Pilot projects that support performance, health and wellness for athletes and CTLs.

## CTL Eligibility:

CKO Sprint will provide financial support to CTLs who meet the following criteria:

- Current member in good standing with Eastern Ontario Division, CKO Sprint, and Canoe Kayak Canada.
- Full-time professional CTL.
- Minimum National Coaching Certification Program (NCCP) Competition Development In-Training status. Note: NCCP training required for Competition Development certification is not eligible. Please see <u>CAO's NCCP Coach Bursary Program</u> for funding support.

At the completion of the project, the CTL is required to submit a summary document on what new skills were developed and how that knowledge can be applied to improve the performance, health and wellness for athletes or CTLs.

## **Application Process:**

Interested coaches must apply to CKO Sprint's Technical Director, Ryan Blair at ryan@ckosprint.ca

- Application must include:
  - o Cover letter.
  - o Resume detailing professional coaching experience.
  - Letter (email) from the interested CTL's club indicating their approval of the project.



- Your cover letter must include:
  - o Level of athletes with whom you are currently working.
  - o Project details, including completion date and eligible expenses.
  - o How the project will help you in your development as a CTL.

Application Deadline: Wednesday, January 31, 2024

**Available Funding:** Up to \$2,000 per CTL. Project funding will depend on the number of approved projects and available funds. In some cases, projects will only be partially funded.

If you have any further questions, please contact Ryan Blair.



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